PATHS® Curriculum Grade 3

Alignment Report by Standard

to

Common Core State Standards for English Language Arts

January 2011

Alignment Report by Standard

PATHS® Curriculum—Grade 3

Subject: English Language Arts

Standard: Common Core State Standards for English Language Arts

Source: Common Core State Standards Initiative

Note: The correlations between the PATHS Curriculum and common standards

were created by an independent third party. They are applicable to the best of our knowledge as of the date they were created. As with any educational product, the effectiveness of this product depends on many factors, including teacher effectiveness

and a child's learning pace and receptiveness. (12/2010)

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PATHS[®] Grade 3 Curriculum Common Core State Standards for English Language Arts

Reading Literature: Key Ideas and Details

RL.3.1

Ask and answer questions to demonstrate understanding of a text, referring explicitly to the text as the basis for the answers.

PATHS-Gr3, U3, L13 Guilty/Attentional and listening skills; deciphering visual cues; oral discussion; reasoning; writing (optional)

To informally introduce the concept of responsibility. To further emphasize the importance of self-evaluation.

PATHS-Gr3, U4, L18 Best Friends I/Associational thinking; cause-effect reasoning; communication skills; vocabulary development; writing

To introduce the ideas of cooperation, role-taking and problem solving. To introduce critical thinking.

PATHS-Gr3, U4, L19 Best Friends II/Associational thinking; cause-effect reasoning; vocabulary development

To informally introduce the important role of emotions as mediators of our thoughts and behaviors. To demonstrate that our thoughts can affect how we feel. To illustrate how one's behavior can affect the feelings of another. To introduce the idea that feelings change. To introduce the concept of individual differences.

PATHS-Gr3, U4, L20 Best Friends III/Associational thinking; cause-effect reasoning; vocabulary development; writing (optional) To encourage children to be attentive listeners. To help children internalize the importance of having rules and structure within a group. To help children evaluate the subtleties involved in following rules. To allow children to participate in the process of creating rules and structure.

PATHS-Gr3, U4, L21 Best Friends IV/Associational thinking; cause-effect reasoning; vocabulary development; art (optional); writing (optional)

To introduce that emotions and behaviors can generalize to other situations. To demonstrate the reciprocal interaction of feelings, thoughts and behaviors. To help children anticipate an outcome. To discuss the relationship between emotions and self-control. To informally introduce the idea of problem solving. To help children see the difference between being passive versus being active in solving problems.

PATHS-Gr3, U4, L22 Best Friends V: Resolution and Making Up/Associational thinking; cause-effect reasoning; vocabulary development; writing

To demonstrate how a plan can be put into action (implementing a plan). To demonstrate the ownership of a problem. To introduce thinking of how to achieve certain end results. To provide initial practice in generating alternative solutions.

PATHS-Gr3, U5, L26 We Are All Unique/Attentional and listening skills; creative thinking; oral discussion; writing; social studies-character biography (optional)

To emphasize that everyone is different and that this makes everyone special. To have children identify individual differences in their classmates and families.

PATHS-Gr3, U5, L27 Respecting Others/Attentional and listening skills; cause-effect reasoning; oral discussion; writing (optional) To emphasize that everyone is different and not all differences are obvious. To have children identify individual differences in abilities.

PATHS-Gr3, Jump-Start Lessons, J-SL5 Scared or Afraid, Safe/Brainstorming; comparative thinking; oral comprehension; self-monitoring; role-playing (optional); writing (optional)

	I	To discuss the idea that feelings can shange. To evaloin that
		To discuss the idea that feelings can change. To explain that feelings frequently have opposites.
		PATHS-Gr3, Jump-Start Lessons, J-SL11 Disappointed,
		Hopeful/Cause-effect thinking; oral discussion; problem solving;
		writing (optional)
		To introduce more complex emotions. To discuss the idea that we
RL.3.2	Recount stories, including	can change the way we feel. PATHS-Gr3, U2, L9 Problem-Solving Meeting/Creative thinking;
RL.3.2	fables, folktales, and	oral discussion; problem solving; role-playing and communication
	myths from diverse	skills; social studies-character biography (optional)
	cultures; determine the	To provide practice in problem solving in a group situation. To set
	central message, lesson,	up a format for solving problems in the classroom (problem-solving
	or moral and explain how	meetings).
	it is conveyed through	PATHS-Gr3, U3, L11 Recognizing and Controlling
	key details in the text.	Anger/Creative thinking; hierarchical thinking; oral discussion;
		writing (optional)
		To develop awareness of bodily and facial cues that indicate the
		feeling of anger in oneself and others. To explore different ways to
		gain self-control. PATHS-Gr3, U3, L12 Calm or Relaxed, Tense/Oral discussion;
		self-monitoring; writing (optional)
		To relate abstract feeling concepts to personal experiences. To
		introduce additional methods for calming down.
		PATHS-Gr3, U3, L14 Jealous/Associational thinking; oral
		discussion; story comprehension; writing (optional)
		To illustrate that solving problems can change one's feelings. To
		encourage children to actively think about ways to change their
		feelings.
		PATHS-Gr3, U5, L25 Avoiding Gossip/Attentional and listening skills; cause-effect reasoning; communication skills; consequential
		thinking; writing (optional)
		To encourage positive social interaction skills. To further develop
		perspective-taking skills.
		PATHS-Gr3, U5, L27 Respecting Others/Attentional and listening
		skills; cause-effect reasoning; oral discussion; writing (optional)
		To emphasize that everyone is different and not all differences are
		obvious. To have children identify individual differences in abilities.
		PATHS-Gr3, U8, L38 Being Responsible/Cause-effect reasoning;
		cooperative group activity; oral discussion; problem solving; vocabulary development; writing
		To encourage careful decision making. To encourage responsible
		behavior. To explore the issue of taking responsibility for your own
		behavior.
		PATHS-Gr3, Optional Lessons, L8 Common Classroom
		Problems: Tattling II/To diminish the amount of tattling in your
		classroom. To help children understand the adverse effects of
DI 22	Deparibe observators in -	tattling. To practice problem solving.
RL.3.3	Describe characters in a story (e.g., their traits,	PATHS-Gr3, U3, L10 Introduction to Feelings/Group discussion; vocabulary development; drama (optional); writing (optional)
	motivations, or feelings)	To reinforce the importance of emotions. To help children
	and explain how their	associate feelings and emotional expressions. To reinforce the
	actions contribute to the	idea that feelings can feel comfortable or uncomfortable. To
	sequence of events.	reinforce the idea that we cannot feel, touch or smell our feelings.
		PATHS-Gr3, U3, L11 Recognizing and Controlling
		Anger/Creative thinking; hierarchical thinking; oral discussion;
		writing (optional)
		To develop awareness of bodily and facial cues that indicate the
		feeling of anger in oneself and others. To explore different ways to
		gain self-control. PATHS-Gr3, U3, L12 Calm or Relaxed, Tense/Oral discussion;
		raino-oro, do, erz daini di kelaxed, rense/Orai discussion;

self-monitoring; writing (optional)

To relate abstract feeling concepts to personal experiences. To introduce additional methods for calming down.

PATHS-Gr3, U3, L13 Guilty/Attentional and listening skills; deciphering visual cues; oral discussion; reasoning; writing (optional)

To informally introduce the concept of responsibility. To further emphasize the importance of self-evaluation.

PATHS-Gr3, U3, L14 Jealous/Associational thinking; oral discussion; story comprehension; writing (optional)

To illustrate that solving problems can change one's feelings. To encourage children to actively think about ways to change their feelings.

PATHS-Gr3, U4, L18 Best Friends I/Associational thinking; cause-effect reasoning; communication skills; vocabulary development; writing

To introduce the ideas of cooperation, role-taking and problem solving. To introduce critical thinking.

PATHS-Gr3, U4, L19 Best Friends II/Associational thinking; cause-effect reasoning; vocabulary development

To informally introduce the important role of emotions as mediators of our thoughts and behaviors. To demonstrate that our thoughts can affect how we feel. To illustrate how one's behavior can affect the feelings of another. To introduce the idea that feelings change. To introduce the concept of individual differences.

PATHS-Gr3, U4, L20 Best Friends III/Associational thinking; cause-effect reasoning; vocabulary development; writing (optional) To encourage children to be attentive listeners. To help children internalize the importance of having rules and structure within a group. To help children evaluate the subtleties involved in following rules. To allow children to participate in the process of creating rules and structure.

PATHS-Gr3, U4, L21 Best Friends IV/Associational thinking; cause-effect reasoning; vocabulary development; art (optional); writing (optional)

To introduce that emotions and behaviors can generalize to other situations. To demonstrate the reciprocal interaction of feelings, thoughts and behaviors. To help children anticipate an outcome. To discuss the relationship between emotions and self-control. To informally introduce the idea of problem solving. To help children see the difference between being passive versus being active in solving problems.

PATHS-Gr3, U4, L22 Best Friends V: Resolution and Making Up/Associational thinking; cause-effect reasoning; vocabulary development; writing

To demonstrate how a plan can be put into action (implementing a plan). To demonstrate the ownership of a problem. To introduce thinking of how to achieve certain end results. To provide initial practice in generating alternative solutions.

PATHS-Gr3, U5, L25 Avoiding Gossip/Attentional and listening skills; cause-effect reasoning; communication skills; consequential thinking; writing (optional)

To encourage positive social interaction skills. To further develop perspective-taking skills.

PATHS-Gr3, U5, L26 We Are All Unique/Attentional and listening skills; creative thinking; oral discussion; writing; social studies-character biography (optional)

To emphasize that everyone is different and that this makes everyone special. To have children identify individual differences in their classmates and families.

PATHS-Gr3, U5, L27 Respecting Others/Attentional and listening

skills; cause-effect reasoning; oral discussion; writing (optional) To emphasize that everyone is different and not all differences are obvious. To have children identify individual differences in abilities. PATHS-Gr3, Optional Lessons, L8 Common Classroom Problems: Tattling II/To diminish the amount of tattling in your classroom. To help children understand the adverse effects of tattling. To practice problem solving. PATHS-Gr3, Jump-Start Lessons, J-SL4 Fine, Excited. **Tired**/Consequential thinking; creative thinking; memory retrieval; oral discussion; role-playing (optional); writing (optional) To review the idea that we can show people how we feel inside by labeling our feelings on the outside. To review the idea that we can guess how people feel from facial expressions, body postures, tone of voice and other overt cues. PATHS-Gr3, Jump-Start Lessons, J-SL5 Scared or Afraid, **Safe/Brainstorming**; comparative thinking; oral comprehension; self-monitoring; role-playing (optional); writing (optional) To discuss the idea that feelings can change. To explain that feelings frequently have opposites. PATHS-Gr3, Jump-Start Lessons, J-SL6 Mad or Angry I/Brainstorming; comparative thinking; hierarchical thinking; oral discussion; vocabulary development; art (optional); oral comprehension (optional); writing (optional) To discuss the differences between feelings and behaviors. To review the idea that all feelings are OK to have. To introduce the idea that behaviors can be OK or NOT OK. To help children discuss personal examples from their own lives. PATHS-Gr3. Jump-Start Lessons, J-SL7 Calm or Relaxed. Worried/Brainstorming; comparative thinking; hierarchical thinking; oral discussion; self-monitoring; vocabulary development; writing (optional) To relate feelings concepts to personal experiences. To introduce additional methods for calming down. PATHS-Gr3, Jump-Start Lessons, J-SL8 Shy, Lonely/Communication skills; problem solving; vocabulary development; oral comprehension (optional); role-playing (optional); writing (optional) To discuss uncomfortable emotions related to social situations. To present the problem-solving paradigm for resolving these uncomfortable emotions. PATHS-Gr3, Jump-Start Lessons, J-SL9 Surprised, Delighted, Disgusted/Attentional and listening skills; cause-effect reasoning; hierarchical thinking; memory retrieval; writing (optional) To help children evaluate feelings based on situational cues. To help children take another's perspective and consider consequences. PATHS-Gr3. Jump-Start Lessons, J-SL11 Disappointed. Hopeful/Cause-effect thinking; oral discussion; problem solving; writing (optional) To introduce more complex emotions. To discuss the idea that we can change the way we feel. **Reading Literature: Craft and Structure RL.3.4** Determine the meaning of PATHS-Gr3, U3, L10 Introduction to Feelings/Group discussion; words and phrases as vocabulary development; drama (optional); writing (optional) they are used in a text, To reinforce the importance of emotions. To help children

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distinguishing literal from

nonliteral language.

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associate feelings and emotional expressions. To reinforce the

idea that feelings can feel comfortable or uncomfortable. To reinforce the idea that we cannot feel, touch or smell our feelings. PATHS-Gr3, U3, L13 Guilty/Attentional and listening skills;

deciphering visual cues; oral discussion; reasoning; writing (optional)

To informally introduce the concept of responsibility. To further emphasize the importance of self-evaluation.

PATHS-Gr3, U4, L18 Best Friends I/Associational thinking; cause-effect reasoning; communication skills; vocabulary development; writing

To introduce the ideas of cooperation, role-taking and problem solving. To introduce critical thinking.

PATHS-Gr3, U4, L19 Best Friends II/Associational thinking; cause-effect reasoning; vocabulary development

To informally introduce the important role of emotions as mediators of our thoughts and behaviors. To demonstrate that our thoughts can affect how we feel. To illustrate how one's behavior can affect the feelings of another. To introduce the idea that feelings change. To introduce the concept of individual differences.

PATHS-Gr3, U4, L20 Best Friends III/Associational thinking; cause-effect reasoning; vocabulary development; writing (optional) To encourage children to be attentive listeners. To help children internalize the importance of having rules and structure within a group. To help children evaluate the subtleties involved in following rules. To allow children to participate in the process of creating rules and structure.

PATHS-Gr3, U4, L21 Best Friends IV/Associational thinking; cause-effect reasoning; vocabulary development; art (optional); writing (optional)

To introduce that emotions and behaviors can generalize to other situations. To demonstrate the reciprocal interaction of feelings, thoughts and behaviors. To help children anticipate an outcome. To discuss the relationship between emotions and self-control. To informally introduce the idea of problem solving. To help children see the difference between being passive versus being active in solving problems.

PATHS-Gr3, U4, L22 Best Friends V: Resolution and Making Up/Associational thinking; cause-effect reasoning; vocabulary development; writing

To demonstrate how a plan can be put into action (implementing a plan). To demonstrate the ownership of a problem. To introduce thinking of how to achieve certain end results. To provide initial practice in generating alternative solutions.

PATHS-Gr3, U5, L23 Manners: Why Are They

Important?/Cause-effect reasoning; hierarchical thinking; vocabulary development; writing (optional)

To encourage children to use good manners. To use hierarchical classification skills to understand how behaviors (manners) affect feelings. To explain how using good manners is in one's own best interest.

PATHS-Gr3, U5, L25 Avoiding Gossip/Attentional and listening skills; cause-effect reasoning; communication skills; consequential thinking; writing (optional)

To encourage positive social interaction skills. To further develop perspective-taking skills.

PATHS-Gr3, U5, L27 Respecting Others/Attentional and listening skills; cause-effect reasoning; oral discussion; writing (optional) To emphasize that everyone is different and not all differences are obvious. To have children identify individual differences in abilities.

PATHS-Gr3, U8, L38 Being Responsible/Cause-effect reasoning; cooperative group activity; oral discussion; problem solving; vocabulary development; writing

To encourage careful decision making. To encourage responsible behavior. To explore the issue of taking responsibility for your own

	T	
		behavior.
		PATHS-Gr3, Jump-Start Lessons, J-SL4 Fine, Excited,
		Tired /Consequential thinking; creative thinking; memory retrieval;
		oral discussion; role-playing (optional); writing (optional)
		To review the idea that we can show people how we feel inside by
		labeling our feelings on the outside. To review the idea that we can
		guess how people feel from facial expressions, body postures,
		tone of voice and other overt cues.
		PATHS-Gr3, Jump-Start Lessons, J-SL5 Scared or Afraid,
		Safe/Brainstorming; comparative thinking; oral comprehension;
		self-monitoring; role-playing (optional); writing (optional)
		To discuss the idea that feelings can change. To explain that
		feelings frequently have opposites.
		PATHS-Gr3, Jump-Start Lessons, J-SL6 Mad or Angry
		I/Brainstorming; comparative thinking; hierarchical thinking; oral
		discussion; vocabulary development; art (optional); oral
		comprehension (optional); writing (optional)
		To discuss the differences between feelings and behaviors. To
		review the idea that all feelings are OK to have. To introduce the
		idea that behaviors can be OK or NOT OK. To help children
		discuss personal examples from their own lives.
		PATHS-Gr3, Jump-Start Lessons, J-SL7 Calm or Relaxed,
		Worried/Brainstorming; comparative thinking; hierarchical thinking;
		oral discussion; self-monitoring; vocabulary development; writing
		(optional)
		To relate feelings concepts to personal experiences. To introduce
		additional methods for calming down.
		PATHS-Gr3, Jump-Start Lessons, J-SL8 Shy,
		Lonely/Communication skills; problem solving; vocabulary
		development; oral comprehension (optional); role-playing
		(optional); writing (optional)
		To discuss uncomfortable emotions related to social situations. To
		present the problem-solving paradigm for resolving these
		uncomfortable emotions.
		PATHS-Gr3, Jump-Start Lessons, J-SL9 Surprised, Delighted,
		Disgusted /Attentional and listening skills; cause-effect reasoning;
		hierarchical thinking; memory retrieval; writing (optional)
		To help children evaluate feelings based on situational cues. To
		help children take another's perspective and consider
		consequences.
		PATHS-Gr3, Jump-Start Lessons, J-SL11 Disappointed,
		Hopeful/Cause-effect thinking; oral discussion; problem solving; writing (optional)
		To introduce more complex emotions. To discuss the idea that we
		can change the way we feel.
RL.3.6	Distinguish their own	PATHS-Gr3, U3, L13 Guilty/Attentional and listening skills;
IXL.3.0	point of view from that of	deciphering visual cues; oral discussion; reasoning; writing
	the narrator or those of	(optional)
	the characters.	To informally introduce the concept of responsibility. To further
	and originations.	emphasize the importance of self-evaluation.
		PATHS-Gr3, U4, L18 Best Friends I/Associational thinking;
		cause-effect reasoning; communication skills; vocabulary
		development; writing
		To introduce the ideas of cooperation, role-taking and problem
		solving. To introduce critical thinking.
		PATHS-Gr3, U4, L21 Best Friends IV/Associational thinking;
		cause-effect reasoning; vocabulary development; art (optional);
		writing (optional)
		To introduce that emotions and behaviors can generalize to other
		situations. To demonstrate the reciprocal interaction of feelings,
		thoughts and behaviors. To help children anticipate an outcome.
		inoughts and behaviors. To help children anticipate an outcome.

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To discuss the relationship between emotions and self-control. To informally introduce the idea of problem solving. To help children see the difference between being passive versus being active in solving problems. PATHS-Gr3, U4, L22 Best Friends V: Resolution and Making **Up**/Associational thinking; cause-effect reasoning; vocabulary development: writing To demonstrate how a plan can be put into action (implementing a plan). To demonstrate the ownership of a problem. To introduce thinking of how to achieve certain end results. To provide initial practice in generating alternative solutions. Reading Literature: Integration of Knowledge and Ideas RL.3.7 PATHS-Gr3, Jump-Start Lessons, J-SL7 Calm or Relaxed, Explain how specific aspects of a text's Worried/Brainstorming; comparative thinking; hierarchical thinking; oral discussion; self-monitoring; vocabulary development; writing illustrations contribute to what is conveyed by the (optional) To relate feelings concepts to personal experiences. To introduce words in a story (e.g., create mood, emphasize additional methods for calming down. aspects of a character or setting). **Reading Literature:** Range of Reading and Level of Text Complexity RL.3.10 By the end of the year, PATHS-Gr3, U1, L3 Cooperative Learning Skills/Attentional and read and comprehend listening skills; communication skills; cooperative learning literature, including To emphasize communication skills in small group structures. To stories, dramas, and appreciate the need for specific roles within a small group poetry, at the high end of structure. the grades 2-3 text PATHS-Gr3, U1, L4 The Golden Rule/Attentional and listening complexity band skills; cause-effect reasoning; communication skills; cooperative independently and learning; writing (optional) proficiently. To review why rules are important. To adapt the rules to fit your classroom environment. PATHS-Gr3, U1, L5 Listening to Others/Attentional and listening skills; communication skills; cooperative learning; writing (optional) To emphasize communication skills in small group structures. To help children take the perspective of others. PATHS-Gr3, U2, L9 Problem-Solving Meeting/Creative thinking; oral discussion; problem solving; role-playing and communication skills; social studies-character biography (optional) To provide practice in problem solving in a group situation. To set up a format for solving problems in the classroom (problem-solving **PATHS-Gr3, U3, L10 Introduction to Feelings**/Group discussion: vocabulary development; drama (optional); writing (optional) To reinforce the importance of emotions. To help children associate feelings and emotional expressions. To reinforce the idea that feelings can feel comfortable or uncomfortable. To reinforce the idea that we cannot feel, touch or smell our feelings. PATHS-Gr3, U3, L11 Recognizing and Controlling Anger/Creative thinking; hierarchical thinking; oral discussion; writing (optional) To develop awareness of bodily and facial cues that indicate the feeling of anger in oneself and others. To explore different ways to gain self-control. PATHS-Gr3, U3, L12 Calm or Relaxed, Tense/Oral discussion: self-monitoring; writing (optional) To relate abstract feeling concepts to personal experiences. To introduce additional methods for calming down.

PATHS-Gr3, U3, L13 Guilty/Attentional and listening skills;

deciphering visual cues; oral discussion; reasoning; writing (optional)

To informally introduce the concept of responsibility. To further emphasize the importance of self-evaluation.

PATHS-Gr3, U3, L14 Jealous/Associational thinking; oral discussion; story comprehension; writing (optional)

To illustrate that solving problems can change one's feelings. To encourage children to actively think about ways to change their feelings.

PATHS-Gr3, U4, L18 Best Friends I/Associational thinking; cause-effect reasoning; communication skills; vocabulary development; writing

To introduce the ideas of cooperation, role-taking and problem solving. To introduce critical thinking.

PATHS-Gr3, U4, L19 Best Friends II/Associational thinking; cause-effect reasoning; vocabulary development

To informally introduce the important role of emotions as mediators of our thoughts and behaviors. To demonstrate that our thoughts can affect how we feel. To illustrate how one's behavior can affect the feelings of another. To introduce the idea that feelings change. To introduce the concept of individual differences.

PATHS-Gr3, U4, L20 Best Friends III/Associational thinking; cause-effect reasoning; vocabulary development; writing (optional) To encourage children to be attentive listeners. To help children internalize the importance of having rules and structure within a group. To help children evaluate the subtleties involved in following rules. To allow children to participate in the process of creating rules and structure.

PATHS-Gr3, U4, L21 Best Friends IV/Associational thinking; cause-effect reasoning; vocabulary development; art (optional); writing (optional)

To introduce that emotions and behaviors can generalize to other situations. To demonstrate the reciprocal interaction of feelings, thoughts and behaviors. To help children anticipate an outcome. To discuss the relationship between emotions and self-control. To informally introduce the idea of problem solving. To help children see the difference between being passive versus being active in solving problems.

PATHS-Gr3, U4, L22 Best Friends V: Resolution and Making Up/Associational thinking; cause-effect reasoning; vocabulary development; writing

To demonstrate how a plan can be put into action (implementing a plan). To demonstrate the ownership of a problem. To introduce thinking of how to achieve certain end results. To provide initial practice in generating alternative solutions.

PATHS-Gr3, U5, L23 Manners: Why Are They Important?/Cause-effect reasoning; hierarchical thinking; vocabulary development; writing (optional)

To encourage children to use good manners. To use hierarchical classification skills to understand how behaviors (manners) affect feelings. To explain how using good manners is in one's own best interest.

PATHS-Gr3, U5, L25 Avoiding Gossip/Attentional and listening skills; cause-effect reasoning; communication skills; consequential thinking; writing (optional)

To encourage positive social interaction skills. To further develop perspective-taking skills.

PATHS-Gr3, U5, L26 We Are All Unique/Attentional and listening skills; creative thinking; oral discussion; writing; social studies-character biography (optional)

To emphasize that everyone is different and that this makes

everyone special. To have children identify individual differences in their classmates and families.

PATHS-Gr3, U5, L27 Respecting Others/Attentional and listening skills; cause-effect reasoning; oral discussion; writing (optional) To emphasize that everyone is different and not all differences are obvious. To have children identify individual differences in abilities.

PATHS-Gr3, U8, L38 Being Responsible/Cause-effect reasoning; cooperative group activity: oral discussion: problem solving: vocabulary development; writing

To encourage careful decision making. To encourage responsible behavior. To explore the issue of taking responsibility for your own

PATHS-Gr3, Optional Lessons, L6 Common Classroom Problems: Nothing to Do (Lonely, Bored)/To practice problem solving, brainstorming and planning ahead. To help students handle rejection. To encourage cooperative play.

PATHS-Gr3, Optional Lessons, L8 Common Classroom **Problems: Tattling II**/To diminish the amount of tattling in your classroom. To help children understand the adverse effects of tattling. To practice problem solving.

PATHS-Gr3, Jump-Start Lessons, J-SL3 Introduction to Feelings: Happy, Sad, Private/Brainstorming; memory retrieval; oral discussion; self-monitoring; writing (optional)

To introduce the lessons on emotions. To define emotions as things that happen on the inside, but can show on the outside. To introduce that there are many different feelings and that everyone has feelings.

PATHS-Gr3, Jump-Start Lessons, J-SL4 Fine, Excited, **Tired**/Consequential thinking; creative thinking; memory retrieval; oral discussion; role-playing (optional); writing (optional) To review the idea that we can show people how we feel inside by

labeling our feelings on the outside. To review the idea that we can guess how people feel from facial expressions, body postures, tone of voice and other overt cues.

PATHS-Gr3, Jump-Start Lessons, J-SL5 Scared or Afraid, **Safe/Brainstorming**; comparative thinking; oral comprehension; self-monitoring; role-playing (optional); writing (optional) To discuss the idea that feelings can change. To explain that feelings frequently have opposites.

PATHS-Gr3, Jump-Start Lessons, J-SL6 Mad or Angry I/Brainstorming; comparative thinking; hierarchical thinking; oral discussion; vocabulary development; art (optional); oral comprehension (optional); writing (optional)

To discuss the differences between feelings and behaviors. To review the idea that all feelings are OK to have. To introduce the idea that behaviors can be OK or NOT OK. To help children discuss personal examples from their own lives.

PATHS-Gr3, Jump-Start Lessons, J-SL7 Calm or Relaxed, Worried/Brainstorming; comparative thinking; hierarchical thinking; oral discussion; self-monitoring; vocabulary development; writing (optional)

To relate feelings concepts to personal experiences. To introduce additional methods for calming down.

PATHS-Gr3. Jump-Start Lessons. J-SL8 Shv.

Lonely/Communication skills; problem solving; vocabulary development; oral comprehension (optional); role-playing (optional); writing (optional)

To discuss uncomfortable emotions related to social situations. To present the problem-solving paradigm for resolving these uncomfortable emotions.

PATHS-Gr3, Jump-Start Lessons, J-SL9 Surprised, Delighted, Disgusted/Attentional and listening skills; cause-effect reasoning; hierarchical thinking; memory retrieval; writing (optional) To help children evaluate feelings based on situational cues. To help children take another's perspective and consider consequences.

PATHS-Gr3. Jump-Start Lessons. J-SL11 Disappointed. **Hopeful**/Cause-effect thinking: oral discussion: problem solving:

To introduce more complex emotions. To discuss the idea that we can change the way we feel.

Reading Informational Text: Key Ideas and Details

RI.3.1 Ask and answer questions to demonstrate understanding of a text, referring explicitly to the text as the basis for the

answers.

PATHS-Gr3, U1, L1 Formulating Classroom Rules/Attentional and listening skills; brainstorming; creative thinking; interviewingcommunication skills; reading comprehension

To introduce children to the PATHS curriculum. To help children see and learn the importance of having rules and structure within a group. To help children evaluate the subtleties of following rules. To orient children towards becoming attentive listeners. To allow children to participate in the process of creating rules and structure.

PATHS-Gr3, U1, L5 Listening to Others/Attentional and listening skills; communication skills; cooperative learning; writing (optional) To emphasize communication skills in small group structures. To help children take the perspective of others.

PATHS-Gr3, U2, L9 Problem-Solving Meeting/Creative thinking; oral discussion; problem solving; role-playing and communication skills; social studies-character biography (optional)

To provide practice in problem solving in a group situation. To set up a format for solving problems in the classroom (problem-solving meetings).

PATHS-Gr3, U5, L26 We Are All Unique/Attentional and listening skills; creative thinking; oral discussion; writing; social studiescharacter biography (optional)

To emphasize that everyone is different and that this makes everyone special. To have children identify individual differences in their classmates and families.

PATHS-Gr3, U5, L27 Respecting Others/Attentional and listening skills; cause-effect reasoning; oral discussion; writing (optional) To emphasize that everyone is different and not all differences are obvious. To have children identify individual differences in abilities.

PATHS-Gr3, U6, L32 Setting Positive Goals/Cause-effect reasoning; oral discussion; problem solving; cooperative group activity (optional); social studies-character biography (optional) To encourage thinking about the future and projecting ahead.

PATHS-Gr3, U8, L39 Creating Change: Biography of Malala Yousafzai/Cause-effect reasoning; oral discussion; social studiescharacter biography; vocabulary development; cooperative group activity (optional): writing (optional)

To provide a biographical example of a person who identifies an important problem and goes about creating change in a responsible manner.

PATHS-Gr3, Jump-Start Lessons, J-SL1 Formulating Classroom Rules/Attentional and listening skills; brainstorming; creative thinking; interviewing-communication skills; reading comprehension

To introduce children to the PATHS curriculum. To help children see and learn the importance of having rules and structure within a group. To help children evaluate the subtleties of following rules.

	general academic and	(Complimenting)/Cause-effect reasoning; communication skills;
RI.3.4	Determine the meaning of	PATHS-Gr3, U1, L2 PATHS Review/PATHS Kid
DI 0 4	Determine # : C	Craft and Structure
	R	leading Informational Text:
		responsible manner.
		important problem and goes about creating change in a
		To provide a biographical example of a person who identifies an
		activity (optional); writing (optional)
		character biography; vocabulary development; cooperative group
		PATHS-Gr3, U8, L39 Creating Change: Biography of Malala Yousafzai/Cause-effect reasoning; oral discussion; social studies-
		behavior.
		behavior. To explore the issue of taking responsibility for your own
		To encourage careful decision making. To encourage responsible
		vocabulary development; writing
		PATHS-Gr3, U8, L38 Being Responsible/Cause-effect reasoning; cooperative group activity; oral discussion; problem solving;
		To encourage thinking about the future and projecting ahead.
		activity (optional); social studies-character biography (optional)
		reasoning; oral discussion; problem solving; cooperative group
		PATHS-Gr3, U6, L32 Setting Positive Goals/Cause-effect
		To emphasize that everyone is different and not all differences are obvious. To have children identify individual differences in abilities.
		skills; cause-effect reasoning; oral discussion; writing (optional)
		PATHS-Gr3, U5, L27 Respecting Others/Attentional and listening
		their classmates and families.
		everyone special. To have children identify individual differences in
		To emphasize that everyone is different and that this makes
		skills; creative thinking; oral discussion; writing; social studies- character biography (optional)
		PATHS-Gr3, U5, L26 We Are All Unique/Attentional and listening
		perspective-taking skills.
		To encourage positive social interaction skills. To further develop
		thinking; writing (optional)
		skills; cause-effect reasoning; communication skills; consequential
		FATHS-Gr3, U5, L25 Avoiding Gossip/Attentional and listening
		encourage children to actively think about ways to change their
		To illustrate that solving problems can change one's feelings. To
		discussion; story comprehension; writing (optional)
		PATHS-Gr3, U3, L14 Jealous/Associational thinking; oral
		To relate abstract feeling concepts to personal experiences. To introduce additional methods for calming down.
		self-monitoring; writing (optional)
		PATHS-Gr3, U3, L12 Calm or Relaxed, Tense/Oral discussion;
		gain self-control.
		To develop awareness of bodily and facial cues that indicate the feeling of anger in oneself and others. To explore different ways to
		writing (optional)
		Anger/Creative thinking; hierarchical thinking; oral discussion;
	iuea.	PATHS-Gr3, U3, L11 Recognizing and Controlling
		meetings).
	they support the main idea.	To provide practice in problem solving in a group situation. To set up a format for solving problems in the classroom (problem-solving
	details and explain how	skills; social studies-character biography (optional)
	of a text; recount the key	oral discussion; problem solving; role-playing and communication
RI.3.2	Determine the main idea	PATHS-Gr3, U2, L9 Problem-Solving Meeting/Creative thinking;
		children to participate in the process of creating rules and structure.
		To orient children towards becoming attentive listeners. To allow

domain-specific words and phrases in a text relevant to a grade 3 topic or subject area. hierarchical thinking; modeling logical, systematic planning skills; vocabulary development

To review all the PATHS ideas that students use and remember. To improve children's personal sense of responsibility. To illustrate the concept of using structure and a systematic plan to achieve a fair and positive goal/outcome. To teach self-respect and respect for others.

PATHS-Gr3, U3, L10 Introduction to Feelings/Group discussion; vocabulary development; drama (optional); writing (optional) To reinforce the importance of emotions. To help children associate feelings and emotional expressions. To reinforce the idea that feelings can feel comfortable or uncomfortable. To reinforce the idea that we cannot feel, touch or smell our feelings.

PATHS-Gr3, U5, L23 Manners: Why Are They Important?/Cause-effect reasoning; hierarchical thinking; vocabulary development; writing (optional)

To encourage children to use good manners. To use hierarchical classification skills to understand how behaviors (manners) affect feelings. To explain how using good manners is in one's own best interest.

PATHS-Gr3, U5, L25 Avoiding Gossip/Attentional and listening skills; cause-effect reasoning; communication skills; consequential thinking; writing (optional)

To encourage positive social interaction skills. To further develop perspective-taking skills.

PATHS-Gr3, U6, L32 Setting Positive Goals/Cause-effect reasoning; oral discussion; problem solving; cooperative group activity (optional); social studies-character biography (optional) To encourage thinking about the future and projecting ahead.

PATHS-Gr3, U8, L38 Being Responsible/Cause-effect reasoning; cooperative group activity; oral discussion; problem solving; vocabulary development; writing

To encourage careful decision making. To encourage responsible behavior. To explore the issue of taking responsibility for your own behavior.

PATHS-Gr3, U8, L39 Creating Change: Biography of Malala Yousafzai/Cause-effect reasoning; oral discussion; social studies-character biography; vocabulary development; cooperative group activity (optional); writing (optional)

To provide a biographical example of a person who identifies an important problem and goes about creating change in a responsible manner.

PATHS-Gr3, Jump-Start Lessons, J-SL6 Mad or Angry I/Brainstorming; comparative thinking; hierarchical thinking; oral discussion; vocabulary development; art (optional); oral comprehension (optional); writing (optional)

To discuss the differences between feelings and behaviors. To review the idea that all feelings are OK to have. To introduce the idea that behaviors can be OK or NOT OK. To help children discuss personal examples from their own lives.

PATHS-Gr3, Jump-Start Lessons, J-SL7 Calm or Relaxed, Worried/Brainstorming; comparative thinking; hierarchical thinking; oral discussion; self-monitoring; vocabulary development; writing (optional)

To relate feelings concepts to personal experiences. To introduce additional methods for calming down.

RI.3.6 Distinguish their own point of view from that of the author of a text.

PATHS-Gr3, U1, L1 Formulating Classroom Rules/Attentional and listening skills; brainstorming; creative thinking; interviewing-communication skills; reading comprehension

To introduce children to the PATHS curriculum. To help children see and learn the importance of having rules and structure within a group. To help children evaluate the subtleties of following rules. To orient children towards becoming attentive listeners. To allow children to participate in the process of creating rules and structure.

PATHS-Gr3, U3, L13 Guilty/Attentional and listening skills; deciphering visual cues; oral discussion; reasoning; writing (optional)

To informally introduce the concept of responsibility. To further emphasize the importance of self-evaluation.

PATHS-Gr3, Jump-Start Lessons, J-SL1 Formulating Classroom Rules/Attentional and listening skills; brainstorming; creative thinking; interviewing-communication skills; reading comprehension

To introduce children to the PATHS curriculum. To help children see and learn the importance of having rules and structure within a group. To help children evaluate the subtleties of following rules. To orient children towards becoming attentive listeners. To allow children to participate in the process of creating rules and structure.

Reading Informational Text: Integration of Knowledge and Ideas

RI.3.7

Use information gained from illustrations (e.g., maps, photographs) and the words in a text to demonstrate understanding of the text (e.g., where, when, why, and how key events occur).

PATHS-Gr3, U6, L28 Problem Identification I/Creative thinking; oral discussion; problem solving

To discuss how we know when there is a problem. To introduce things to think about when we identify a problem.

PATHS-Gr3, U6, L30 Problem Identification III: Why Things Happen/Cause-effect reasoning; creative thinking; oral discussion; problem solving; cooperative group activity (optional); writing (optional)

To further discuss issues in problem identification. To encourage improved observational skills. To explore the causes of events.

PATHS-Gr3, **U6**, **L31 Goals**/Art; cause-effect reasoning; creative thinking; oral discussion; problem solving; writing (optional) To encourage projecting ahead and thinking about the future.

PATHS-Gr3, U7, L34 Generating Solutions I/Cause-effect reasoning; creative thinking; oral discussion; problem solving To introduce the process of generating alternative solutions. To encourage hierarchical classification of different types of solutions.

PATHS-Gr3, U7, L35 Generating Solutions II/Cause-effect reasoning; cooperative group activity; creative thinking; oral discussion; problem solving

To provide further practice in generating solutions.

PATHS-Gr3, U7, L36 Generating Solutions III: Thinking Takes Time/Cause-effect reasoning; creative thinking; oral discussion; problem solving; writing (optional)

To provide further practice in generating alternatives. To reinforce the idea of thoughtfulness.

PATHS-Gr3, Jump-Start Lessons, J-SL6 Mad or Angry I/Brainstorming; comparative thinking; hierarchical thinking; oral discussion; vocabulary development; art (optional); oral comprehension (optional); writing (optional)

To discuss the differences between feelings and behaviors. To review the idea that all feelings are OK to have. To introduce the idea that behaviors can be OK or NOT OK. To help children discuss personal examples from their own lives.

RI.3.8 Describe the logical connection between particular sentences and paragraphs in a text (e.g., comparison, cause/effect, first/second/third in a sequence).

PATHS-Gr3, U3, L13 Guilty/Attentional and listening skills; deciphering visual cues; oral discussion; reasoning; writing (optional)

To informally introduce the concept of responsibility. To further emphasize the importance of self-evaluation.

Reading Informational Text:

Range of Reading and Level of Text Complexity

RI.3.10

By the end of the year, read and comprehend informational texts, including history/social studies, science, and technical texts, at the high end of the grades 2–3 text complexity band independently and proficiently.

PATHS-Gr3, U1, L3 Cooperative Learning Skills/Attentional and listening skills; communication skills; cooperative learning To emphasize communication skills in small group structures. To appreciate the need for specific roles within a small group structure.

PATHS-Gr3, U1, L4 The Golden Rule/Attentional and listening skills; cause-effect reasoning; communication skills; cooperative learning; writing (optional)

To review why rules are important. To adapt the rules to fit your classroom environment.

PATHS-Gr3, U1, L5 Listening to Others/Attentional and listening skills; communication skills; cooperative learning; writing (optional) To emphasize communication skills in small group structures. To help children take the perspective of others.

PATHS-Gr3, U2, L9 Problem-Solving Meeting/Creative thinking; oral discussion; problem solving; role-playing and communication skills; social studies-character biography (optional)

To provide practice in problem solving in a group situation. To set up a format for solving problems in the classroom (problem-solving meetings).

PATHS-Gr3, U3, L10 Introduction to Feelings/Group discussion; vocabulary development; drama (optional); writing (optional) To reinforce the importance of emotions. To help children associate feelings and emotional expressions. To reinforce the idea that feelings can feel comfortable or uncomfortable. To reinforce the idea that we cannot feel, touch or smell our feelings.

PATHS-Gr3, U3, L11 Recognizing and Controlling

Anger/Creative thinking; hierarchical thinking; oral discussion; writing (optional)

To develop awareness of bodily and facial cues that indicate the feeling of anger in oneself and others. To explore different ways to gain self-control.

PATHS-Gr3, U3, L12 Calm or Relaxed, Tense/Oral discussion; self-monitoring; writing (optional)

To relate abstract feeling concepts to personal experiences. To introduce additional methods for calming down.

PATHS-Gr3, U3, L13 Guilty/Attentional and listening skills; deciphering visual cues; oral discussion; reasoning; writing (optional)

To informally introduce the concept of responsibility. To further emphasize the importance of self-evaluation.

PATHS-Gr3, U3, L14 Jealous/Associational thinking; oral discussion; story comprehension; writing (optional) To illustrate that solving problems can change one's feelings. To encourage children to actively think about ways to change their feelings.

PATHS-Gr3, U4, L18 Best Friends I/Associational thinking; cause-effect reasoning; communication skills; vocabulary development; writing

To introduce the ideas of cooperation, role-taking and problem solving. To introduce critical thinking.

PATHS-Gr3, U5, L23 Manners: Why Are They

Important?/Cause-effect reasoning; hierarchical thinking; vocabulary development; writing (optional)

To encourage children to use good manners. To use hierarchical classification skills to understand how behaviors (manners) affect feelings. To explain how using good manners is in one's own best interest.

PATHS-Gr3, U5, L25 Avoiding Gossip/Attentional and listening skills; cause-effect reasoning; communication skills; consequential thinking; writing (optional)

To encourage positive social interaction skills. To further develop perspective-taking skills.

PATHS-Gr3, U5, L26 We Are All Unique/Attentional and listening skills; creative thinking; oral discussion; writing; social studies-character biography (optional)

To emphasize that everyone is different and that this makes everyone special. To have children identify individual differences in their classmates and families.

PATHS-Gr3, U5, L27 Respecting Others/Attentional and listening skills; cause-effect reasoning; oral discussion; writing (optional) To emphasize that everyone is different and not all differences are obvious. To have children identify individual differences in abilities.

PATHS-Gr3, U6, L28 Problem Identification I/Creative thinking; oral discussion; problem solving

To discuss how we know when there is a problem. To introduce things to think about when we identify a problem.

PATHS-Gr3, U6, L30 Problem Identification III: Why Things Happen/Cause-effect reasoning; creative thinking; oral discussion; problem solving; cooperative group activity (optional); writing (optional)

To further discuss issues in problem identification. To encourage improved observational skills. To explore the causes of events.

PATHS-Gr3, U6, L31 Goals/Art; cause-effect reasoning; creative thinking; oral discussion; problem solving; writing (optional) To encourage projecting ahead and thinking about the future.

PATHS-Gr3, U6, L32 Setting Positive Goals/Cause-effect reasoning; oral discussion; problem solving; cooperative group activity (optional); social studies-character biography (optional) To encourage thinking about the future and projecting ahead.

PATHS-Gr3, U7, L34 Generating Solutions I/Cause-effect reasoning; creative thinking; oral discussion; problem solving To introduce the process of generating alternative solutions. To encourage hierarchical classification of different types of solutions.

PATHS-Gr3, U7, L35 Generating Solutions II/Cause-effect reasoning; cooperative group activity; creative thinking; oral discussion; problem solving

To provide further practice in generating solutions.

PATHS-Gr3, U7, L36 Generating Solutions III: Thinking Takes Time/Cause-effect reasoning; creative thinking; oral discussion; problem solving; writing (optional)

To provide further practice in generating alternatives. To reinforce the idea of thoughtfulness.

PATHS-Gr3, U8, L38 Being Responsible/Cause-effect reasoning; cooperative group activity; oral discussion; problem solving; vocabulary development; writing

To encourage careful decision making. To encourage responsible behavior. To explore the issue of taking responsibility for your own behavior.

PATHS-Gr3, U8, L39 Creating Change: Biography of Malala Yousafzai/Cause-effect reasoning; oral discussion; social studies-

character biography; vocabulary development; cooperative group activity (optional); writing (optional)

To provide a biographical example of a person who identifies an important problem and goes about creating change in a responsible manner.

PATHS-Gr3, Optional Lessons, L6 Common Classroom Problems: Nothing to Do (Lonely, Bored)/To practice problem solving, brainstorming and planning ahead. To help students handle rejection. To encourage cooperative play.

PATHS-Gr3, Jump-Start Lessons, J-SL3 Introduction to Feelings: Happy, Sad, Private/Brainstorming; memory retrieval; oral discussion; self-monitoring; writing (optional)

To introduce the lessons on emotions. To define emotions as things that happen on the inside, but can show on the outside. To introduce that there are many different feelings and that everyone has feelings.

PATHS-Gr3, Jump-Start Lessons, J-SL4 Fine, Excited,

Tired/Consequential thinking; creative thinking; memory retrieval; oral discussion; role-playing (optional); writing (optional)

To review the idea that we can show people how we feel inside by labeling our feelings on the outside. To review the idea that we can guess how people feel from facial expressions, body postures, tone of voice and other overt cues.

PATHS-Gr3, Jump-Start Lessons, J-SL6 Mad or Angry I/Brainstorming; comparative thinking; hierarchical thinking; oral discussion; vocabulary development; art (optional); oral comprehension (optional); writing (optional)

To discuss the differences between feelings and behaviors. To review the idea that all feelings are OK to have. To introduce the idea that behaviors can be OK or NOT OK. To help children discuss personal examples from their own lives.

PATHS-Gr3, Jump-Start Lessons, J-SL7 Calm or Relaxed, Worried/Brainstorming; comparative thinking; hierarchical thinking; oral discussion; self-monitoring; vocabulary development; writing (optional)

To relate feelings concepts to personal experiences. To introduce additional methods for calming down.

Reading – Foundational Skills: Fluency

RF.3.4a

Read with sufficient accuracy and fluency to support comprehension. Read on-level text with purpose and understanding.

PATHS-Gr3, U1, L3 Cooperative Learning Skills/Attentional and listening skills; communication skills; cooperative learning To emphasize communication skills in small group structures. To appreciate the need for specific roles within a small group structure.

PATHS-Gr3, U1, L4 The Golden Rule/Attentional and listening skills; cause-effect reasoning; communication skills; cooperative learning; writing (optional)

To review why rules are important. To adapt the rules to fit your classroom environment.

PATHS-Gr3, U1, L5 Listening to Others/Attentional and listening skills; communication skills; cooperative learning; writing (optional) To emphasize communication skills in small group structures. To help children take the perspective of others.

PATHS-Gr3, U2, L9 Problem-Solving Meeting/Creative thinking; oral discussion; problem solving; role-playing and communication skills; social studies-character biography (optional)

To provide practice in problem solving in a group situation. To set up a format for solving problems in the classroom (problem-solving meetings).

PATHS-Gr3, U3, L10 Introduction to Feelings/Group discussion;

vocabulary development; drama (optional); writing (optional) To reinforce the importance of emotions. To help children associate feelings and emotional expressions. To reinforce the idea that feelings can feel comfortable or uncomfortable. To reinforce the idea that we cannot feel, touch or smell our feelings.

PATHS-Gr3, U3, L11 Recognizing and Controlling Anger/Creative thinking; hierarchical thinking; oral discussion; writing (optional)

To develop awareness of bodily and facial cues that indicate the feeling of anger in oneself and others. To explore different ways to gain self-control.

PATHS-Gr3, U3, L12 Calm or Relaxed, Tense/Oral discussion; self-monitoring; writing (optional)

To relate abstract feeling concepts to personal experiences. To introduce additional methods for calming down.

PATHS-Gr3, U3, L13 Guilty/Attentional and listening skills; deciphering visual cues; oral discussion; reasoning; writing (optional)

To informally introduce the concept of responsibility. To further emphasize the importance of self-evaluation.

PATHS-Gr3, U3, L14 Jealous/Associational thinking; oral discussion; story comprehension; writing (optional) To illustrate that solving problems can change one's feelings. To encourage children to actively think about ways to change their

PATHS-Gr3, U4, L18 Best Friends I/Associational thinking; cause-effect reasoning; communication skills; vocabulary development; writing

To introduce the ideas of cooperation, role-taking and problem solving. To introduce critical thinking.

PATHS-Gr3, U4, L19 Best Friends II/Associational thinking; cause-effect reasoning; vocabulary development

To informally introduce the important role of emotions as mediators of our thoughts and behaviors. To demonstrate that our thoughts can affect how we feel. To illustrate how one's behavior can affect the feelings of another. To introduce the idea that feelings change. To introduce the concept of individual differences.

PATHS-Gr3, U4, L20 Best Friends III/Associational thinking; cause-effect reasoning; vocabulary development; writing (optional) To encourage children to be attentive listeners. To help children internalize the importance of having rules and structure within a group. To help children evaluate the subtleties involved in following rules. To allow children to participate in the process of creating rules and structure.

PATHS-Gr3, U4, L21 Best Friends IV/Associational thinking; cause-effect reasoning; vocabulary development; art (optional); writing (optional)

To introduce that emotions and behaviors can generalize to other situations. To demonstrate the reciprocal interaction of feelings, thoughts and behaviors. To help children anticipate an outcome. To discuss the relationship between emotions and self-control. To informally introduce the idea of problem solving. To help children see the difference between being passive versus being active in solving problems.

PATHS-Gr3, U4, L22 Best Friends V: Resolution and Making Up/Associational thinking; cause-effect reasoning; vocabulary development; writing

To demonstrate how a plan can be put into action (implementing a plan). To demonstrate the ownership of a problem. To introduce thinking of how to achieve certain end results. To provide initial practice in generating alternative solutions.

feelings.

PATHS-Gr3, U5, L23 Manners: Why Are They

Important?/Cause-effect reasoning; hierarchical thinking; vocabulary development; writing (optional)

To encourage children to use good manners. To use hierarchical classification skills to understand how behaviors (manners) affect feelings. To explain how using good manners is in one's own best interest.

PATHS-Gr3, U5, L25 Avoiding Gossip/Attentional and listening skills; cause-effect reasoning; communication skills; consequential thinking; writing (optional)

To encourage positive social interaction skills. To further develop perspective-taking skills.

PATHS-Gr3, U5, L26 We Are All Unique/Attentional and listening skills; creative thinking; oral discussion; writing; social studies-character biography (optional)

To emphasize that everyone is different and that this makes everyone special. To have children identify individual differences in their classmates and families.

PATHS-Gr3, U5, L27 Respecting Others/Attentional and listening skills; cause-effect reasoning; oral discussion; writing (optional) To emphasize that everyone is different and not all differences are obvious. To have children identify individual differences in abilities.

PATHS-Gr3, U6, L32 Setting Positive Goals/Cause-effect reasoning; oral discussion; problem solving; cooperative group activity (optional); social studies-character biography (optional) To encourage thinking about the future and projecting ahead.

PATHS-Gr3, U8, L38 Being Responsible/Cause-effect reasoning; cooperative group activity; oral discussion; problem solving; vocabulary development; writing

To encourage careful decision making. To encourage responsible behavior. To explore the issue of taking responsibility for your own behavior.

PATHS-Gr3, U8, L39 Creating Change: Biography of Malala Yousafzai/Cause-effect reasoning; oral discussion; social studies-character biography; vocabulary development; cooperative group activity (optional); writing (optional)

To provide a biographical example of a person who identifies an important problem and goes about creating change in a responsible manner.

PATHS-Gr3, Optional Lessons, L6 Common Classroom
Problems: Nothing to Do (Lonely, Bored)/To practice problem solving, brainstorming and planning ahead. To help students handle rejection. To encourage cooperative play.

PATHS-Gr3, Optional Lessons, L8 Common Classroom Problems: Tattling II/To diminish the amount of tattling in your classroom. To help children understand the adverse effects of tattling. To practice problem solving.

PATHS-Gr3, Jump-Start Lessons, J-SL3 Introduction to Feelings: Happy, Sad, Private/Brainstorming; memory retrieval; oral discussion; self-monitoring; writing (optional)

To introduce the lessons on emotions. To define emotions as things that happen on the inside, but can show on the outside. To introduce that there are many different feelings and that everyone has feelings.

PATHS-Gr3, Jump-Start Lessons, J-SL4 Fine, Excited, Tired/Consequential thinking; creative thinking; memory retrieval; oral discussion; role-playing (optional); writing (optional) To review the idea that we can show people how we feel inside by labeling our feelings on the outside. To review the idea that we can guess how people feel from facial expressions, body postures,

tone of voice and other overt cues.

PATHS-Gr3, Jump-Start Lessons, J-SL5 Scared or Afraid, Safe/Brainstorming; comparative thinking; oral comprehension; self-monitoring; role-playing (optional); writing (optional) To discuss the idea that feelings can change. To explain that feelings frequently have opposites.

PATHS-Gr3, Jump-Start Lessons, J-SL6 Mad or Angry I/Brainstorming; comparative thinking; hierarchical thinking; oral discussion; vocabulary development; art (optional); oral comprehension (optional); writing (optional)

To discuss the differences between feelings and behaviors. To review the idea that all feelings are OK to have. To introduce the idea that behaviors can be OK or NOT OK. To help children discuss personal examples from their own lives.

PATHS-Gr3, Jump-Start Lessons, J-SL7 Calm or Relaxed, Worried/Brainstorming; comparative thinking; hierarchical thinking; oral discussion; self-monitoring; vocabulary development; writing (optional)

To relate feelings concepts to personal experiences. To introduce additional methods for calming down.

PATHS-Gr3, Jump-Start Lessons, J-SL8 Shy,

Lonely/Communication skills; problem solving; vocabulary development; oral comprehension (optional); role-playing (optional); writing (optional)

To discuss uncomfortable emotions related to social situations. To present the problem-solving paradigm for resolving these uncomfortable emotions.

PATHS-Gr3, Jump-Start Lessons, J-SL9 Surprised, Delighted, Disgusted/Attentional and listening skills; cause-effect reasoning; hierarchical thinking; memory retrieval; writing (optional) To help children evaluate feelings based on situational cues. To help children take another's perspective and consider consequences.

PATHS-Gr3, Jump-Start Lessons, J-SL11 Disappointed, Hopeful/Cause-effect thinking; oral discussion; problem solving; writing (optional)

To introduce more complex emotions. To discuss the idea that we can change the way we feel.

RF.3.4c

Read with sufficient accuracy and fluency to support comprehension. Use context to confirm or self-correct word recognition and understanding, rereading as necessary.

PATHS-Gr3, U4, L18 Best Friends I/Associational thinking; cause-effect reasoning; communication skills; vocabulary development; writing

To introduce the ideas of cooperation, role-taking and problem solving. To introduce critical thinking.

PATHS-Gr3, U4, L19 Best Friends II/Associational thinking; cause-effect reasoning; vocabulary development

To informally introduce the important role of emotions as mediators of our thoughts and behaviors. To demonstrate that our thoughts can affect how we feel. To illustrate how one's behavior can affect the feelings of another. To introduce the idea that feelings change. To introduce the concept of individual differences.

PATHS-Gr3, U4, L20 Best Friends III/Associational thinking; cause-effect reasoning; vocabulary development; writing (optional) To encourage children to be attentive listeners. To help children internalize the importance of having rules and structure within a group. To help children evaluate the subtleties involved in following rules. To allow children to participate in the process of creating rules and structure.

PATHS-Gr3, U4, L21 Best Friends IV/Associational thinking; cause-effect reasoning; vocabulary development; art (optional); writing (optional)

To introduce that emotions and behaviors can generalize to other situations. To demonstrate the reciprocal interaction of feelings,

thoughts and behaviors. To help children anticipate an outcome. To discuss the relationship between emotions and self-control. To informally introduce the idea of problem solving. To help children see the difference between being passive versus being active in solving problems.

PATHS-Gr3, U4, L22 Best Friends V: Resolution and Making Up/Associational thinking; cause-effect reasoning; vocabulary development; writing

To demonstrate how a plan can be put into action (implementing a plan). To demonstrate the ownership of a problem. To introduce thinking of how to achieve certain end results. To provide initial practice in generating alternative solutions.

PATHS-Gr3, U5, L23 Manners: Why Are They Important?/Cause-effect reasoning; hierarchical thinking; vocabulary development; writing (optional)

To encourage children to use good manners. To use hierarchical classification skills to understand how behaviors (manners) affect feelings. To explain how using good manners is in one's own best interest.

PATHS-Gr3, U5, L25 Avoiding Gossip/Attentional and listening skills; cause-effect reasoning; communication skills; consequential thinking; writing (optional)

To encourage positive social interaction skills. To further develop perspective-taking skills.

PATHS-Gr3, U6, L32 Setting Positive Goals/Cause-effect reasoning; oral discussion; problem solving; cooperative group activity (optional); social studies-character biography (optional) To encourage thinking about the future and projecting ahead.

PATHS-Gr3, **U8**, **L38 Being Responsible**/Cause-effect reasoning; cooperative group activity; oral discussion; problem solving; vocabulary development; writing

To encourage careful decision making. To encourage responsible behavior. To explore the issue of taking responsibility for your own behavior.

PATHS-Gr3, U8, L39 Creating Change: Biography of Malala Yousafzai/Cause-effect reasoning; oral discussion; social studies-character biography; vocabulary development; cooperative group activity (optional); writing (optional)

To provide a biographical example of a person who identifies an important problem and goes about creating change in a responsible manner.

PATHS-Gr3, Jump-Start Lessons, J-SL4 Fine, Excited,

Tired/Consequential thinking; creative thinking; memory retrieval; oral discussion; role-playing (optional); writing (optional)

To review the idea that we can show people how we feel inside by labeling our feelings on the outside. To review the idea that we can guess how people feel from facial expressions, body postures, tone of voice and other overt cues.

PATHS-Gr3, Jump-Start Lessons, J-SL5 Scared or Afraid, Safe/Brainstorming; comparative thinking; oral comprehension; self-monitoring; role-playing (optional); writing (optional) To discuss the idea that feelings can change. To explain that feelings frequently have opposites.

PATHS-Gr3, Jump-Start Lessons, J-SL6 Mad or Angry I/Brainstorming; comparative thinking; hierarchical thinking; oral discussion; vocabulary development; art (optional); oral

comprehension (optional); writing (optional)

To discuss the differences between feelings and behaviors. To review the idea that all feelings are OK to have. To introduce the idea that behaviors can be OK or NOT OK. To help children discuss personal examples from their own lives.

		PATHS-Gr3, Jump-Start Lessons, J-SL7 Calm or Relaxed, Worried/Brainstorming; comparative thinking; hierarchical thinking; oral discussion; self-monitoring; vocabulary development; writing (optional) To relate feelings concepts to personal experiences. To introduce additional methods for calming down. PATHS-Gr3, Jump-Start Lessons, J-SL8 Shy, Lonely/Communication skills; problem solving; vocabulary development; oral comprehension (optional); role-playing (optional); writing (optional) To discuss uncomfortable emotions related to social situations. To present the problem-solving paradigm for resolving these uncomfortable emotions. PATHS-Gr3, Jump-Start Lessons, J-SL9 Surprised, Delighted, Disgusted/Attentional and listening skills; cause-effect reasoning; hierarchical thinking; memory retrieval; writing (optional) To help children evaluate feelings based on situational cues. To
		help children take another's perspective and consider
		consequences.
		PATHS-Gr3, Jump-Start Lessons, J-SL11 Disappointed, Hopeful/Cause-effect thinking; oral discussion; problem solving; writing (optional) To introduce more complex emotions. To discuss the idea that we can change the way we feel.
	1	Writing:
	-	verting: Fext Types and Purposes
W.3.1a	Write opinion pieces on	PATHS-Gr3, U5, L27 Respecting Others/Attentional and listening
¥¥.5.1a	topics or texts, supporting a point of view with reasons. Introduce the topic or text they are writing about, state an	skills; cause-effect reasoning; oral discussion; writing (optional) To emphasize that everyone is different and not all differences are obvious. To have children identify individual differences in abilities. PATHS-Gr3, U8, L39 Creating Change: Biography of Malala Yousafzai/Cause-effect reasoning; oral discussion; social studies-
	opinion, and create an organizational structure that lists reasons.	character biography; vocabulary development; cooperative group activity (optional); writing (optional) To provide a biographical example of a person who identifies an important problem and goes about creating change in a responsible manner. PATHS-Gr3, U8, L40 Social Responsibility: Project to Improve
		Our School/Cause-effect reasoning; cooperative group activity; oral discussion; problem solving; vocabulary development To increase children's awareness of social problems and how they can be solved. To demonstrate to children how they can help others and create positive change.
W.3.1b	Write opinion pieces on topics or texts, supporting a point of view with reasons. Provide reasons that support the opinion.	PATHS-Gr3, U4, L18 Best Friends I/Associational thinking; cause-effect reasoning; communication skills; vocabulary development; writing To introduce the ideas of cooperation, role-taking and problem solving.
		PATHS-Gr3, U8, L39 Creating Change: Biography of Malala Yousafzai/Cause-effect reasoning; oral discussion; social studies-character biography; vocabulary development; cooperative group activity (optional); writing (optional) To provide a biographical example of a person who identifies an important problem and goes about creating change in a responsible manner.
		PATHS-Gr3, U8, L40 Social Responsibility: Project to Improve Our School/Cause-effect reasoning; cooperative group activity; oral discussion; problem solving; vocabulary development To increase children's awareness of social problems and how they can be solved. To demonstrate to children how they can help

W.3.1d	Write opinion pieces an	others and create positive change.
w.3.1a	Write opinion pieces on	PATHS-Gr3, U8, L39 Creating Change: Biography of Malala
	topics or texts, supporting	Yousafzai/Cause-effect reasoning; oral discussion; social studies-
	a point of view with	character biography; vocabulary development; cooperative group
	reasons. Provide a	activity (optional); writing (optional)
	concluding statement or	To provide a biographical example of a person who identifies an
	section.	important problem and goes about creating change in a
		responsible manner.
		PATHS-Gr3, U8, L40 Social Responsibility: Project to Improve
		Our School/Cause-effect reasoning; cooperative group activity;
		oral discussion; problem solving; vocabulary development
		To increase children's awareness of social problems and how they
		can be solved. To demonstrate to children how they can help
		others and create positive change.
W.3.2a	Write	PATHS-Gr3, U4, L20 Best Friends III/Associational thinking;
	informative/explanatory	cause-effect reasoning; vocabulary development; writing (optional)
	texts to examine a topic	To encourage children to be attentive listeners. To help children
	and convey ideas and	internalize the importance of having rules and structure within a
	information clearly.	group. To help children evaluate the subtleties involved in following
	Introduce a topic and	rules. To allow children to participate in the process of creating
	group related information	rules and structure.
	together; include	PATHS-Gr3, U4, L21 Best Friends IV/Associational thinking;
	illustrations when useful	cause-effect reasoning; vocabulary development; art (optional);
	to aiding comprehension.	writing (optional)
		To introduce that emotions and behaviors can generalize to other
		situations. To demonstrate the reciprocal interaction of feelings,
		thoughts and behaviors. To help children anticipate an outcome.
		To discuss the relationship between emotions and self-control. To
		informally introduce the idea of problem solving. To help children
		see the difference between being passive versus being active in
		solving problems.
		PATHS-Gr3, U5, L26 We Are All Unique/Attentional and listening
		skills; creative thinking; oral discussion; writing; social studies-
		character biography (optional)
		To emphasize that everyone is different and that this makes
		everyone special. To have children identify individual differences in
		their classmates and families.
		PATHS-Gr3, U5, L27 Respecting Others/Attentional and listening
		skills; cause-effect reasoning; oral discussion; writing (optional)
		To emphasize that everyone is different and not all differences are
		obvious. To have children identify individual differences in abilities.
		PATHS-Gr3, U6, L30 Problem Identification III: Why Things
		Happen/Cause-effect reasoning; creative thinking; oral discussion;
		problem solving; cooperative group activity (optional); writing
		(optional)
		To further discuss issues in problem identification. To encourage
		improved observational skills. To explore the causes of events.
		PATHS-Gr3, U6, L31 Goals/Art; cause-effect reasoning; creative
		thinking; oral discussion; problem solving; writing (optional)
		To encourage projecting ahead and thinking about the future.
		PATHS-Gr3, U6, L32 Setting Positive Goals/Cause-effect
		reasoning; oral discussion; problem solving; cooperative group
		activity (optional); social studies-character biography (optional)
		To encourage thinking about the future and projecting ahead.
		PATHS-Gr3, U6, L33 Reaching Our Goals: Completing
		Homework/Cause-effect reasoning; creative thinking; oral
		discussion; problem solving; writing
		To discuss issues related to homework completion. To provide a
		model for considering obstacles and solutions in reaching a goal.
		PATHS-Gr3, U7, L34 Generating Solutions I/Cause-effect

reasoning; creative thinking; oral discussion; problem solving To introduce the process of generating alternative solutions. To encourage hierarchical classification of different types of solutions.

PATHS-Gr3, U7, L35 Generating Solutions II/Cause-effect reasoning; cooperative group activity; creative thinking; oral discussion; problem solving

To provide further practice in generating solutions.

PATHS-Gr3, U7, L36 Generating Solutions III: Thinking Takes Time/Cause-effect reasoning; creative thinking; oral discussion; problem solving; writing (optional)

To provide further practice in generating alternatives. To reinforce the idea of thoughtfulness.

PATHS-Gr3, U7, L37 Coping with Difficult Problems/Cause-effect reasoning; creative thinking; oral discussion; problem solving; cooperative group activity (optional); writing (optional) To discuss problems that are out of one's control. To encourage alternative coping mechanisms that help relieve feelings of stress.

PATHS-Gr3, U8, L39 Creating Change: Biography of Malala Yousafzai/Cause-effect reasoning; oral discussion; social studies-character biography; vocabulary development; cooperative group activity (optional); writing (optional)

To provide a biographical example of a person who identifies an important problem and goes about creating change in a responsible manner.

PATHS-Gr3, U8, L40 Social Responsibility: Project to Improve Our School/Cause-effect reasoning; cooperative group activity; oral discussion; problem solving; vocabulary development To increase children's awareness of social problems and how they can be solved. To demonstrate to children how they can help others and create positive change.

PATHS-Gr3, Optional Lessons, L1 Feelings Review: Language Arts Activities/To review one or more emotions learned thus far. For students to have creative fun with feelings and language.

PATHS-Gr3, Jump-Start Lessons, J-SL3 Introduction to Feelings: Happy, Sad, Private/Brainstorming; memory retrieval; oral discussion; self-monitoring; writing (optional)

To introduce the lessons on emotions. To define emotions as things that happen on the inside, but can show on the outside. To introduce that there are many different feelings and that everyone has feelings.

PATHS-Gr3, Jump-Start Lessons, J-SL5 Scared or Afraid, Safe/Brainstorming; comparative thinking; oral comprehension; self-monitoring; role-playing (optional); writing (optional) To discuss the idea that feelings can change. To explain that feelings frequently have opposites.

PATHS-Gr3, Jump-Start Lessons, J-SL6 Mad or Angry I/Brainstorming; comparative thinking; hierarchical thinking; oral discussion; vocabulary development; art (optional); oral comprehension (optional); writing (optional)

To discuss the differences between feelings and behaviors. To review the idea that all feelings are OK to have. To introduce the idea that behaviors can be OK or NOT OK. To help children discuss personal examples from their own lives.

PATHS-Gr3, Jump-Start Lessons, J-SL7 Calm or Relaxed, Worried/Brainstorming; comparative thinking; hierarchical thinking; oral discussion; self-monitoring; vocabulary development; writing (optional)

To relate feelings concepts to personal experiences. To introduce additional methods for calming down.

PATHS-Gr3, U5, L26 We Are All Unique/Attentional and listening

W.3.2b Write

informative/explanatory texts to examine a topic and convey ideas and information clearly. Develop the topic with facts, definitions, and details.

skills; creative thinking; oral discussion; writing; social studiescharacter biography (optional)

To emphasize that everyone is different and that this makes everyone special. To have children identify individual differences in their classmates and families.

PATHS-Gr3, U5, L27 Respecting Others/Attentional and listening skills: cause-effect reasoning: oral discussion: writing (optional) To emphasize that everyone is different and not all differences are obvious. To have children identify individual differences in abilities.

PATHS-Gr3, U6, L30 Problem Identification III: Why Things **Happen**/Cause-effect reasoning; creative thinking; oral discussion; problem solving; cooperative group activity (optional); writing

To further discuss issues in problem identification. To encourage improved observational skills. To explore the causes of events.

PATHS-Gr3, U6, L31 Goals/Art; cause-effect reasoning; creative thinking; oral discussion; problem solving; writing (optional) To encourage projecting ahead and thinking about the future.

PATHS-Gr3, U6, L32 Setting Positive Goals/Cause-effect reasoning; oral discussion; problem solving; cooperative group activity (optional); social studies-character biography (optional) To encourage thinking about the future and projecting ahead.

PATHS-Gr3, U6, L33 Reaching Our Goals: Completing Homework/Cause-effect reasoning; creative thinking; oral discussion; problem solving; writing

To discuss issues related to homework completion. To provide a model for considering obstacles and solutions in reaching a goal.

PATHS-Gr3, U7, L34 Generating Solutions I/Cause-effect reasoning; creative thinking; oral discussion; problem solving To introduce the process of generating alternative solutions. To encourage hierarchical classification of different types of solutions.

PATHS-Gr3, U7, L35 Generating Solutions II/Cause-effect reasoning; cooperative group activity; creative thinking; oral discussion: problem solving

To provide further practice in generating solutions.

PATHS-Gr3, U7, L36 Generating Solutions III: Thinking Takes **Time**/Cause-effect reasoning: creative thinking: oral discussion: problem solving; writing (optional)

To provide further practice in generating alternatives. To reinforce the idea of thoughtfulness.

PATHS-Gr3, U7, L37 Coping with Difficult Problems/Causeeffect reasoning; creative thinking; oral discussion; problem solving; cooperative group activity (optional); writing (optional) To discuss problems that are out of one's control. To encourage alternative coping mechanisms that help relieve feelings of stress.

PATHS-Gr3, U8, L38 Being Responsible/Cause-effect reasoning; cooperative group activity; oral discussion; problem solving; vocabulary development; writing

To encourage careful decision making. To encourage responsible behavior. To explore the issue of taking responsibility for your own behavior.

PATHS-Gr3, U8, L39 Creating Change: Biography of Malala Yousafzai/Cause-effect reasoning; oral discussion; social studiescharacter biography; vocabulary development; cooperative group activity (optional); writing (optional)

To provide a biographical example of a person who identifies an important problem and goes about creating change in a responsible manner.

PATHS-Gr3, U8, L40 Social Responsibility: Project to Improve Our School/Cause-effect reasoning; cooperative group activity;

oral discussion; problem solving; vocabulary development To increase children's awareness of social problems and how they can be solved. To demonstrate to children how they can help others and create positive change. PATHS-Gr3, Jump-Start Lessons, J-SL5 Scared or Afraid, **Safe/**Brainstorming; comparative thinking; oral comprehension; self-monitoring; role-playing (optional); writing (optional) To discuss the idea that feelings can change. To explain that feelings frequently have opposites. PATHS-Gr3, Jump-Start Lessons, J-SL6 Mad or Angry I/Brainstorming; comparative thinking; hierarchical thinking; oral discussion; vocabulary development; art (optional); oral comprehension (optional); writing (optional) To discuss the differences between feelings and behaviors. To review the idea that all feelings are OK to have. To introduce the idea that behaviors can be OK or NOT OK. To help children discuss personal examples from their own lives. PATHS-Gr3, Jump-Start Lessons, J-SL7 Calm or Relaxed, Worried/Brainstorming; comparative thinking; hierarchical thinking; oral discussion; self-monitoring; vocabulary development; writing (optional) To relate feelings concepts to personal experiences. To introduce additional methods for calming down. W.3.2d PATHS-Gr3, U5, L26 We Are All Unique/Attentional and listening Write skills; creative thinking; oral discussion; writing; social studiesinformative/explanatory character biography (optional) texts to examine a topic and convey ideas and To emphasize that everyone is different and that this makes information clearly. everyone special. To have children identify individual differences in Provide a concluding their classmates and families. PATHS-Gr3, U6, L30 Problem Identification III: Why Things statement or section. Happen/Cause-effect reasoning; creative thinking; oral discussion; problem solving; cooperative group activity (optional); writing (optional) To further discuss issues in problem identification. To encourage improved observational skills. To explore the causes of events. PATHS-Gr3, U6, L31 Goals/Art; cause-effect reasoning; creative thinking; oral discussion; problem solving; writing (optional) To encourage projecting ahead and thinking about the future. PATHS-Gr3, U6, L32 Setting Positive Goals/Cause-effect reasoning; oral discussion; problem solving; cooperative group activity (optional); social studies-character biography (optional) To encourage thinking about the future and projecting ahead. PATHS-Gr3, U6, L33 Reaching Our Goals: Completing Homework/Cause-effect reasoning; creative thinking; oral discussion; problem solving; writing To discuss issues related to homework completion. To provide a model for considering obstacles and solutions in reaching a goal. PATHS-Gr3, U7, L36 Generating Solutions III: Thinking Takes Time/Cause-effect reasoning; creative thinking; oral discussion; problem solving; writing (optional) To provide further practice in generating alternatives. To reinforce the idea of thoughtfulness. PATHS-Gr3, U7, L37 Coping with Difficult Problems/Causeeffect reasoning: creative thinking: oral discussion: problem solving; cooperative group activity (optional); writing (optional) To discuss problems that are out of one's control. To encourage alternative coping mechanisms that help relieve feelings of stress. PATHS-Gr3, U8, L39 Creating Change: Biography of Malala Yousafzai/Cause-effect reasoning; oral discussion; social studiescharacter biography; vocabulary development; cooperative group

		activity (optional); writing (optional) To provide a biographical example of a person who identifies an important problem and goes about creating change in a responsible manner.
		PATHS-Gr3, U8, L40 Social Responsibility: Project to Improve Our School/Cause-effect reasoning; cooperative group activity; oral discussion; problem solving; vocabulary development To increase children's awareness of social problems and how they can be solved. To demonstrate to children how they can help others and create positive change.
W.3.3a	Write narratives to develop real or imagined experiences or events using effective technique,	PATHS-Gr3, U1, L5 Listening to Others/Attentional and listening skills; communication skills; cooperative learning; writing (optional) To emphasize communication skills in small group structures. To help children take the perspective of others.
	descriptive details, and clear event sequences. Establish a situation and introduce a narrator	PATHS-Gr3, U2, L6 Self-Control I: Control Signals Poster/Memory retrieval; oral discussion; vocabulary development; writing (optional) To introduce a process for self-control.
	and/or characters; organize an event sequence that unfolds naturally.	PATHS-Gr3, U2, L8 Self-Control III: Thinking Ahead/Attentional and listening skills; consequential thinking; oral discussion; problem solving; writing (optional) To help children understand why self-control is important. To facilitate role-taking and perspective-taking skills from multiple points of view. To help children understand different motivations and intentions (why people do what they do). To informally introduce the idea of problem prevention. To help children learn to anticipate possible consequences.
		PATHS-Gr3, U2, L9 Problem-Solving Meeting/Creative thinking; oral discussion; problem solving; role-playing and communication skills; social studies-character biography (optional) To provide practice in problem solving in a group situation. To set up a format for solving problems in the classroom (problem-solving meetings).
		PATHS-Gr3, U3, L11 Recognizing and Controlling Anger/Creative thinking; hierarchical thinking; oral discussion; writing (optional) To develop awareness of bodily and facial cues that indicate the feeling of anger in oneself and others. To explore different ways to gain self-control.
		PATHS-Gr3, U3, L12 Calm or Relaxed, Tense/Oral discussion; self-monitoring; writing (optional) To relate abstract feeling concepts to personal experiences. To introduce additional methods for calming down.
		PATHS-Gr3, U3, L13 Guilty/Attentional and listening skills; deciphering visual cues; oral discussion; reasoning; writing (optional) To informally introduce the concept of responsibility. To further emphasize the importance of self-evaluation.
		PATHS-Gr3, U3, L14 Jealous/Associational thinking; oral discussion; story comprehension; writing (optional) To illustrate that solving problems can change one's feelings. To encourage children to actively think about ways to change their feelings.
		PATHS-Gr3, U3, L15 Feelings Dictionary/Cause-effect reasoning; comparative thinking; hierarchical thinking; oral discussion; writing (optional) To facilitate and increase the use of emotion labels. To increase the understanding of emotion consents. To provide a

the understanding of emotion concepts. To provide a generalization technique for using emotion concepts throughout the classroom day during the entire school year.

PATHS-Gr3, U3, L16 My Own Feelings Story/Creative thinking; memory retrieval; writing

To practice using the Feelings Dictionary.

PATHS-Gr3, U4, L22 Best Friends V: Resolution and Making Up/Associational thinking; cause-effect reasoning; vocabulary development; writing

To demonstrate how a plan can be put into action (implementing a plan). To demonstrate the ownership of a problem. To introduce thinking of how to achieve certain end results. To provide initial practice in generating alternative solutions.

PATHS-Gr3, U5, L23 Manners: Why Are They

Important?/Cause-effect reasoning; hierarchical thinking; vocabulary development; writing (optional)

To encourage children to use good manners. To use hierarchical classification skills to understand how behaviors (manners) affect feelings. To explain how using good manners is in one's own best interest

PATHS-Gr3, Optional Lessons, L1 Feelings Review: Language Arts Activities/To review one or more emotions learned thus far. For students to have creative fun with feelings and language.

PATHS-Gr3, Jump-Start Lessons, J-SL3 Introduction to Feelings: Happy, Sad, Private/Brainstorming; memory retrieval; oral discussion; self-monitoring; writing (optional)

To introduce the lessons on emotions. To define emotions as things that happen on the inside, but can show on the outside. To introduce that there are many different feelings and that everyone has feelings.

PATHS-Gr3, Jump-Start Lessons, J-SL4 Fine, Excited,

Tired/Consequential thinking; creative thinking; memory retrieval; oral discussion; role-playing (optional); writing (optional)

To review the idea that we can show people how we feel inside by labeling our feelings on the outside. To review the idea that we can guess how people feel from facial expressions, body postures, tone of voice and other overt cues.

PATHS-Gr3, Jump-Start Lessons, J-SL8 Shy,

Lonely/Communication skills; problem solving; vocabulary development; oral comprehension (optional); role-playing (optional); writing (optional)

To discuss uncomfortable emotions related to social situations. To present the problem-solving paradigm for resolving these uncomfortable emotions.

PATHS-Gr3, Jump-Start Lessons, J-SL9 Surprised, Delighted, Disgusted/Attentional and listening skills; cause-effect reasoning; hierarchical thinking; memory retrieval; writing (optional) To help children evaluate feelings based on situational cues. To help children take another's perspective and consider consequences.

PATHS-Gr3, Jump-Start Lessons, J-SL10 Accident, On

Purpose/Analytic thinking; attentional and listening skills; communication skills; writing (optional)

To discuss the role of intentionality in identifying problems and feelings.

PATHS-Gr3, Jump-Start Lessons, J-SL11 Disappointed, Hopeful/Cause-effect thinking; oral discussion; problem solving; writing (optional)

To introduce more complex emotions. To discuss the idea that we can change the way we feel.

W.3.3b Write narratives to develop real or ima

develop real or imagined experiences or events using effective technique, **PATHS-Gr3, U1, L5 Listening to Others**/Attentional and listening skills; communication skills; cooperative learning; writing (optional) To emphasize communication skills in small group structures. To help children take the perspective of others.

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descriptive details, and clear event sequences. Use dialogue and descriptions of actions, thoughts, and feelings to develop experiences and events or show the response of characters to situations.

PATHS-Gr3, U2, L6 Self-Control I: Control Signals

Poster/Memory retrieval; oral discussion; vocabulary development; writing (optional)

To introduce a process for self-control.

PATHS-Gr3, U2, L8 Self-Control III: Thinking Ahead/Attentional and listening skills; consequential thinking; oral discussion; problem solving; writing (optional)

To help children understand why self-control is important. To facilitate role-taking and perspective-taking skills from multiple points of view. To help children understand different motivations and intentions (why people do what they do). To informally introduce the idea of problem prevention. To help children learn to anticipate possible consequences.

PATHS-Gr3, U2, L9 Problem-Solving Meeting/Creative thinking; oral discussion; problem solving; role-playing and communication skills; social studies-character biography (optional)

To provide practice in problem solving in a group situation. To set up a format for solving problems in the classroom (problem-solving meetings).

PATHS-Gr3, U3, L10 Introduction to Feelings/Group discussion; vocabulary development; drama (optional); writing (optional) To reinforce the importance of emotions. To help children associate feelings and emotional expressions. To reinforce the idea that feelings can feel comfortable or uncomfortable. To reinforce the idea that we cannot feel, touch or smell our feelings.

PATHS-Gr3, U3, L11 Recognizing and Controlling Anger/Creative thinking; hierarchical thinking; oral discussion;

Anger/Creative thinking; hierarchical thinking; oral discussion writing (optional)

To develop awareness of bodily and facial cues that indicate the feeling of anger in oneself and others. To explore different ways to gain self-control.

PATHS-Gr3, U3, L12 Calm or Relaxed, Tense/Oral discussion; self-monitoring; writing (optional)

To relate abstract feeling concepts to personal experiences. To introduce additional methods for calming down.

PATHS-Gr3, U3, L13 Guilty/Attentional and listening skills; deciphering visual cues; oral discussion; reasoning; writing (optional)

To informally introduce the concept of responsibility. To further emphasize the importance of self-evaluation.

PATHS-Gr3, U3, L14 Jealous/Associational thinking; oral discussion; story comprehension; writing (optional)

To illustrate that solving problems can change one's feelings. To encourage children to actively think about ways to change their feelings.

PATHS-Gr3, U3, L15 Feelings Dictionary/Cause-effect reasoning; comparative thinking; hierarchical thinking; oral discussion; writing (optional)

To facilitate and increase the use of emotion labels. To increase the understanding of emotion concepts. To provide a generalization technique for using emotion concepts throughout the classroom day during the entire school year.

PATHS-Gr3, U3, L16 My Own Feelings Story/Creative thinking; memory retrieval; writing

To practice using the Feelings Dictionary.

PATHS-Gr3, U4, L22 Best Friends V: Resolution and Making Up/Associational thinking; cause-effect reasoning; vocabulary development; writing

To demonstrate how a plan can be put into action (implementing a plan). To demonstrate the ownership of a problem. To introduce thinking of how to achieve certain end results. To provide initial

practice in generating alternative solutions.

PATHS-Gr3, U5, L23 Manners: Why Are They

Important?/Cause-effect reasoning; hierarchical thinking; vocabulary development; writing (optional)

To encourage children to use good manners. To use hierarchical classification skills to understand how behaviors (manners) affect feelings. To explain how using good manners is in one's own best interest.

PATHS-Gr3, Optional Lessons, L1 Feelings Review: Language Arts Activities/To review one or more emotions learned thus far. For students to have creative fun with feelings and language.

PATHS-Gr3, Jump-Start Lessons, J-SL3 Introduction to Feelings: Happy, Sad, Private/Brainstorming; memory retrieval; oral discussion; self-monitoring; writing (optional)

To introduce the lessons on emotions. To define emotions as things that happen on the inside, but can show on the outside. To introduce that there are many different feelings and that everyone has feelings.

PATHS-Gr3, Jump-Start Lessons, J-SL4 Fine, Excited,

Tired/Consequential thinking; creative thinking; memory retrieval; oral discussion; role-playing (optional); writing (optional)

To review the idea that we can show people how we feel inside by labeling our feelings on the outside. To review the idea that we can guess how people feel from facial expressions, body postures, tone of voice and other overt cues.

PATHS-Gr3, Jump-Start Lessons, J-SL8 Shy,

Lonely/Communication skills; problem solving; vocabulary development; oral comprehension (optional); role-playing (optional); writing (optional)

To discuss uncomfortable emotions related to social situations. To present the problem-solving paradigm for resolving these uncomfortable emotions.

PATHS-Gr3, Jump-Start Lessons, J-SL9 Surprised, Delighted, Disgusted/Attentional and listening skills; cause-effect reasoning; hierarchical thinking; memory retrieval; writing (optional)

To help children evaluate feelings based on situational cues. To help children take another's perspective and consider consequences.

PATHS-Gr3, Jump-Start Lessons, J-SL10 Accident, On Purpose/Analytic thinking; attentional and listening skills;

communication skills; writing (optional)

To discuss the role of intentionality in identifying problems and feelings.

PATHS-Gr3, Jump-Start Lessons, J-SL11 Disappointed,

Hopeful/Cause-effect thinking; oral discussion; problem solving; writing (optional)

To introduce more complex emotions. To discuss the idea that we can change the way we feel.

W.3.3c	Write narratives to	PATHS-Gr3, Optional Lessons, L1 Feelings Review: Language
	develop real or imagined	Arts Activities/To review one or more emotions learned thus far.
	experiences or events	For students to have creative fun with feelings and language.
	using effective technique,	PATHS-Gr3, Jump-Start Lessons, J-SL3 Introduction to
	descriptive details, and	Feelings: Happy, Sad, Private/Brainstorming; memory retrieval;
	clear event sequences.	oral discussion; self-monitoring; writing (optional)
	Use temporal words and	To introduce the lessons on emotions. To define emotions as
	phrases to signal event	things that happen on the inside, but can show on the outside. To
	order.	introduce that there are many different feelings and that everyone
		has feelings.
W.3.3d	Write narratives to	PATHS-Gr3, U4, L22 Best Friends V: Resolution and Making
	develop real or imagined	Up/Associational thinking; cause-effect reasoning; vocabulary
	experiences or events	development; writing
	using effective technique,	To demonstrate how a plan can be put into action (implementing a
	descriptive details, and	plan). To demonstrate the ownership of a problem. To introduce
	clear event sequences.	thinking of how to achieve certain end results. To provide initial
	Provide a sense of	practice in generating alternative solutions.
	closure.	PATHS-Gr3, Optional Lessons, L1 Feelings Review: Language
1	Glosui 6.	Arts Activities/To review one or more emotions learned thus far.
1		
		For students to have creative fun with feelings and language.
1		PATHS-Gr3, Jump-Start Lessons, J-SL3 Introduction to
1		Feelings: Happy, Sad, Private/Brainstorming; memory retrieval;
1		oral discussion; self-monitoring; writing (optional)
		To introduce the lessons on emotions. To define emotions as
		things that happen on the inside, but can show on the outside. To
		introduce that there are many different feelings and that everyone
		has feelings.
		Writing:
	Produc	ction and Distribution of Writing
W.3.4	With guidance and	PATHS-Gr3, U1, L4 The Golden Rule/Attentional and listening
	support from adults,	skills; cause-effect reasoning; communication skills; cooperative
	produce writing in which	learning; writing (optional)
	the development and	To review why rules are important. To adapt the rules to fit your
	the development and organization are	To review why rules are important. To adapt the rules to fit your classroom environment.
		classroom environment.
	organization are	
	organization are appropriate to task and	classroom environment. PATHS-Gr3, U1, L5 Listening to Others/Attentional and listening skills; communication skills; cooperative learning; writing (optional)
	organization are appropriate to task and	classroom environment. PATHS-Gr3, U1, L5 Listening to Others/Attentional and listening skills; communication skills; cooperative learning; writing (optional) To emphasize communication skills in small group structures. To
	organization are appropriate to task and	classroom environment. PATHS-Gr3, U1, L5 Listening to Others/Attentional and listening skills; communication skills; cooperative learning; writing (optional) To emphasize communication skills in small group structures. To help children take the perspective of others.
	organization are appropriate to task and	classroom environment. PATHS-Gr3, U1, L5 Listening to Others/Attentional and listening skills; communication skills; cooperative learning; writing (optional) To emphasize communication skills in small group structures. To help children take the perspective of others. PATHS-Gr3, U2, L6 Self-Control I: Control Signals
	organization are appropriate to task and	classroom environment. PATHS-Gr3, U1, L5 Listening to Others/Attentional and listening skills; communication skills; cooperative learning; writing (optional) To emphasize communication skills in small group structures. To help children take the perspective of others. PATHS-Gr3, U2, L6 Self-Control I: Control Signals Poster/Memory retrieval; oral discussion; vocabulary development;
	organization are appropriate to task and	classroom environment. PATHS-Gr3, U1, L5 Listening to Others/Attentional and listening skills; communication skills; cooperative learning; writing (optional) To emphasize communication skills in small group structures. To help children take the perspective of others. PATHS-Gr3, U2, L6 Self-Control I: Control Signals Poster/Memory retrieval; oral discussion; vocabulary development; writing (optional)
	organization are appropriate to task and	classroom environment. PATHS-Gr3, U1, L5 Listening to Others/Attentional and listening skills; communication skills; cooperative learning; writing (optional) To emphasize communication skills in small group structures. To help children take the perspective of others. PATHS-Gr3, U2, L6 Self-Control I: Control Signals Poster/Memory retrieval; oral discussion; vocabulary development; writing (optional) To introduce a process for self-control.
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	organization are appropriate to task and	classroom environment. PATHS-Gr3, U1, L5 Listening to Others/Attentional and listening skills; communication skills; cooperative learning; writing (optional) To emphasize communication skills in small group structures. To help children take the perspective of others. PATHS-Gr3, U2, L6 Self-Control I: Control Signals Poster/Memory retrieval; oral discussion; vocabulary development; writing (optional) To introduce a process for self-control. PATHS-Gr3, U2, L8 Self-Control III: Thinking Ahead/Attentional and listening skills; consequential thinking; oral discussion; problem solving; writing (optional) To help children understand why self-control is important. To facilitate role-taking and perspective-taking skills from multiple points of view. To help children understand different motivations and intentions (why people do what they do). To informally introduce the idea of problem prevention. To help children learn to anticipate possible consequences.
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To reinforce the importance of emotions. To help children associate feelings and emotional expressions. To reinforce the idea that feelings can feel comfortable or uncomfortable. To reinforce the idea that we cannot feel, touch or smell our feelings.

PATHS-Gr3, U3, L11 Recognizing and Controlling Anger/Creative thinking; hierarchical thinking; oral discussion; writing (optional)

To develop awareness of bodily and facial cues that indicate the feeling of anger in oneself and others. To explore different ways to gain self-control.

PATHS-Gr3, U3, L12 Calm or Relaxed, Tense/Oral discussion; self-monitoring; writing (optional)

To relate abstract feeling concepts to personal experiences. To introduce additional methods for calming down.

PATHS-Gr3, U3, L13 Guilty/Attentional and listening skills; deciphering visual cues; oral discussion; reasoning; writing (optional)

To informally introduce the concept of responsibility. To further emphasize the importance of self-evaluation.

PATHS-Gr3, U3, L14 Jealous/Associational thinking; oral discussion; story comprehension; writing (optional)

To illustrate that solving problems can change one's feelings. To encourage children to actively think about ways to change their feelings.

PATHS-Gr3, U3, L15 Feelings Dictionary/Cause-effect reasoning; comparative thinking; hierarchical thinking; oral discussion; writing (optional)

To facilitate and increase the use of emotion labels. To increase the understanding of emotion concepts. To provide a generalization technique for using emotion concepts throughout the classroom day during the entire school year.

PATHS-Gr3, U3, L16 My Own Feelings Story/Creative thinking; memory retrieval; writing

To practice using the Feelings Dictionary.

PATHS-Gr3, U4, L22 Best Friends V: Resolution and Making Up/Associational thinking; cause-effect reasoning; vocabulary development; writing

To demonstrate how a plan can be put into action (implementing a plan). To demonstrate the ownership of a problem. To introduce thinking of how to achieve certain end results. To provide initial practice in generating alternative solutions.

PATHS-Gr3, U5, L23 Manners: Why Are They

Important?/Cause-effect reasoning; hierarchical thinking; vocabulary development; writing (optional)

To encourage children to use good manners. To use hierarchical classification skills to understand how behaviors (manners) affect feelings. To explain how using good manners is in one's own best interest.

PATHS-Gr3, U5, L26 We Are All Unique/Attentional and listening skills; creative thinking; oral discussion; writing; social studies-character biography (optional)

To emphasize that everyone is different and that this makes everyone special. To have children identify individual differences in their classmates and families.

PATHS-Gr3, U5, L27 Respecting Others/Attentional and listening skills; cause-effect reasoning; oral discussion; writing (optional) To emphasize that everyone is different and not all differences are obvious. To have children identify individual differences in abilities.

PATHS-Gr3, U6, L28 Problem Identification I/Creative thinking; oral discussion; problem solving

To discuss how we know when there is a problem. To introduce things to think about when we identify a problem.

PATHS-Gr3, U6, L29 Problem Identification II; Confident, Confused/Cause-effect reasoning; creative thinking; oral discussion; problem solving

To discuss thinking skills and the role of schooling. To discuss issues in problem identification. To review reasons why problems can be confusing.

PATHS-Gr3, U6, L30 Problem Identification III: Why Things Happen/Cause-effect reasoning; creative thinking; oral discussion; problem solving; cooperative group activity (optional); writing (optional)

To further discuss issues in problem identification. To encourage improved observational skills. To explore the causes of events.

PATHS-Gr3, **U6**, **L31 Goals**/Art; cause-effect reasoning; creative thinking; oral discussion; problem solving; writing (optional) To encourage projecting ahead and thinking about the future.

PATHS-Gr3, U6, L32 Setting Positive Goals/Cause-effect reasoning; oral discussion; problem solving; cooperative group activity (optional); social studies-character biography (optional) To encourage thinking about the future and projecting ahead.

PATHS-Gr3, U6, L33 Reaching Our Goals: Completing Homework/Cause-effect reasoning; creative thinking; oral discussion; problem solving; writing

To discuss issues related to homework completion. To provide a model for considering obstacles and solutions in reaching a goal.

PATHS-Gr3, U7, L34 Generating Solutions I/Cause-effect reasoning; creative thinking; oral discussion; problem solving To introduce the process of generating alternative solutions. To encourage hierarchical classification of different types of solutions.

PATHS-Gr3, U7, L35 Generating Solutions II/Cause-effect reasoning; cooperative group activity; creative thinking; oral discussion; problem solving

To provide further practice in generating solutions.

PATHS-Gr3, U7, L36 Generating Solutions III: Thinking Takes Time/Cause-effect reasoning; creative thinking; oral discussion; problem solving; writing (optional)

To provide further practice in generating alternatives. To reinforce the idea of thoughtfulness.

PATHS-Gr3, U7, L37 Coping with Difficult Problems/Cause-effect reasoning; creative thinking; oral discussion; problem solving; cooperative group activity (optional); writing (optional) To discuss problems that are out of one's control. To encourage alternative coping mechanisms that help relieve feelings of stress.

PATHS-Gr3, U8, L38 Being Responsible/Cause-effect reasoning; cooperative group activity; oral discussion; problem solving; vocabulary development; writing

To encourage careful decision making. To encourage responsible behavior. To explore the issue of taking responsibility for your own behavior.

PATHS-Gr3, U8, L39 Creating Change: Biography of Malala Yousafzai/Cause-effect reasoning; oral discussion; social studies-character biography; vocabulary development; cooperative group activity (optional); writing (optional)

To provide a biographical example of a person who identifies an important problem and goes about creating change in a responsible manner.

PATHS-Gr3, U8, L40 Social Responsibility: Project to Improve Our School/Cause-effect reasoning; cooperative group activity; oral discussion; problem solving; vocabulary development

To increase children's awareness of social problems and how they can be solved. To demonstrate to children how they can help others and create positive change.

PATHS-Gr3, U9, L42 Planning a PATHS Party/Art; attentional and listening skills; problem solving; vocabulary development; story comprehension (optional); writing (optional)

To practice applying problem-solving skills to a realistic, fun problem.

PATHS-Gr3, Optional Lessons, L1 Feelings Review: Language Arts Activities/To review one or more emotions learned thus far. For students to have creative fun with feelings and language.

PATHS-Gr3, Jump-Start Lessons, J-SL3 Introduction to Feelings: Happy, Sad, Private/Brainstorming; memory retrieval; oral discussion; self-monitoring; writing (optional)

To introduce the lessons on emotions. To define emotions as things that happen on the inside, but can show on the outside. To introduce that there are many different feelings and that everyone has feelings.

PATHS-Gr3, Jump-Start Lessons, J-SL4 Fine, Excited,

Tired/Consequential thinking; creative thinking; memory retrieval; oral discussion; role-playing (optional); writing (optional)

To review the idea that we can show people how we feel inside by labeling our feelings on the outside. To review the idea that we can guess how people feel from facial expressions, body postures, tone of voice and other overt cues.

PATHS-Gr3, Jump-Start Lessons, J-SL5 Scared or Afraid, Safe/Brainstorming; comparative thinking; oral comprehension; self-monitoring; role-playing (optional); writing (optional) To discuss the idea that feelings can change. To explain that feelings frequently have opposites.

PATHS-Gr3, Jump-Start Lessons, J-SL6 Mad or Angry I/Brainstorming; comparative thinking; hierarchical thinking; oral discussion; vocabulary development; art (optional); oral comprehension (optional); writing (optional)

To discuss the differences between feelings and behaviors. To review the idea that all feelings are OK to have. To introduce the idea that behaviors can be OK or NOT OK. To help children discuss personal examples from their own lives.

PATHS-Gr3, Jump-Start Lessons, J-SL7 Calm or Relaxed, Worried/Brainstorming; comparative thinking; hierarchical thinking; oral discussion; self-monitoring; vocabulary development; writing (optional)

To relate feelings concepts to personal experiences. To introduce additional methods for calming down.

PATHS-Gr3, Jump-Start Lessons, J-SL8 Shy,

Lonely/Communication skills; problem solving; vocabulary development; oral comprehension (optional); role-playing (optional); writing (optional)

To discuss uncomfortable emotions related to social situations. To present the problem-solving paradigm for resolving these uncomfortable emotions.

PATHS-Gr3, Jump-Start Lessons, J-SL9 Surprised, Delighted, Disgusted/Attentional and listening skills; cause-effect reasoning; hierarchical thinking; memory retrieval; writing (optional)
To help children evaluate feelings based on situational cues. To help children take another's perspective and consider consequences.

PATHS-Gr3, Jump-Start Lessons, J-SL10 Accident, On Purpose/Analytic thinking; attentional and listening skills; communication skills; writing (optional)
To discuss the role of intentionality in identifying problems and

		Le u
		feelings.
		PATHS-Gr3, Jump-Start Lessons, J-SL11 Disappointed,
		Hopeful/Cause-effect thinking; oral discussion; problem solving;
		writing (optional)
		To introduce more complex emotions. To discuss the idea that we
		can change the way we feel.
W.3.5	With guidance and	PATHS-Gr1, V1, U2, L6 Listening to Others/Attentional and
	support from peers and	listening skills; communication skills; cooperative learning;
	adults, develop and	reasoning; self-monitoring
	strengthen writing as	To develop good communication in order to form positive peer
	needed by planning,	relationships in the classroom. To help children take the
	revising, and editing.	perspective of others. To continue promoting positive classroom
	3, 1 1 3	behaviors.
		PATHS-Gr3, Jump-Start Lessons, J-SL3 Introduction to
		Feelings: Happy, Sad, Private/Brainstorming; memory retrieval;
		oral discussion; self-monitoring; writing (optional)
		To introduce the lessons on emotions. To define emotions as
		things that happen on the inside, but can show on the outside. To
		introduce that there are many different feelings and that everyone
		has feelings.
		Writing:
	_	Range of Writing
W.3.10	Write routinely over	PATHS-Gr3, U1, L4 The Golden Rule/Attentional and listening
	extended time frames	skills; cause-effect reasoning; communication skills; cooperative
	(time for research,	learning; writing (optional)
	reflection, and revision)	To review why rules are important. To adapt the rules to fit your
	and shorter time frames	classroom environment.
	(a single sitting or a day	PATHS-Gr3, U1, L5 Listening to Others/Attentional and listening
	or two) for a range of	skills; communication skills; cooperative learning; writing (optional)
	discipline-specific tasks,	To emphasize communication skills in small group structures. To
	purposes, and audiences.	help children take the perspective of others.
	purposes, and addiences.	PATHS-Gr3, U2, L6 Self-Control I: Control Signals
		Poster/Memory retrieval; oral discussion; vocabulary development;
		writing (optional) To introduce a process for self-control.
		PATHS-Gr3, U2, L8 Self-Control III: Thinking Ahead/Attentional
		and listening skills; consequential thinking; oral discussion;
		problem solving; writing (optional)
		To help children understand why self-control is important. To
		facilitate role-taking and perspective-taking skills from multiple
		points of view. To help children understand different motivations
		and intentions (why people do what they do). To informally
		introduce the idea of problem prevention. To help children learn to
		anticipate possible consequences.
		PATHS-Gr3, U2, L9 Problem-Solving Meeting/Creative thinking;
		oral discussion; problem solving; role-playing and communication
		skills; social studies-character biography (optional)
		To provide practice in problem solving in a group situation. To set
		up a format for solving problems in the classroom (problem-solving
		meetings).
		PATHS-Gr3, U3, L10 Introduction to Feelings/Group discussion;
		vocabulary development; drama (optional); writing (optional)
		To reinforce the importance of emotions. To help children
		associate feelings and emotional expressions. To reinforce the
		idea that feelings can feel comfortable or uncomfortable. To
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		reinforce the idea that we cannot feel, touch or smell our feelings.
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feeling of anger in oneself and others. To explore different ways to gain self-control.

PATHS-Gr3, U3, L12 Calm or Relaxed, Tense/Oral discussion; self-monitoring; writing (optional)

To relate abstract feeling concepts to personal experiences. To introduce additional methods for calming down.

PATHS-Gr3, U3, L13 Guilty/Attentional and listening skills; deciphering visual cues; oral discussion; reasoning; writing (optional)

To informally introduce the concept of responsibility. To further emphasize the importance of self-evaluation.

PATHS-Gr3, U3, L14 Jealous/Associational thinking; oral discussion; story comprehension; writing (optional)

To illustrate that solving problems can change one's feelings. To encourage children to actively think about ways to change their

PATHS-Gr3, U3, L15 Feelings Dictionary/Cause-effect reasoning; comparative thinking; hierarchical thinking; oral discussion; writing (optional)

To facilitate and increase the use of emotion labels. To increase the understanding of emotion concepts. To provide a generalization technique for using emotion concepts throughout the classroom day during the entire school year.

PATHS-Gr3, U3, L16 My Own Feelings Story/Creative thinking; memory retrieval; writing

To practice using the Feelings Dictionary.

PATHS-Gr3, U4, L22 Best Friends V: Resolution and Making **Up**/Associational thinking; cause-effect reasoning; vocabulary development: writing

To demonstrate how a plan can be put into action (implementing a plan). To demonstrate the ownership of a problem. To introduce thinking of how to achieve certain end results. To provide initial practice in generating alternative solutions.

PATHS-Gr3, U5, L23 Manners: Why Are They Important?/Cause-effect reasoning: hierarchical thinking: vocabulary development; writing (optional)

To encourage children to use good manners. To use hierarchical classification skills to understand how behaviors (manners) affect feelings. To explain how using good manners is in one's own best interest.

PATHS-Gr3, U5, L26 We Are All Unique/Attentional and listening skills; creative thinking; oral discussion; writing; social studiescharacter biography (optional)

To emphasize that everyone is different and that this makes everyone special. To have children identify individual differences in their classmates and families.

PATHS-Gr3, U5, L27 Respecting Others/Attentional and listening skills; cause-effect reasoning; oral discussion; writing (optional) To emphasize that everyone is different and not all differences are obvious. To have children identify individual differences in abilities.

PATHS-Gr3, U6, L28 Problem Identification I/Creative thinking; oral discussion; problem solving

To discuss how we know when there is a problem. To introduce things to think about when we identify a problem.

PATHS-Gr3, U6, L29 Problem Identification II; Confident, Confused/Cause-effect reasoning; creative thinking; oral discussion: problem solving

To discuss thinking skills and the role of schooling. To discuss issues in problem identification. To review reasons why problems can be confusing.

PATHS-Gr3, U6, L30 Problem Identification III: Why Things Happen/Cause-effect reasoning; creative thinking; oral discussion; problem solving; cooperative group activity (optional); writing (optional)

To further discuss issues in problem identification. To encourage improved observational skills. To explore the causes of events.

PATHS-Gr3. U6. L31 Goals/Art: cause-effect reasoning: creative thinking: oral discussion: problem solving: writing (optional) To encourage projecting ahead and thinking about the future.

PATHS-Gr3, U6, L32 Setting Positive Goals/Cause-effect reasoning; oral discussion; problem solving; cooperative group activity (optional); social studies-character biography (optional) To encourage thinking about the future and projecting ahead.

PATHS-Gr3, U6, L33 Reaching Our Goals: Completing Homework/Cause-effect reasoning; creative thinking; oral discussion; problem solving; writing

To discuss issues related to homework completion. To provide a model for considering obstacles and solutions in reaching a goal.

PATHS-Gr3, U7, L34 Generating Solutions I/Cause-effect reasoning; creative thinking; oral discussion; problem solving To introduce the process of generating alternative solutions. To encourage hierarchical classification of different types of solutions.

PATHS-Gr3, U7, L35 Generating Solutions II/Cause-effect reasoning; cooperative group activity; creative thinking; oral discussion; problem solving

To provide further practice in generating solutions.

PATHS-Gr3, U7, L36 Generating Solutions III: Thinking Takes **Time**/Cause-effect reasoning; creative thinking; oral discussion; problem solving; writing (optional)

To provide further practice in generating alternatives. To reinforce the idea of thoughtfulness.

PATHS-Gr3, U7, L37 Coping with Difficult Problems/Causeeffect reasoning; creative thinking; oral discussion; problem solving; cooperative group activity (optional); writing (optional) To discuss problems that are out of one's control. To encourage alternative coping mechanisms that help relieve feelings of stress.

PATHS-Gr3. U8. L38 Being Responsible/Cause-effect reasoning: cooperative group activity; oral discussion; problem solving; vocabulary development; writing

To encourage careful decision making. To encourage responsible behavior. To explore the issue of taking responsibility for your own behavior.

PATHS-Gr3, U8, L39 Creating Change: Biography of Malala Yousafzai/Cause-effect reasoning; oral discussion; social studiescharacter biography; vocabulary development; cooperative group activity (optional); writing (optional)

To provide a biographical example of a person who identifies an important problem and goes about creating change in a responsible manner.

PATHS-Gr3, U8, L40 Social Responsibility: Project to Improve Our School/Cause-effect reasoning; cooperative group activity; oral discussion; problem solving; vocabulary development To increase children's awareness of social problems and how they can be solved. To demonstrate to children how they can help others and create positive change.

PATHS-Gr3. U9. L42 Planning a PATHS Party/Art: attentional and listening skills: problem solving: vocabulary development; story comprehension (optional): writing (optional)

To practice applying problem-solving skills to a realistic, fun problem.

PATHS-Gr3, Optional Lessons, L1 Feelings Review: Language Arts Activities/To review one or more emotions learned thus far. For students to have creative fun with feelings and language.

PATHS-Gr3, Jump-Start Lessons, J-SL3 Introduction to Feelings: Happy, Sad, Private/Brainstorming; memory retrieval; oral discussion; self-monitoring; writing (optional)

To introduce the lessons on emotions. To define emotions as things that happen on the inside, but can show on the outside. To introduce that there are many different feelings and that everyone

PATHS-Gr3, Jump-Start Lessons, J-SL4 Fine, Excited,

Tired/Consequential thinking; creative thinking; memory retrieval; oral discussion; role-playing (optional); writing (optional)

To review the idea that we can show people how we feel inside by labeling our feelings on the outside. To review the idea that we can guess how people feel from facial expressions, body postures, tone of voice and other overt cues.

PATHS-Gr3, Jump-Start Lessons, J-SL5 Scared or Afraid, **Safe/**Brainstorming; comparative thinking; oral comprehension; self-monitoring; role-playing (optional); writing (optional) To discuss the idea that feelings can change. To explain that feelings frequently have opposites.

PATHS-Gr3, Jump-Start Lessons, J-SL6 Mad or Angry I/Brainstorming; comparative thinking; hierarchical thinking; oral discussion; vocabulary development; art (optional); oral

comprehension (optional); writing (optional)

To discuss the differences between feelings and behaviors. To review the idea that all feelings are OK to have. To introduce the idea that behaviors can be OK or NOT OK. To help children discuss personal examples from their own lives.

PATHS-Gr3, Jump-Start Lessons, J-SL7 Calm or Relaxed, Worried/Brainstorming; comparative thinking; hierarchical thinking; oral discussion; self-monitoring; vocabulary development; writing (optional)

To relate feelings concepts to personal experiences. To introduce additional methods for calming down.

PATHS-Gr3, Jump-Start Lessons, J-SL8 Shy,

Lonely/Communication skills; problem solving; vocabulary development; oral comprehension (optional); role-playing (optional); writing (optional)

To discuss uncomfortable emotions related to social situations. To present the problem-solving paradigm for resolving these uncomfortable emotions.

PATHS-Gr3, Jump-Start Lessons, J-SL9 Surprised, Delighted, **Disgusted**/Attentional and listening skills; cause-effect reasoning; hierarchical thinking; memory retrieval; writing (optional) To help children evaluate feelings based on situational cues. To help children take another's perspective and consider consequences.

PATHS-Gr3, Jump-Start Lessons, J-SL10 Accident, On Purpose/Analytic thinking; attentional and listening skills; communication skills; writing (optional)

To discuss the role of intentionality in identifying problems and

PATHS-Gr3, Jump-Start Lessons, J-SL11 Disappointed, Hopeful/Cause-effect thinking; oral discussion; problem solving; writing (optional)

To introduce more complex emotions. To discuss the idea that we can change the way we feel.

Speaking and Listening: Comprehension and Collaboration

SL.3.1a

Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacherled) with diverse partners on grade 3 topics and texts, building on others' ideas and expressing their own clearly. Come to discussions prepared, having read or studied required material; explicitly draw on that preparation and other information known about the topic to explore ideas under discussion.

PATHS-Gr3, U1, L1 Formulating Classroom Rules/Attentional and listening skills; brainstorming; creative thinking; interviewing-communication skills; reading comprehension

To introduce children to the PATHS curriculum. To help children see and learn the importance of having rules and structure within a group. To help children evaluate the subtleties of following rules. To orient children towards becoming attentive listeners. To allow children to participate in the process of creating rules and structure.

PATHS-Gr3, U1, L2 PATHS Review/PATHS Kid

(Complimenting)/Cause-effect reasoning; communication skills; hierarchical thinking; modeling logical, systematic planning skills; vocabulary development

To review all the PATHS ideas that students use and remember. To improve children's personal sense of responsibility. To illustrate the concept of using structure and a systematic plan to achieve a fair and positive goal/outcome. To teach self-respect and respect for others.

PATHS-Gr3, U1, L3 Cooperative Learning Skills/Attentional and listening skills; communication skills; cooperative learning To emphasize communication skills in small group structures. To appreciate the need for specific roles within a small group structure.

PATHS-Gr3, U1, L4 The Golden Rule/Attentional and listening skills; cause-effect reasoning; communication skills; cooperative learning; writing (optional)

To review why rules are important. To adapt the rules to fit your classroom environment.

PATHS-Gr3, U2, L6 Self-Control I: Control Signals

Poster/Memory retrieval; oral discussion; vocabulary development; writing (optional)

To introduce a process for self-control.

PATHS-Gr3, U2, L7 Self-Control II: Solving Problems in

Groups/Cooperative learning; oral discussion; problem solving; role-playing; self-monitoring

To continue practicing problem solving using the Control Signals Poster.

PATHS-Gr3, U2, L8 Self-Control III: Thinking Ahead/Attentional and listening skills; consequential thinking; oral discussion; problem solving; writing (optional)

To help children understand why self-control is important. To facilitate role-taking and perspective-taking skills from multiple points of view. To help children understand different motivations and intentions (why people do what they do). To informally introduce the idea of problem prevention. To help children learn to anticipate possible consequences.

PATHS-Gr3, U2, L9 Problem-Solving Meeting/Creative thinking; oral discussion; problem solving; role-playing and communication skills; social studies-character biography (optional)

To provide practice in problem solving in a group situation. To set up a format for solving problems in the classroom (problem-solving meetings).

PATHS-Gr3, U3, L10 Introduction to Feelings/Group discussion; vocabulary development; drama (optional); writing (optional) To reinforce the importance of emotions. To help children associate feelings and emotional expressions. To reinforce the idea that feelings can feel comfortable or uncomfortable. To

reinforce the idea that we cannot feel, touch or smell our feelings.

PATHS-Gr3, U3, L11 Recognizing and Controlling

Anger/Creative thinking; hierarchical thinking; oral discussion; writing (optional)

To develop awareness of bodily and facial cues that indicate the feeling of anger in oneself and others. To explore different ways to gain self-control.

PATHS-Gr3, U3, L12 Calm or Relaxed, Tense/Oral discussion; self-monitoring; writing (optional)

To relate abstract feeling concepts to personal experiences. To introduce additional methods for calming down.

PATHS-Gr3, U3, L13 Guilty/Attentional and listening skills; deciphering visual cues; oral discussion; reasoning; writing (optional)

To informally introduce the concept of responsibility. To further emphasize the importance of self-evaluation.

PATHS-Gr3, U3, L14 Jealous/Associational thinking; oral discussion; story comprehension; writing (optional)

To illustrate that solving problems can change one's feelings. To encourage children to actively think about ways to change their feelings.

PATHS-Gr3, U3, L15 Feelings Dictionary/Cause-effect reasoning; comparative thinking; hierarchical thinking; oral discussion; writing (optional)

To facilitate and increase the use of emotion labels. To increase the understanding of emotion concepts. To provide a generalization technique for using emotion concepts throughout the classroom day during the entire school year.

PATHS-Gr3, U3, L16 My Own Feelings Story/Creative thinking; memory retrieval; writing

To practice using the Feelings Dictionary.

PATHS-Gr3, U3, L17 Feelings Intensity/Cause-effect reasoning; oral discussion

To reintroduce the idea that not everyone feels the same way at the same time. To reintroduce the idea that you can have more than one feeling at the same time.

PATHS-Gr3, U4, L19 Best Friends II/Associational thinking; cause-effect reasoning; vocabulary development

To informally introduce the important role of emotions as mediators of our thoughts and behaviors. To demonstrate that our thoughts can affect how we feel. To illustrate how one's behavior can affect the feelings of another. To introduce the idea that feelings change. To introduce the concept of individual differences.

PATHS-Gr3, U4, L20 Best Friends III/Associational thinking; cause-effect reasoning; vocabulary development; writing (optional) To encourage children to be attentive listeners. To help children internalize the importance of having rules and structure within a group. To help children evaluate the subtleties involved in following rules. To allow children to participate in the process of creating rules and structure.

PATHS-Gr3, U4, L21 Best Friends IV/Associational thinking; cause-effect reasoning; vocabulary development; art (optional); writing (optional)

To introduce that emotions and behaviors can generalize to other situations. To demonstrate the reciprocal interaction of feelings, thoughts and behaviors. To help children anticipate an outcome. To discuss the relationship between emotions and self-control. To informally introduce the idea of problem solving. To help children see the difference between being passive versus being active in solving problems.

PATHS-Gr3, U4, L22 Best Friends V: Resolution and Making Up/Associational thinking; cause-effect reasoning; vocabulary development; writing

To demonstrate how a plan can be put into action (implementing a plan). To demonstrate the ownership of a problem. To introduce thinking of how to achieve certain end results. To provide initial practice in generating alternative solutions.

PATHS-Gr3. U5. L23 Manners: Why Are They Important?/Cause-effect reasoning; hierarchical thinking; vocabulary development; writing (optional)

To encourage children to use good manners. To use hierarchical classification skills to understand how behaviors (manners) affect feelings. To explain how using good manners is in one's own best

PATHS-Gr3, U5, L24 Playing by the Rules/Attentional and listening skills; cause-effect reasoning; role-playing and communication skills

To emphasize communication skills during peer interactions. To promote more effective conflict resolution. To help children take the perspective of others.

PATHS-Gr3, U5, L25 Avoiding Gossip/Attentional and listening skills; cause-effect reasoning; communication skills; consequential thinking; writing (optional)

To encourage positive social interaction skills. To further develop perspective-taking skills.

PATHS-Gr3, U5, L26 We Are All Unique/Attentional and listening skills; creative thinking; oral discussion; writing; social studiescharacter biography (optional)

To emphasize that everyone is different and that this makes everyone special. To have children identify individual differences in their classmates and families.

PATHS-Gr3, U6, L28 Problem Identification I/Creative thinking; oral discussion; problem solving

To discuss how we know when there is a problem. To introduce things to think about when we identify a problem.

PATHS-Gr3, U6, L30 Problem Identification III: Why Things Happen/Cause-effect reasoning; creative thinking; oral discussion; problem solving; cooperative group activity (optional); writing (optional)

To further discuss issues in problem identification. To encourage improved observational skills. To explore the causes of events.

PATHS-Gr3, U6, L32 Setting Positive Goals/Cause-effect reasoning; oral discussion; problem solving; cooperative group activity (optional); social studies-character biography (optional) To encourage thinking about the future and projecting ahead.

PATHS-Gr3, U6, L33 Reaching Our Goals: Completing Homework/Cause-effect reasoning: creative thinking: oral discussion; problem solving; writing

To discuss issues related to homework completion. To provide a model for considering obstacles and solutions in reaching a goal.

PATHS-Gr3, U7, L34 Generating Solutions I/Cause-effect reasoning; creative thinking; oral discussion; problem solving To introduce the process of generating alternative solutions. To encourage hierarchical classification of different types of solutions.

PATHS-Gr3, U7, L35 Generating Solutions II/Cause-effect reasoning; cooperative group activity; creative thinking; oral discussion; problem solving

To provide further practice in generating solutions.

PATHS-Gr3, U7, L36 Generating Solutions III: Thinking Takes Time/Cause-effect reasoning; creative thinking; oral discussion;

problem solving; writing (optional)

To provide further practice in generating alternatives. To reinforce the idea of thoughtfulness.

PATHS-Gr3, U7, L37 Coping with Difficult Problems/Cause-effect reasoning; creative thinking; oral discussion; problem solving; cooperative group activity (optional); writing (optional) To discuss problems that are out of one's control. To encourage alternative coping mechanisms that help relieve feelings of stress.

PATHS-Gr3, U8, L39 Creating Change: Biography of Malala Yousafzai/Cause-effect reasoning; oral discussion; social studies-character biography; vocabulary development; cooperative group activity (optional); writing (optional)

To provide a biographical example of a person who identifies an important problem and goes about creating change in a responsible manner.

PATHS-Gr3, U8, L40 Social Responsibility: Project to Improve Our School/Cause-effect reasoning; cooperative group activity; oral discussion; problem solving; vocabulary development To increase children's awareness of social problems and how they can be solved. To demonstrate to children how they can help others and create positive change.

PATHS-Gr3, U9, L41 Reactions and Review/Brainstorming; communication skills; oral discussion

To encourage children to share memories of PATHS lessons. To help children think about the concepts of transitions and endings. To practice skills in being interviewed and recorded.

PATHS-Gr3, U9, L42 Planning a PATHS Party/Art; attentional and listening skills; problem solving; vocabulary development; story comprehension (optional); writing (optional)

To practice applying problem-solving skills to a realistic, fun problem.

PATHS-Gr3, Optional Lessons, L2 Feelings Review: Feeling Intensity I (Angry)/To discuss the concept of intensity of affect. To continue using hierarchical thinking for distinguishing feelings and behaviors. To introduce the concept of synonyms.

PATHS-Gr3, Optional Lessons, L3 Feelings Review: Feeling Intensity II (Afraid)/To further demonstrate the concept of intensity of affect.

PATHS-Gr3, Optional Lessons, L4 Feelings Review: Feeling Intensity III (Sad)/To further demonstrate the concept of intensity of affect.

PATHS-Gr3, Optional Lessons, L5 Feelings Review: Feelings and Your Brain/To provide an overview of the brain and how emotions and thinking work together. To help your students understand the importance of self-control for appropriate expression of emotions. To increase motivation for mastering self-control.

PATHS-Gr3, Optional Lessons, L6 Common Classroom Problems: Nothing to Do (Lonely, Bored)/To practice problem solving, brainstorming and planning ahead. To help students handle rejection. To encourage cooperative play.

PATHS-Gr3, Optional Lessons, L7 Common Classroom
Problems: Tattling I/To diminish the amount of tattling in your
classroom. To distinguish between "tattling" and seeking help. To
practice problem solving.

PATHS-Gr3, Optional Lessons, L8 Common Classroom Problems: Tattling II/To diminish the amount of tattling in your classroom. To help children understand the adverse effects of tattling. To practice problem solving.

PATHS-Gr3, Optional Lessons, L10 Ideas for Post-Vacation

Review: Post-Vacation Review I/To reorient your students to PATHS lessons and to being back in the classroom. To practice role-playing.

PATHS-Gr3, Optional Lessons, L11 Ideas for Post-Vacation Review: Post-Vacation Review II/To review the feelings covered in PATHS lessons. To review emotional literacy concepts previously taught. To reestablish classroom rapport and group cohesion.

PATHS-Gr3, Jump-Start Lessons, J-SL1 Formulating Classroom Rules/Attentional and listening skills; brainstorming; creative thinking; interviewing-communication skills; reading comprehension

To introduce children to the PATHS curriculum. To help children see and learn the importance of having rules and structure within a group. To help children evaluate the subtleties of following rules. To orient children towards becoming attentive listeners. To allow children to participate in the process of creating rules and structure.

PATHS-Gr3, Jump-Start Lessons, J-SL2 PATHS Kid for Today: Complimenting/Cause-effect reasoning; communication skills; hierarchical thinking; modeling logical, systematic planning skills; vocabulary development

To develop group cohesion and improve classroom environment. To increase the children's self-esteem. To improve the children's personal sense of responsibility. To illustrate the concept of using structure and a systematic plan to achieve a fair and positive goal/outcome. To teach self-respect and respect for others.

PATHS-Gr3, Jump-Start Lessons, J-SL3 Introduction to Feelings: Happy, Sad, Private/Brainstorming; memory retrieval; oral discussion; self-monitoring; writing (optional)

To introduce the lessons on emotions. To define emotions as things that happen on the inside, but can show on the outside. To introduce that there are many different feelings and that everyone has feelings.

PATHS-Gr3, Jump-Start Lessons, J-SL4 Fine, Excited, Tired/Consequential thinking; creative thinking; memory retrieval; oral discussion; role-playing (optional); writing (optional) To review the idea that we can show people how we feel inside by labeling our feelings on the outside. To review the idea that we can guess how people feel from facial expressions, body postures, tone of voice and other overt cues.

PATHS-Gr3, Jump-Start Lessons, J-SL5 Scared or Afraid, Safe/Brainstorming; comparative thinking; oral comprehension; self-monitoring; role-playing (optional); writing (optional) To discuss the idea that feelings can change. To explain that feelings frequently have opposites.

PATHS-Gr3, Jump-Start Lessons, J-SL6 Mad or Angry I/Brainstorming; comparative thinking; hierarchical thinking; oral discussion; vocabulary development; art (optional); oral comprehension (optional); writing (optional)

To discuss the differences between feelings and behaviors. To review the idea that all feelings are OK to have. To introduce the idea that behaviors can be OK or NOT OK. To help children discuss personal examples from their own lives.

PATHS-Gr3, Jump-Start Lessons, J-SL10 Accident, On Purpose/Analytic thinking; attentional and listening skills; communication skills; writing (optional)
To discuss the role of intentionality in identifying problems and feelings.

PATHS-Gr3, Jump-Start Lessons, J-SL11 Disappointed, Hopeful/Cause-effect thinking; oral discussion; problem solving;

writing (optional)

To introduce more complex emotions. To discuss the idea that we can change the way we feel.

SL.3.1b

Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacherled) with diverse partners on grade 3 topics and texts, building on others' ideas and expressing their own clearly. Follow agreed-upon rules for discussions (e.g., gaining the floor in respectful ways, listening to others with care, speaking one at a time about the topics and texts under discussion).

PATHS-Gr3, U1, L1 Formulating Classroom Rules/Attentional and listening skills; brainstorming; creative thinking; interviewing-communication skills; reading comprehension

To introduce children to the PATHS curriculum. To help children see and learn the importance of having rules and structure within a group. To help children evaluate the subtleties of following rules. To orient children towards becoming attentive listeners. To allow children to participate in the process of creating rules and structure.

PATHS-Gr3, U1, L2 PATHS Review/PATHS Kid

(Complimenting)/Cause-effect reasoning; communication skills; hierarchical thinking; modeling logical, systematic planning skills; vocabulary development

To review all the PATHS ideas that students use and remember. To improve children's personal sense of responsibility. To illustrate the concept of using structure and a systematic plan to achieve a fair and positive goal/outcome. To teach self-respect and respect for others.

PATHS-Gr3, U1, L3 Cooperative Learning Skills/Attentional and listening skills; communication skills; cooperative learning To emphasize communication skills in small group structures. To appreciate the need for specific roles within a small group structure.

PATHS-Gr3, U1, L4 The Golden Rule/Attentional and listening skills; cause-effect reasoning; communication skills; cooperative learning; writing (optional)

To review why rules are important. To adapt the rules to fit your classroom environment.

PATHS-Gr3, U1, L5 Listening to Others/Attentional and listening skills; communication skills; cooperative learning; writing (optional) To emphasize communication skills in small group structures. To help children take the perspective of others.

PATHS-Gr3, U2, L9 Problem-Solving Meeting/Creative thinking; oral discussion; problem solving; role-playing and communication skills; social studies-character biography (optional)

To provide practice in problem solving in a group situation. To set up a format for solving problems in the classroom (problem-solving meetings).

PATHS-Gr3, U3, L15 Feelings Dictionary/Cause-effect reasoning; comparative thinking; hierarchical thinking; oral discussion; writing (optional)

To facilitate and increase the use of emotion labels. To increase the understanding of emotion concepts. To provide a generalization technique for using emotion concepts throughout the classroom day during the entire school year.

PATHS-Gr3, U3, L16 My Own Feelings Story/Creative thinking; memory retrieval; writing

To practice using the Feelings Dictionary.

PATHS-Gr3, U3, L17 Feelings Intensity/Cause-effect reasoning; oral discussion

To reintroduce the idea that not everyone feels the same way at the same time. To reintroduce the idea that you can have more than one feeling at the same time.

PATHS-Gr3, U4, L20 Best Friends III/Associational thinking; cause-effect reasoning; vocabulary development; writing (optional) To encourage children to be attentive listeners. To help children internalize the importance of having rules and structure within a group. To help children evaluate the subtleties involved in following

rules. To allow children to participate in the process of creating rules and structure.

PATHS-Gr3, U4, L21 Best Friends IV/Associational thinking; cause-effect reasoning; vocabulary development; art (optional); writing (optional)

To introduce that emotions and behaviors can generalize to other situations. To demonstrate the reciprocal interaction of feelings, thoughts and behaviors. To help children anticipate an outcome. To discuss the relationship between emotions and self-control. To informally introduce the idea of problem solving. To help children see the difference between being passive versus being active in solving problems.

PATHS-Gr3, U4, L22 Best Friends V: Resolution and Making Up/Associational thinking; cause-effect reasoning; vocabulary development; writing

To demonstrate how a plan can be put into action (implementing a plan). To demonstrate the ownership of a problem. To introduce thinking of how to achieve certain end results. To provide initial practice in generating alternative solutions.

PATHS-Gr3, U5, L23 Manners: Why Are They Important?/Cause-effect reasoning; hierarchical thinking;

Important?/Cause-effect reasoning; hierarchical thinking; vocabulary development; writing (optional)

To encourage children to use good manners. To use hierarchical classification skills to understand how behaviors (manners) affect feelings. To explain how using good manners is in one's own best interest.

PATHS-Gr3, U5, L24 Playing by the Rules/Attentional and listening skills; cause-effect reasoning; role-playing and communication skills

To emphasize communication skills during peer interactions. To promote more effective conflict resolution. To help children take the perspective of others.

PATHS-Gr3, U5, L25 Avoiding Gossip/Attentional and listening skills; cause-effect reasoning; communication skills; consequential thinking; writing (optional)

To encourage positive social interaction skills. To further develop perspective-taking skills.

PATHS-Gr3, U5, L26 We Are All Unique/Attentional and listening skills; creative thinking; oral discussion; writing; social studies-character biography (optional)

To emphasize that everyone is different and that this makes everyone special. To have children identify individual differences in their classmates and families.

PATHS-Gr3, U5, L27 Respecting Others/Attentional and listening skills; cause-effect reasoning; oral discussion; writing (optional) To emphasize that everyone is different and not all differences are obvious. To have children identify individual differences in abilities.

PATHS-Gr3, U6, L28 Problem Identification I/Creative thinking; oral discussion; problem solving

To discuss how we know when there is a problem. To introduce things to think about when we identify a problem.

PATHS-Gr3, U7, L35 Generating Solutions II/Cause-effect reasoning; cooperative group activity; creative thinking; oral discussion; problem solving

To provide further practice in generating solutions.

PATHS-Gr3, U8, L38 Being Responsible/Cause-effect reasoning; cooperative group activity; oral discussion; problem solving; vocabulary development; writing

To encourage careful decision making. To encourage responsible behavior. To explore the issue of taking responsibility for your own behavior.

PATHS-Gr3, U8, L40 Social Responsibility: Project to Improve Our School/Cause-effect reasoning; cooperative group activity; oral discussion; problem solving; vocabulary development To increase children's awareness of social problems and how they can be solved. To demonstrate to children how they can help others and create positive change.

PATHS-Gr3, U9, L41 Reactions and Review/Brainstorming; communication skills: oral discussion

To encourage children to share memories of PATHS lessons. To help children think about the concepts of transitions and endings. To practice skills in being interviewed and recorded.

PATHS-Gr3, U9, L42 Planning a PATHS Party/Art; attentional and listening skills; problem solving; vocabulary development; story comprehension (optional); writing (optional)

To practice applying problem-solving skills to a realistic, fun problem.

PATHS-Gr3, Optional Lessons, L1 Feelings Review: Language Arts Activities/To review one or more emotions learned thus far. For students to have creative fun with feelings and language

PATHS-Gr3, Optional Lessons, L2 Feelings Review: Feeling Intensity I (Angry)/To discuss the concept of intensity of affect. To continue using hierarchical thinking for distinguishing feelings and behaviors. To introduce the concept of synonyms.

PATHS-Gr3, Optional Lessons, L3 Feelings Review: Feeling Intensity II (Afraid)/To further demonstrate the concept of intensity of affect.

PATHS-Gr3, Optional Lessons, L4 Feelings Review: Feeling Intensity III (Sad)/To further demonstrate the concept of intensity of affect.

PATHS-Gr3, Optional Lessons, L5 Feelings Review: Feelings and Your Brain/To provide an overview of the brain and how emotions and thinking work together. To help your students understand the importance of self-control for appropriate expression of emotions. To increase motivation for mastering selfcontrol.

PATHS-Gr3. Optional Lessons. L6 Common Classroom Problems: Nothing to Do (Lonely, Bored)/To practice problem solving, brainstorming and planning ahead. To help students handle rejection. To encourage cooperative play.

PATHS-Gr3. Optional Lessons. L7 Common Classroom Problems: Tattling I/To diminish the amount of tattling in your classroom. To distinguish between "tattling" and seeking help. To practice problem solving.

PATHS-Gr3, Optional Lessons, L8 Common Classroom Problems: Tattling II/To diminish the amount of tattling in your classroom. To help children understand the adverse effects of tattling. To practice problem solving.

PATHS-Gr3, Optional Lessons, L9 Common Classroom Problems: Doing Your Own Work/To focus on the problem of cheating by copying the work of others. To identify reasons for doing one's own work and not copying from others.

PATHS-Gr3, Optional Lessons, L10 Ideas for Post-Vacation Review: Post-Vacation Review I/To reorient your students to PATHS lessons and to being back in the classroom. To practice role-playing.

PATHS-Gr3, Optional Lessons, L11 Ideas for Post-Vacation Review: Post-Vacation Review II/To review the feelings covered in PATHS lessons. To review emotional literacy concepts previously taught. To reestablish classroom rapport and group cohesion.

PATHS-Gr3, Jump-Start Lessons, J-SL1 Formulating Classroom Rules/Attentional and listening skills; brainstorming; creative thinking; interviewing-communication skills; reading

comprehension

To introduce children to the PATHS curriculum. To help children see and learn the importance of having rules and structure within a group. To help children evaluate the subtleties of following rules. To orient children towards becoming attentive listeners. To allow children to participate in the process of creating rules and structure.

PATHS-Gr3, Jump-Start Lessons, J-SL2 PATHS Kid for Today: Complimenting/Cause-effect reasoning; communication skills; hierarchical thinking; modeling logical, systematic planning skills; vocabulary development

To develop group cohesion and improve classroom environment. To increase the children's self-esteem. To improve the children's personal sense of responsibility. To illustrate the concept of using structure and a systematic plan to achieve a fair and positive goal/outcome. To teach self-respect and respect for others.

PATHS-Gr3, Jump-Start Lessons, J-SL6 Mad or Angry I/Brainstorming; comparative thinking; hierarchical thinking; oral discussion; vocabulary development; art (optional); oral comprehension (optional); writing (optional)

To discuss the differences between feelings and behaviors. To review the idea that all feelings are OK to have. To introduce the idea that behaviors can be OK or NOT OK. To help children discuss personal examples from their own lives.

PATHS-Gr3, Jump-Start Lessons, J-SL10 Accident, On Purpose/Analytic thinking; attentional and listening skills; communication skills; writing (optional)

To discuss the role of intentionality in identifying problems and feelings.

SL.3.1c Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 3 topics and texts, building on others' ideas and expressing their own clearly. Ask questions to check

understanding of

information presented.

stay on topic, and link

their comments to the

remarks of others.

PATHS-Gr3, U1, L1 Formulating Classroom Rules/Attentional and listening skills; brainstorming; creative thinking; interviewing-communication skills; reading comprehension

To introduce children to the PATHS curriculum. To help children see and learn the importance of having rules and structure within a group. To help children evaluate the subtleties of following rules. To orient children towards becoming attentive listeners. To allow children to participate in the process of creating rules and structure.

PATHS-Gr3, U1, L2 PATHS Review/PATHS Kid

(Complimenting)/Cause-effect reasoning; communication skills; hierarchical thinking; modeling logical, systematic planning skills; vocabulary development

To review all the PATHS ideas that students use and remember. To improve children's personal sense of responsibility. To illustrate the concept of using structure and a systematic plan to achieve a fair and positive goal/outcome. To teach self-respect and respect for others.

PATHS-Gr3, U1, L3 Cooperative Learning Skills/Attentional and listening skills; communication skills; cooperative learning To emphasize communication skills in small group structures. To appreciate the need for specific roles within a small group structure.

PATHS-Gr3, U1, L4 The Golden Rule/Attentional and listening skills; cause-effect reasoning; communication skills; cooperative learning; writing (optional)

To review why rules are important. To adapt the rules to fit your classroom environment.

PATHS-Gr3, U1, L5 Listening to Others/Attentional and listening

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skills; communication skills; cooperative learning; writing (optional) To emphasize communication skills in small group structures. To help children take the perspective of others.

PATHS-Gr3, U2, L6 Self-Control I: Control Signals

Poster/Memory retrieval; oral discussion; vocabulary development; writing (optional)

To introduce a process for self-control.

PATHS-Gr3. U2. L7 Self-Control II: Solving Problems in **Groups**/Cooperative learning; oral discussion; problem solving; role-playing; self-monitoring

To continue practicing problem solving using the Control Signals

PATHS-Gr3, U2, L8 Self-Control III: Thinking Ahead/Attentional and listening skills; consequential thinking; oral discussion; problem solving; writing (optional)

To help children understand why self-control is important. To facilitate role-taking and perspective-taking skills from multiple points of view. To help children understand different motivations and intentions (why people do what they do). To informally introduce the idea of problem prevention. To help children learn to anticipate possible consequences.

PATHS-Gr3, U2, L9 Problem-Solving Meeting/Creative thinking; oral discussion; problem solving; role-playing and communication skills; social studies-character biography (optional)

To provide practice in problem solving in a group situation. To set up a format for solving problems in the classroom (problem-solving

PATHS-Gr3. U3. L10 Introduction to Feelings/Group discussion: vocabulary development; drama (optional); writing (optional) To reinforce the importance of emotions. To help children associate feelings and emotional expressions. To reinforce the idea that feelings can feel comfortable or uncomfortable. To reinforce the idea that we cannot feel, touch or smell our feelings.

PATHS-Gr3, U3, L11 Recognizing and Controlling

Anger/Creative thinking; hierarchical thinking; oral discussion; writing (optional)

To develop awareness of bodily and facial cues that indicate the feeling of anger in oneself and others. To explore different ways to gain self-control.

PATHS-Gr3, U3, L12 Calm or Relaxed, Tense/Oral discussion; self-monitoring; writing (optional)

To relate abstract feeling concepts to personal experiences. To introduce additional methods for calming down.

PATHS-Gr3, U3, L13 Guilty/Attentional and listening skills; deciphering visual cues; oral discussion; reasoning; writing (optional)

To informally introduce the concept of responsibility. To further emphasize the importance of self-evaluation.

PATHS-Gr3, U3, L14 Jealous/Associational thinking; oral discussion; story comprehension; writing (optional)

To illustrate that solving problems can change one's feelings. To encourage children to actively think about ways to change their feelings.

PATHS-Gr3, U3, L15 Feelings Dictionary/Cause-effect reasoning; comparative thinking; hierarchical thinking; oral discussion; writing (optional)

To facilitate and increase the use of emotion labels. To increase the understanding of emotion concepts. To provide a generalization technique for using emotion concepts throughout the classroom day during the entire school year.

PATHS-Gr3, U3, L17 Feelings Intensity/Cause-effect reasoning; oral discussion

To reintroduce the idea that not everyone feels the same way at the same time. To reintroduce the idea that you can have more than one feeling at the same time.

PATHS-Gr3, U4, L18 Best Friends I/Associational thinking; cause-effect reasoning; communication skills; vocabulary development; writing

To introduce the ideas of cooperation, role-taking and problem solving. To introduce critical thinking.

PATHS-Gr3, U4, L19 Best Friends II/Associational thinking; cause-effect reasoning; vocabulary development

To informally introduce the important role of emotions as mediators of our thoughts and behaviors. To demonstrate that our thoughts can affect how we feel. To illustrate how one's behavior can affect the feelings of another. To introduce the idea that feelings change. To introduce the concept of individual differences.

PATHS-Gr3, U4, L20 Best Friends III/Associational thinking; cause-effect reasoning; vocabulary development; writing (optional) To encourage children to be attentive listeners. To help children internalize the importance of having rules and structure within a group. To help children evaluate the subtleties involved in following rules. To allow children to participate in the process of creating rules and structure.

PATHS-Gr3, U4, L21 Best Friends IV/Associational thinking; cause-effect reasoning; vocabulary development; art (optional); writing (optional)

To introduce that emotions and behaviors can generalize to other situations. To demonstrate the reciprocal interaction of feelings, thoughts and behaviors. To help children anticipate an outcome. To discuss the relationship between emotions and self-control. To informally introduce the idea of problem solving. To help children see the difference between being passive versus being active in solving problems.

PATHS-Gr3, U4, L22 Best Friends V: Resolution and Making Up/Associational thinking; cause-effect reasoning; vocabulary development; writing

To demonstrate how a plan can be put into action (implementing a plan). To demonstrate the ownership of a problem. To introduce thinking of how to achieve certain end results. To provide initial practice in generating alternative solutions.

PATHS-Gr3, U5, L23 Manners: Why Are They Important?/Cause-effect reasoning; hierarchical thinking; vocabulary development; writing (optional)

To encourage children to use good manners. To use hierarchical classification skills to understand how behaviors (manners) affect feelings. To explain how using good manners is in one's own best interest.

PATHS-Gr3, U5, L24 Playing by the Rules/Attentional and listening skills; cause-effect reasoning; role-playing and communication skills

To emphasize communication skills during peer interactions. To promote more effective conflict resolution. To help children take the perspective of others.

PATHS-Gr3, U5, L25 Avoiding Gossip/Attentional and listening skills; cause-effect reasoning; communication skills; consequential thinking; writing (optional)

To encourage positive social interaction skills. To further develop perspective-taking skills.

PATHS-Gr3, U5, L26 We Are All Unique/Attentional and listening skills; creative thinking; oral discussion; writing; social studies-

character biography (optional)

To emphasize that everyone is different and that this makes everyone special. To have children identify individual differences in their classmates and families.

PATHS-Gr3, U5, L27 Respecting Others/Attentional and listening skills; cause-effect reasoning; oral discussion; writing (optional) To emphasize that everyone is different and not all differences are obvious. To have children identify individual differences in abilities.

PATHS-Gr3, U6, L28 Problem Identification I/Creative thinking; oral discussion; problem solving

To discuss how we know when there is a problem. To introduce things to think about when we identify a problem.

PATHS-Gr3, U6, L29 Problem Identification II; Confident, Confused/Cause-effect reasoning; creative thinking; oral discussion; problem solving

To discuss thinking skills and the role of schooling. To discuss issues in problem identification. To review reasons why problems can be confusing.

PATHS-Gr3, U6, L30 Problem Identification III: Why Things Happen/Cause-effect reasoning; creative thinking; oral discussion; problem solving; cooperative group activity (optional); writing (optional)

To further discuss issues in problem identification. To encourage improved observational skills. To explore the causes of events.

PATHS-Gr3, U6, L31 Goals/Art; cause-effect reasoning; creative thinking; oral discussion; problem solving; writing (optional) To encourage projecting ahead and thinking about the future.

PATHS-Gr3, U6, L32 Setting Positive Goals/Cause-effect reasoning; oral discussion; problem solving; cooperative group activity (optional); social studies-character biography (optional) To encourage thinking about the future and projecting ahead.

PATHS-Gr3, U6, L33 Reaching Our Goals: Completing Homework/Cause-effect reasoning; creative thinking; oral discussion; problem solving; writing

To discuss issues related to homework completion. To provide a model for considering obstacles and solutions in reaching a goal.

PATHS-Gr3, U7, L34 Generating Solutions I/Cause-effect reasoning; creative thinking; oral discussion; problem solving To introduce the process of generating alternative solutions. To encourage hierarchical classification of different types of solutions.

PATHS-Gr3, U7, L35 Generating Solutions II/Cause-effect reasoning; cooperative group activity; creative thinking; oral discussion; problem solving

To provide further practice in generating solutions.

PATHS-Gr3, U7, L36 Generating Solutions III: Thinking Takes Time/Cause-effect reasoning; creative thinking; oral discussion; problem solving; writing (optional)

To provide further practice in generating alternatives. To reinforce the idea of thoughtfulness.

PATHS-Gr3, U7, L37 Coping with Difficult Problems/Cause-effect reasoning; creative thinking; oral discussion; problem solving; cooperative group activity (optional); writing (optional) To discuss problems that are out of one's control. To encourage alternative coping mechanisms that help relieve feelings of stress.

PATHS-Gr3, U8, L38 Being Responsible/Cause-effect reasoning; cooperative group activity; oral discussion; problem solving; vocabulary development; writing

To encourage careful decision making. To encourage responsible behavior. To explore the issue of taking responsibility for your own behavior.

PATHS-Gr3, U8, L39 Creating Change: Biography of Malala Yousafzai/Cause-effect reasoning; oral discussion; social studies-character biography; vocabulary development; cooperative group activity (optional); writing (optional)

To provide a biographical example of a person who identifies an important problem and goes about creating change in a responsible manner.

PATHS-Gr3, U8, L40 Social Responsibility: Project to Improve Our School/Cause-effect reasoning; cooperative group activity; oral discussion; problem solving; vocabulary development To increase children's awareness of social problems and how they can be solved. To demonstrate to children how they can help others and create positive change.

PATHS-Gr3, U9, L42 Planning a PATHS Party/Art; attentional and listening skills; problem solving; vocabulary development; story comprehension (optional); writing (optional)

To practice applying problem-solving skills to a realistic, fun

To practice applying problem-solving skills to a realistic, fun problem.

PATHS-Gr3, Optional Lessons, L1 Feelings Review: Language Arts Activities/To review one or more emotions learned thus far. For students to have creative fun with feelings and language.

PATHS-Gr3, Optional Lessons, L2 Feelings Review: Feeling Intensity I (Angry)/To discuss the concept of intensity of affect. To continue using hierarchical thinking for distinguishing feelings and behaviors. To introduce the concept of synonyms.

PATHS-Gr3, Optional Lessons, L3 Feelings Review: Feeling Intensity II (Afraid)/To further demonstrate the concept of intensity of affect.

PATHS-Gr3, Optional Lessons, L4 Feelings Review: Feeling Intensity III (Sad)/To further demonstrate the concept of intensity of affect.

PATHS-Gr3, Optional Lessons, L5 Feelings Review: Feelings and Your Brain/To provide an overview of the brain and how emotions and thinking work together. To help your students understand the importance of self-control for appropriate expression of emotions. To increase motivation for mastering self-control.

PATHS-Gr3, Optional Lessons, L6 Common Classroom Problems: Nothing to Do (Lonely, Bored)/To practice problem solving, brainstorming and planning ahead. To help students handle rejection. To encourage cooperative play.

PATHS-Gr3, Optional Lessons, L7 Common Classroom Problems: Tattling I/To diminish the amount of tattling in your classroom. To distinguish between "tattling" and seeking help. To practice problem solving.

PATHS-Gr3, Optional Lessons, L8 Common Classroom Problems: Tattling II/To diminish the amount of tattling in your classroom. To help children understand the adverse effects of tattling. To practice problem solving.

PATHS-Gr3, Optional Lessons, L9 Common Classroom
Problems: Doing Your Own Work/To focus on the problem of
cheating by copying the work of others. To identify reasons for
doing one's own work and not copying from others.

PATHS-Gr3, Optional Lessons, L10 Ideas for Post-Vacation Review: Post-Vacation Review I/To reorient your students to PATHS lessons and to being back in the classroom. To practice role-playing.

PATHS-Gr3, Optional Lessons, L11 Ideas for Post-Vacation Review: Post-Vacation Review II/To review the feelings covered in PATHS lessons. To review emotional literacy concepts

previously taught. To reestablish classroom rapport and group cohesion.

PATHS-Gr3, Jump-Start Lessons, J-SL1 Formulating Classroom Rules/Attentional and listening skills; brainstorming; creative thinking; interviewing-communication skills; reading comprehension

To introduce children to the PATHS curriculum. To help children see and learn the importance of having rules and structure within a group. To help children evaluate the subtleties of following rules. To orient children towards becoming attentive listeners. To allow children to participate in the process of creating rules and structure.

PATHS-Gr3, Jump-Start Lessons, J-SL2 PATHS Kid for Today: Complimenting/Cause-effect reasoning; communication skills; hierarchical thinking; modeling logical, systematic planning skills; vocabulary development

To develop group cohesion and improve classroom environment. To increase the children's self-esteem. To improve the children's personal sense of responsibility. To illustrate the concept of using structure and a systematic plan to achieve a fair and positive goal/outcome. To teach self-respect and respect for others.

PATHS-Gr3, Jump-Start Lessons, J-SL3 Introduction to Feelings: Happy, Sad, Private/Brainstorming; memory retrieval; oral discussion; self-monitoring; writing (optional)

To introduce the lessons on emotions. To define emotions as things that happen on the inside, but can show on the outside. To introduce that there are many different feelings and that everyone has feelings.

PATHS-Gr3, Jump-Start Lessons, J-SL4 Fine, Excited, Tired/Consequential thinking; creative thinking; memory retrieval; oral discussion; role-playing (optional); writing (optional) To review the idea that we can show people how we feel inside by labeling our feelings on the outside. To review the idea that we can guess how people feel from facial expressions, body postures, tone of voice and other overt cues.

PATHS-Gr3, Jump-Start Lessons, J-SL5 Scared or Afraid, Safe/Brainstorming; comparative thinking; oral comprehension; self-monitoring; role-playing (optional); writing (optional) To discuss the idea that feelings can change. To explain that feelings frequently have opposites.

PATHS-Gr3, Jump-Start Lessons, J-SL6 Mad or Angry I/Brainstorming; comparative thinking; hierarchical thinking; oral discussion; vocabulary development; art (optional); oral comprehension (optional); writing (optional)

To discuss the differences between feelings and behaviors. To review the idea that all feelings are OK to have. To introduce the idea that behaviors can be OK or NOT OK. To help children discuss personal examples from their own lives.

PATHS-Gr3, Jump-Start Lessons, J-SL7 Calm or Relaxed, Worried/Brainstorming; comparative thinking; hierarchical thinking; oral discussion; self-monitoring; vocabulary development; writing (optional)

To relate feelings concepts to personal experiences. To introduce additional methods for calming down.

PATHS-Gr3, Jump-Start Lessons, J-SL8 Shy,

Lonely/Communication skills; problem solving; vocabulary development; oral comprehension (optional); role-playing (optional); writing (optional)

To discuss uncomfortable emotions related to social situations. To present the problem-solving paradigm for resolving these uncomfortable emotions.

PATHS-Gr3, Jump-Start Lessons, J-SL9 Surprised, Delighted, Disgusted/Attentional and listening skills; cause-effect reasoning; hierarchical thinking; memory retrieval; writing (optional)

To help children evaluate feelings based on situational cues. To help children take another's perspective and consider consequences.

PATHS-Gr3, Jump-Start Lessons, J-SL10 Accident, On Purpose/Analytic thinking; attentional and listening skills; communication skills; writing (optional)

To discuss the role of intentionality in identifying problems a

To discuss the role of intentionality in identifying problems and feelings.

PATHS-Gr3, Jump-Start Lessons, J-SL11 Disappointed, Hopeful/Cause-effect thinking; oral discussion; problem solving; writing (optional)

To introduce more complex emotions. To discuss the idea that we can change the way we feel.

SL.3.1d Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 3 topics and texts, building on others' ideas and expressing their own clearly. Explain their own ideas and understanding in light of

the discussion.

PATHS-Gr3, U1, L1 Formulating Classroom Rules/Attentional and listening skills; brainstorming; creative thinking; interviewing-communication skills; reading comprehension

To introduce children to the PATHS curriculum. To help children see and learn the importance of having rules and structure within a group. To help children evaluate the subtleties of following rules. To orient children towards becoming attentive listeners. To allow children to participate in the process of creating rules and structure.

PATHS-Gr3, U1, L2 PATHS Review/PATHS Kid

(Complimenting)/Cause-effect reasoning; communication skills; hierarchical thinking; modeling logical, systematic planning skills; vocabulary development

To review all the PATHS ideas that students use and remember. To improve children's personal sense of responsibility. To illustrate the concept of using structure and a systematic plan to achieve a fair and positive goal/outcome. To teach self-respect and respect for others.

PATHS-Gr3, U1, L3 Cooperative Learning Skills/Attentional and listening skills; communication skills; cooperative learning To emphasize communication skills in small group structures. To appreciate the need for specific roles within a small group structure.

PATHS-Gr3, U1, L4 The Golden Rule/Attentional and listening skills; cause-effect reasoning; communication skills; cooperative learning; writing (optional)

To review why rules are important. To adapt the rules to fit your classroom environment.

PATHS-Gr3, U1, L5 Listening to Others/Attentional and listening skills; communication skills; cooperative learning; writing (optional) To emphasize communication skills in small group structures. To help children take the perspective of others.

PATHS-Gr3, U2, L6 Self-Control I: Control Signals

Poster/Memory retrieval; oral discussion; vocabulary development; writing (optional)

To introduce a process for self-control.

PATHS-Gr3, U2, L7 Self-Control II: Solving Problems in Groups/Cooperative learning; oral discussion; problem solving; role-playing; self-monitoring

To continue practicing problem solving using the Control Signals Poster.

PATHS-Gr3, U2, L8 Self-Control III: Thinking Ahead/Attentional and listening skills; consequential thinking; oral discussion; problem solving; writing (optional)
To help children understand why self-control is important. To

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facilitate role-taking and perspective-taking skills from multiple points of view. To help children understand different motivations and intentions (why people do what they do). To informally introduce the idea of problem prevention. To help children learn to anticipate possible consequences.

PATHS-Gr3, U2, L9 Problem-Solving Meeting/Creative thinking; oral discussion; problem solving; role-playing and communication skills; social studies-character biography (optional)

To provide practice in problem solving in a group situation. To set up a format for solving problems in the classroom (problem-solving meetings).

PATHS-Gr3, U3, L10 Introduction to Feelings/Group discussion; vocabulary development; drama (optional); writing (optional) To reinforce the importance of emotions. To help children associate feelings and emotional expressions. To reinforce the idea that feelings can feel comfortable or uncomfortable. To reinforce the idea that we cannot feel, touch or smell our feelings.

PATHS-Gr3, U3, L11 Recognizing and Controlling Anger/Creative thinking; hierarchical thinking; oral discussion; writing (optional)

To develop awareness of bodily and facial cues that indicate the feeling of anger in oneself and others. To explore different ways to gain self-control.

PATHS-Gr3, U3, L12 Calm or Relaxed, Tense/Oral discussion; self-monitoring; writing (optional)

To relate abstract feeling concepts to personal experiences. To introduce additional methods for calming down.

PATHS-Gr3, U3, L13 Guilty/Attentional and listening skills; deciphering visual cues; oral discussion; reasoning; writing (optional)

To informally introduce the concept of responsibility. To further emphasize the importance of self-evaluation.

PATHS-Gr3, U3, L14 Jealous/Associational thinking; oral discussion; story comprehension; writing (optional)

To illustrate that solving problems can change one's feelings. To encourage children to actively think about ways to change their feelings.

PATHS-Gr3, U3, L17 Feelings Intensity/Cause-effect reasoning; oral discussion

To reintroduce the idea that not everyone feels the same way at the same time. To reintroduce the idea that you can have more than one feeling at the same time.

PATHS-Gr3, U4, L18 Best Friends I/Associational thinking; cause-effect reasoning; communication skills; vocabulary development; writing

To introduce the ideas of cooperation, role-taking and problem solving. To introduce critical thinking.

PATHS-Gr3, U4, L19 Best Friends II/Associational thinking; cause-effect reasoning; vocabulary development

To informally introduce the important role of emotions as mediators of our thoughts and behaviors. To demonstrate that our thoughts can affect how we feel. To illustrate how one's behavior can affect the feelings of another. To introduce the idea that feelings change. To introduce the concept of individual differences.

PATHS-Gr3, U4, L20 Best Friends III/Associational thinking; cause-effect reasoning; vocabulary development; writing (optional) To encourage children to be attentive listeners. To help children internalize the importance of having rules and structure within a group. To help children evaluate the subtleties involved in following rules. To allow children to participate in the process of creating rules and structure.

PATHS-Gr3, U4, L21 Best Friends IV/Associational thinking; cause-effect reasoning; vocabulary development; art (optional); writing (optional)

To introduce that emotions and behaviors can generalize to other situations. To demonstrate the reciprocal interaction of feelings, thoughts and behaviors. To help children anticipate an outcome. To discuss the relationship between emotions and self-control. To informally introduce the idea of problem solving. To help children see the difference between being passive versus being active in solving problems.

PATHS-Gr3, U4, L22 Best Friends V: Resolution and Making Up/Associational thinking; cause-effect reasoning; vocabulary development; writing

To demonstrate how a plan can be put into action (implementing a plan). To demonstrate the ownership of a problem. To introduce thinking of how to achieve certain end results. To provide initial practice in generating alternative solutions.

PATHS-Gr3, U5, L23 Manners: Why Are They Important?/Cause-effect reasoning; hierarchical thinking; vocabulary development; writing (optional)

To encourage children to use good manners. To use hierarchical classification skills to understand how behaviors (manners) affect feelings. To explain how using good manners is in one's own best interest.

PATHS-Gr3, U5, L24 Playing by the Rules/Attentional and listening skills; cause-effect reasoning; role-playing and communication skills

To emphasize communication skills during peer interactions. To promote more effective conflict resolution. To help children take the perspective of others.

PATHS-Gr3, U5, L25 Avoiding Gossip/Attentional and listening skills; cause-effect reasoning; communication skills; consequential thinking; writing (optional)

To encourage positive social interaction skills. To further develop perspective-taking skills.

PATHS-Gr3, U5, L26 We Are All Unique/Attentional and listening skills; creative thinking; oral discussion; writing; social studies-character biography (optional)

To emphasize that everyone is different and that this makes everyone special. To have children identify individual differences in their classmates and families.

PATHS-Gr3, U5, L27 Respecting Others/Attentional and listening skills; cause-effect reasoning; oral discussion; writing (optional) To emphasize that everyone is different and not all differences are obvious. To have children identify individual differences in abilities.

PATHS-Gr3, U6, L28 Problem Identification I/Creative thinking; oral discussion; problem solving

To discuss how we know when there is a problem. To introduce things to think about when we identify a problem.

PATHS-Gr3, U6, L29 Problem Identification II; Confident, Confused/Cause-effect reasoning; creative thinking; oral discussion; problem solving

To discuss thinking skills and the role of schooling. To discuss issues in problem identification. To review reasons why problems can be confusing.

PATHS-Gr3, U6, L30 Problem Identification III: Why Things Happen/Cause-effect reasoning; creative thinking; oral discussion; problem solving; cooperative group activity (optional); writing (optional)

To further discuss issues in problem identification. To encourage improved observational skills. To explore the causes of events.

PATHS-Gr3, U6, L31 Goals/Art; cause-effect reasoning; creative thinking; oral discussion; problem solving; writing (optional) To encourage projecting ahead and thinking about the future.

PATHS-Gr3, U6, L32 Setting Positive Goals/Cause-effect reasoning; oral discussion; problem solving; cooperative group activity (optional); social studies-character biography (optional) To encourage thinking about the future and projecting ahead.

PATHS-Gr3, U6, L33 Reaching Our Goals: Completing Homework/Cause-effect reasoning; creative thinking; oral discussion; problem solving; writing

To discuss issues related to homework completion. To provide a model for considering obstacles and solutions in reaching a goal.

PATHS-Gr3, U7, L34 Generating Solutions I/Cause-effect reasoning; creative thinking; oral discussion; problem solving To introduce the process of generating alternative solutions. To encourage hierarchical classification of different types of solutions.

PATHS-Gr3, U7, L35 Generating Solutions II/Cause-effect reasoning; cooperative group activity; creative thinking; oral discussion; problem solving

To provide further practice in generating solutions.

PATHS-Gr3, U7, L36 Generating Solutions III: Thinking Takes Time/Cause-effect reasoning; creative thinking; oral discussion; problem solving; writing (optional)

To provide further practice in generating alternatives. To reinforce the idea of thoughtfulness.

PATHS-Gr3, U7, L37 Coping with Difficult Problems/Cause-effect reasoning; creative thinking; oral discussion; problem solving; cooperative group activity (optional); writing (optional) To discuss problems that are out of one's control. To encourage alternative coping mechanisms that help relieve feelings of stress.

PATHS-Gr3, U8, L38 Being Responsible/Cause-effect reasoning; cooperative group activity; oral discussion; problem solving; vocabulary development; writing

To encourage careful decision making. To encourage responsible behavior. To explore the issue of taking responsibility for your own behavior.

PATHS-Gr3, U8, L39 Creating Change: Biography of Malala Yousafzai/Cause-effect reasoning; oral discussion; social studies-character biography; vocabulary development; cooperative group activity (optional); writing (optional)

To provide a biographical example of a person who identifies an important problem and goes about creating change in a responsible manner.

PATHS-Gr3, U8, L40 Social Responsibility: Project to Improve Our School/Cause-effect reasoning; cooperative group activity; oral discussion; problem solving; vocabulary development To increase children's awareness of social problems and how they can be solved. To demonstrate to children how they can help others and create positive change.

PATHS-Gr3, U9, L42 Planning a PATHS Party/Art; attentional and listening skills; problem solving; vocabulary development; story comprehension (optional); writing (optional)

To practice applying problem-solving skills to a realistic, fun problem.

PATHS-Gr3, Optional Lessons, L1 Feelings Review: Language Arts Activities/To review one or more emotions learned thus far. For students to have creative fun with feelings and language.

PATHS-Gr3, Optional Lessons, L2 Feelings Review: Feeling Intensity I (Angry)/To discuss the concept of intensity of affect. To continue using hierarchical thinking for distinguishing feelings and

behaviors. To introduce the concept of synonyms.

PATHS-Gr3, Optional Lessons, L3 Feelings Review: Feeling Intensity II (Afraid)/To further demonstrate the concept of intensity of affect.

PATHS-Gr3, Optional Lessons, L4 Feelings Review: Feeling Intensity III (Sad)/To further demonstrate the concept of intensity

PATHS-Gr3, Optional Lessons, L5 Feelings Review: Feelings and Your Brain/To provide an overview of the brain and how emotions and thinking work together. To help your students understand the importance of self-control for appropriate expression of emotions. To increase motivation for mastering self-

PATHS-Gr3. Optional Lessons, L6 Common Classroom Problems: Nothing to Do (Lonely, Bored)/To practice problem solving, brainstorming and planning ahead. To help students handle rejection. To encourage cooperative play.

PATHS-Gr3. Optional Lessons. L7 Common Classroom **Problems: Tattling I/**To diminish the amount of tattling in your classroom. To distinguish between "tattling" and seeking help. To practice problem solving.

PATHS-Gr3, Optional Lessons, L8 Common Classroom **Problems: Tattling II**/To diminish the amount of tattling in your classroom. To help children understand the adverse effects of tattling. To practice problem solving.

PATHS-Gr3, Optional Lessons, L9 Common Classroom Problems: Doing Your Own Work/To focus on the problem of cheating by copying the work of others. To identify reasons for doing one's own work and not copying from others.

PATHS-Gr3, Optional Lessons, L10 Ideas for Post-Vacation Review: Post-Vacation Review I/To reorient your students to PATHS lessons and to being back in the classroom. To practice role-playing.

PATHS-Gr3, Optional Lessons, L11 Ideas for Post-Vacation Review: Post-Vacation Review II/To review the feelings covered in PATHS lessons. To review emotional literacy concepts previously taught. To reestablish classroom rapport and group cohesion.

PATHS-Gr3, Jump-Start Lessons, J-SL1 Formulating **Classroom Rules**/Attentional and listening skills: brainstorming: creative thinking; interviewing-communication skills; reading comprehension

To introduce children to the PATHS curriculum. To help children see and learn the importance of having rules and structure within a group. To help children evaluate the subtleties of following rules. To orient children towards becoming attentive listeners. To allow children to participate in the process of creating rules and structure.

PATHS-Gr3, Jump-Start Lessons, J-SL2 PATHS Kid for Today: Complimenting/Cause-effect reasoning; communication skills; hierarchical thinking; modeling logical, systematic planning skills; vocabulary development

To develop group cohesion and improve classroom environment. To increase the children's self-esteem. To improve the children's personal sense of responsibility. To illustrate the concept of using structure and a systematic plan to achieve a fair and positive goal/outcome. To teach self-respect and respect for others.

PATHS-Gr3, Jump-Start Lessons, J-SL3 Introduction to Feelings: Happy. Sad. Private/Brainstorming: memory retrieval: oral discussion; self-monitoring; writing (optional)

To introduce the lessons on emotions. To define emotions a things that happen on the inside, but can show on the outsid introduce that there are many different feelings and that ever has feelings.	e. To
has feelings.	
PATHS-Gr3, Jump-Start Lessons, J-SL4 Fine, Excited,	
Tired/Consequential thinking; creative thinking; memory retr	ieval;
oral discussion; role-playing (optional); writing (optional)	
To review the idea that we can show people how we feel ins	ide by
labeling our feelings on the outside. To review the idea that	we can
guess how people feel from facial expressions, body posture	
tone of voice and other overt cues.	,
PATHS-Gr3, Jump-Start Lessons, J-SL5 Scared or Afraid	d.
Safe/Brainstorming; comparative thinking; oral comprehensi	
self-monitoring; role-playing (optional); writing (optional)	011,
To discuss the idea that feelings can change. To explain that	ŧ
feelings frequently have opposites.	L
PATHS-Gr3, Jump-Start Lessons, J-SL6 Mad or Angry	
	1
I/Brainstorming; comparative thinking; hierarchical thinking; discussions was a hydrony days large arts art (actions!)), and	Jiai
discussion; vocabulary development; art (optional); oral	
comprehension (optional); writing (optional)	_
To discuss the differences between feelings and behaviors.	
review the idea that all feelings are OK to have. To introduce	the
idea that behaviors can be OK or NOT OK. To help children	
discuss personal examples from their own lives.	
PATHS-Gr3, Jump-Start Lessons, J-SL7 Calm or Relaxed	
Worried/Brainstorming; comparative thinking; hierarchical th	inking;
oral discussion; self-monitoring; vocabulary development; w	riting
(optional)	•
To relate feelings concepts to personal experiences. To intro	duce
additional methods for calming down.	
PATHS-Gr3, Jump-Start Lessons, J-SL8 Shy,	
Lonely/Communication skills; problem solving; vocabulary	
development; oral comprehension (optional); role-playing	
(optional); writing (optional)	
To discuss uncomfortable emotions related to social situation	ns To
present the problem-solving paradigm for resolving these	10. 10
uncomfortable emotions.	
PATHS-Gr3, Jump-Start Lessons, J-SL9 Surprised, Delig	htod
Disgusted/Attentional and listening skills; cause-effect reasons	
hierarchical thinking; memory retrieval; writing (optional)	Jillily,
	То
To help children evaluate feelings based on situational cues	. 10
help children take another's perspective and consider	
consequences.	
PATHS-Gr3, Jump-Start Lessons, J-SL10 Accident, On	
Purpose/Analytic thinking; attentional and listening skills;	
communication skills; writing (optional)	
To discuss the role of intentionality in identifying problems at	nd
feelings.	
PATHS-Gr3, Jump-Start Lessons, J-SL11 Disappointed,	
Hopeful/Cause-effect thinking; oral discussion; problem solv	ving;
writing (optional)	-
To introduce more complex emotions. To discuss the idea th	at we
can change the way we feel.	
SL.3.3 Ask and answer PATHS-Gr3, U1, L2 PATHS Review/PATHS Kid	-
questions about (Complimenting)/Cause-effect reasoning; communication s	kills;
information from a hierarchical thinking; modeling logical, systematic planning s	
speaker, offering vocabulary development	- 1
appropriate elaboration To review all the PATHS ideas that students use and remem	ber.
and detail. To improve children's personal sense of responsibility. To illu	
the concept of using structure and a systematic plan to achie	
THE CONCEDION DAMAGE AND A SYSTEMATIC DISTRICTURE	
fair and positive goal/outcome. To teach self-respect and res	eve a

for others.

PATHS-Gr3, U1, L3 Cooperative Learning Skills/Attentional and listening skills; communication skills; cooperative learning To emphasize communication skills in small group structures. To appreciate the need for specific roles within a small group structure.

PATHS-Gr3. U1. L4 The Golden Rule/Attentional and listening skills; cause-effect reasoning; communication skills; cooperative learning; writing (optional)

To review why rules are important. To adapt the rules to fit your classroom environment.

PATHS-Gr3, U1, L5 Listening to Others/Attentional and listening skills; communication skills; cooperative learning; writing (optional) To emphasize communication skills in small group structures. To help children take the perspective of others.

PATHS-Gr3, U2, L6 Self-Control I: Control Signals **Poster**/Memory retrieval; oral discussion; vocabulary development; writing (optional)

To introduce a process for self-control.

PATHS-Gr3, U2, L7 Self-Control II: Solving Problems in Groups/Cooperative learning; oral discussion; problem solving; role-playing; self-monitoring

To continue practicing problem solving using the Control Signals Poster.

PATHS-Gr3, U2, L8 Self-Control III: Thinking Ahead/Attentional and listening skills; consequential thinking; oral discussion; problem solving; writing (optional)

To help children understand why self-control is important. To facilitate role-taking and perspective-taking skills from multiple points of view. To help children understand different motivations and intentions (why people do what they do). To informally introduce the idea of problem prevention. To help children learn to anticipate possible consequences.

PATHS-Gr3, U2, L9 Problem-Solving Meeting/Creative thinking; oral discussion: problem solving: role-playing and communication skills; social studies-character biography (optional)

To provide practice in problem solving in a group situation. To set up a format for solving problems in the classroom (problem-solving meetings)

PATHS-Gr3, U3, L10 Introduction to Feelings/Group discussion; vocabulary development; drama (optional); writing (optional) To reinforce the importance of emotions. To help children associate feelings and emotional expressions. To reinforce the idea that feelings can feel comfortable or uncomfortable. To reinforce the idea that we cannot feel, touch or smell our feelings.

PATHS-Gr3, U3, L11 Recognizing and Controlling Anger/Creative thinking; hierarchical thinking; oral discussion; writing (optional)

To develop awareness of bodily and facial cues that indicate the feeling of anger in oneself and others. To explore different ways to gain self-control.

PATHS-Gr3, U3, L12 Calm or Relaxed, Tense/Oral discussion; self-monitoring; writing (optional)

To relate abstract feeling concepts to personal experiences. To introduce additional methods for calming down.

PATHS-Gr3, U3, L13 Guilty/Attentional and listening skills; deciphering visual cues: oral discussion; reasoning; writing (optional)

To informally introduce the concept of responsibility. To further emphasize the importance of self-evaluation.

PATHS-Gr3, U3, L14 Jealous/Associational thinking; oral discussion; story comprehension; writing (optional)

To illustrate that solving problems can change one's feelings. To encourage children to actively think about ways to change their feelings.

PATHS-Gr3, U3, L15 Feelings Dictionary/Cause-effect reasoning; comparative thinking; hierarchical thinking; oral discussion; writing (optional)

To facilitate and increase the use of emotion labels. To increase the understanding of emotion concepts. To provide a generalization technique for using emotion concepts throughout the classroom day during the entire school year.

PATHS-Gr3, U3, L17 Feelings Intensity/Cause-effect reasoning; oral discussion

To reintroduce the idea that not everyone feels the same way at the same time. To reintroduce the idea that you can have more than one feeling at the same time.

PATHS-Gr3, U4, L18 Best Friends I/Associational thinking; cause-effect reasoning; communication skills; vocabulary development; writing

To introduce the ideas of cooperation, role-taking and problem solving. To introduce critical thinking.

PATHS-Gr3, U4, L19 Best Friends II/Associational thinking; cause-effect reasoning; vocabulary development

To informally introduce the important role of emotions as mediators of our thoughts and behaviors. To demonstrate that our thoughts can affect how we feel. To illustrate how one's behavior can affect the feelings of another. To introduce the idea that feelings change. To introduce the concept of individual differences.

PATHS-Gr3, U4, L20 Best Friends III/Associational thinking; cause-effect reasoning; vocabulary development; writing (optional) To encourage children to be attentive listeners. To help children internalize the importance of having rules and structure within a group. To help children evaluate the subtleties involved in following rules. To allow children to participate in the process of creating rules and structure.

PATHS-Gr3, U4, L21 Best Friends IV/Associational thinking; cause-effect reasoning; vocabulary development; art (optional); writing (optional)

To introduce that emotions and behaviors can generalize to other situations. To demonstrate the reciprocal interaction of feelings, thoughts and behaviors. To help children anticipate an outcome. To discuss the relationship between emotions and self-control. To informally introduce the idea of problem solving. To help children see the difference between being passive versus being active in solving problems.

PATHS-Gr3, U4, L22 Best Friends V: Resolution and Making Up/Associational thinking; cause-effect reasoning; vocabulary development; writing

To demonstrate how a plan can be put into action (implementing a plan). To demonstrate the ownership of a problem. To introduce thinking of how to achieve certain end results. To provide initial practice in generating alternative solutions.

PATHS-Gr3, U5, L23 Manners: Why Are They Important?/Cause-effect reasoning; hierarchical thinking; vocabulary development; writing (optional)

To encourage children to use good manners. To use hierarchical classification skills to understand how behaviors (manners) affect feelings. To explain how using good manners is in one's own best interest.

PATHS-Gr3, U5, L24 Playing by the Rules/Attentional and

listening skills; cause-effect reasoning; role-playing and communication skills

To emphasize communication skills during peer interactions. To promote more effective conflict resolution. To help children take the perspective of others.

PATHS-Gr3, U5, L25 Avoiding Gossip/Attentional and listening skills; cause-effect reasoning; communication skills; consequential thinking; writing (optional)

To encourage positive social interaction skills. To further develop perspective-taking skills.

PATHS-Gr3, U5, L26 We Are All Unique/Attentional and listening skills; creative thinking; oral discussion; writing; social studies-character biography (optional)

To emphasize that everyone is different and that this makes everyone special. To have children identify individual differences in their classmates and families.

PATHS-Gr3, U5, L27 Respecting Others/Attentional and listening skills; cause-effect reasoning; oral discussion; writing (optional) To emphasize that everyone is different and not all differences are obvious. To have children identify individual differences in abilities.

PATHS-Gr3, U6, L28 Problem Identification I/Creative thinking; oral discussion; problem solving

To discuss how we know when there is a problem. To introduce things to think about when we identify a problem.

PATHS-Gr3, U6, L29 Problem Identification II; Confident, Confused/Cause-effect reasoning; creative thinking; oral discussion; problem solving

To discuss thinking skills and the role of schooling. To discuss issues in problem identification. To review reasons why problems can be confusing.

PATHS-Gr3, U6, L30 Problem Identification III: Why Things Happen/Cause-effect reasoning; creative thinking; oral discussion; problem solving; cooperative group activity (optional); writing (optional)

To further discuss issues in problem identification. To encourage improved observational skills. To explore the causes of events.

PATHS-Gr3, **U6**, **L31 Goals**/Art; cause-effect reasoning; creative thinking; oral discussion; problem solving; writing (optional) To encourage projecting ahead and thinking about the future.

PATHS-Gr3, U6, L32 Setting Positive Goals/Cause-effect reasoning; oral discussion; problem solving; cooperative group activity (optional); social studies-character biography (optional) To encourage thinking about the future and projecting ahead.

PATHS-Gr3, U6, L33 Reaching Our Goals: Completing Homework/Cause-effect reasoning; creative thinking; oral discussion; problem solving; writing

To discuss issues related to homework completion. To provide a model for considering obstacles and solutions in reaching a goal.

PATHS-Gr3, U7, L34 Generating Solutions I/Cause-effect reasoning; creative thinking; oral discussion; problem solving To introduce the process of generating alternative solutions. To encourage hierarchical classification of different types of solutions.

PATHS-Gr3, U7, L35 Generating Solutions II/Cause-effect reasoning; cooperative group activity; creative thinking; oral discussion; problem solving

To provide further practice in generating solutions.

PATHS-Gr3, U7, L36 Generating Solutions III: Thinking Takes Time/Cause-effect reasoning; creative thinking; oral discussion; problem solving; writing (optional)

To provide further practice in generating alternatives. To reinforce

the idea of thoughtfulness.

PATHS-Gr3, U7, L37 Coping with Difficult Problems/Causeeffect reasoning; creative thinking; oral discussion; problem solving; cooperative group activity (optional); writing (optional) To discuss problems that are out of one's control. To encourage alternative coping mechanisms that help relieve feelings of stress.

PATHS-Gr3, U8, L38 Being Responsible/Cause-effect reasoning; cooperative group activity: oral discussion; problem solving: vocabulary development; writing

To encourage careful decision making. To encourage responsible behavior. To explore the issue of taking responsibility for your own

PATHS-Gr3, U8, L39 Creating Change: Biography of Malala Yousafzai/Cause-effect reasoning; oral discussion; social studiescharacter biography; vocabulary development; cooperative group activity (optional); writing (optional)

To provide a biographical example of a person who identifies an important problem and goes about creating change in a responsible manner.

PATHS-Gr3, U8, L40 Social Responsibility: Project to Improve Our School/Cause-effect reasoning; cooperative group activity; oral discussion; problem solving; vocabulary development To increase children's awareness of social problems and how they can be solved. To demonstrate to children how they can help others and create positive change.

PATHS-Gr3, U9, L41 Reactions and Review/Brainstorming; communication skills: oral discussion

To encourage children to share memories of PATHS lessons. To help children think about the concepts of transitions and endings. To practice skills in being interviewed and recorded.

PATHS-Gr3, U9, L42 Planning a PATHS Party/Art; attentional and listening skills; problem solving; vocabulary development; story comprehension (optional); writing (optional)

To practice applying problem-solving skills to a realistic, fun problem.

PATHS-Gr3, Optional Lessons, L1 Feelings Review: Language Arts Activities/To review one or more emotions learned thus far. For students to have creative fun with feelings and language.

PATHS-Gr3, Optional Lessons, L2 Feelings Review: Feeling Intensity I (Angry)/To discuss the concept of intensity of affect. To continue using hierarchical thinking for distinguishing feelings and behaviors. To introduce the concept of synonyms.

PATHS-Gr3, Optional Lessons, L3 Feelings Review: Feeling Intensity II (Afraid)/To further demonstrate the concept of intensity of affect.

PATHS-Gr3, Optional Lessons, L4 Feelings Review: Feeling Intensity III (Sad)/To further demonstrate the concept of intensity of affect.

PATHS-Gr3, Optional Lessons, L5 Feelings Review: Feelings and Your Brain/To provide an overview of the brain and how emotions and thinking work together. To help your students understand the importance of self-control for appropriate expression of emotions. To increase motivation for mastering selfcontrol

PATHS-Gr3, Optional Lessons, L6 Common Classroom Problems: Nothing to Do (Lonely, Bored)/To practice problem solving, brainstorming and planning ahead. To help students handle rejection. To encourage cooperative play.

PATHS-Gr3. Optional Lessons, L7 Common Classroom Problems: Tattling I/To diminish the amount of tattling in your classroom. To distinguish between "tattling" and seeking help. To practice problem solving.

PATHS-Gr3, Optional Lessons, L8 Common Classroom
Problems: Tattling II/To diminish the amount of tattling in your
classroom. To help children understand the adverse effects of
tattling. To practice problem solving.

PATHS-Gr3, Optional Lessons, L9 Common Classroom
Problems: Doing Your Own Work/To focus on the problem of
cheating by copying the work of others. To identify reasons for
doing one's own work and not copying from others.

PATHS-Gr3, Optional Lessons, L10 Ideas for Post-Vacation Review: Post-Vacation Review I/To reorient your students to PATHS lessons and to being back in the classroom. To practice role-playing.

PATHS-Gr3, Optional Lessons, L11 Ideas for Post-Vacation Review: Post-Vacation Review II/To review the feelings covered in PATHS lessons. To review emotional literacy concepts previously taught. To reestablish classroom rapport and group cohesion.

PATHS-Gr3, Jump-Start Lessons, J-SL2 PATHS Kid for Today: Complimenting/Cause-effect reasoning; communication skills; hierarchical thinking; modeling logical, systematic planning skills; vocabulary development

To develop group cohesion and improve classroom environment. To increase the children's self-esteem. To improve the children's personal sense of responsibility. To illustrate the concept of using structure and a systematic plan to achieve a fair and positive goal/outcome. To teach self-respect and respect for others.

PATHS-Gr3, Jump-Start Lessons, J-SL3 Introduction to Feelings: Happy, Sad, Private/Brainstorming; memory retrieval; oral discussion; self-monitoring; writing (optional)

To introduce the lessons on emotions. To define emotions as things that happen on the inside, but can show on the outside. To introduce that there are many different feelings and that everyone has feelings.

PATHS-Gr3, Jump-Start Lessons, J-SL4 Fine, Excited,

Tired/Consequential thinking; creative thinking; memory retrieval; oral discussion; role-playing (optional); writing (optional) To review the idea that we can show people how we feel inside by

lo review the idea that we can show people how we feel inside by labeling our feelings on the outside. To review the idea that we can guess how people feel from facial expressions, body postures, tone of voice and other overt cues.

PATHS-Gr3, Jump-Start Lessons, J-SL5 Scared or Afraid, Safe/Brainstorming; comparative thinking; oral comprehension; self-monitoring; role-playing (optional); writing (optional) To discuss the idea that feelings can change. To explain that feelings frequently have opposites.

PATHS-Gr3, Jump-Start Lessons, J-SL6 Mad or Angry

I/Brainstorming; comparative thinking; hierarchical thinking; oral discussion; vocabulary development; art (optional); oral comprehension (optional); writing (optional)

To discuss the differences between feelings and behaviors. To review the idea that all feelings are OK to have. To introduce the idea that behaviors can be OK or NOT OK. To help children discuss personal examples from their own lives.

PATHS-Gr3, Jump-Start Lessons, J-SL7 Calm or Relaxed, Worried/Brainstorming; comparative thinking; hierarchical thinking; oral discussion; self-monitoring; vocabulary development; writing (optional)

To relate feelings concepts to personal experiences. To introduce additional methods for calming down.

PATHS-Gr3, Jump-Start Lessons, J-SL8 Shy,

Lonely/Communication skills; problem solving; vocabulary development; oral comprehension (optional); role-playing (optional); writing (optional)

To discuss uncomfortable emotions related to social situations. To present the problem-solving paradigm for resolving these uncomfortable emotions.

PATHS-Gr3, Jump-Start Lessons, J-SL9 Surprised, Delighted, Disgusted/Attentional and listening skills; cause-effect reasoning; hierarchical thinking; memory retrieval; writing (optional)
To help children evaluate feelings based on situational cues. To help children take another's perspective and consider consequences.

PATHS-Gr3, Jump-Start Lessons, J-SL10 Accident, On Purpose/Analytic thinking; attentional and listening skills; communication skills; writing (optional)

To discuss the role of intentionality in identifying problems and feelings.

PATHS-Gr3, Jump-Start Lessons, J-SL11 Disappointed, Hopeful/Cause-effect thinking; oral discussion; problem solving; writing (optional)

To introduce more complex emotions. To discuss the idea that we can change the way we feel.

Speaking and Listening:

Presentation of Knowledge and Ideas

SL.3.4

Report on a topic or text, tell a story, or recount an experience with appropriate facts and relevant, descriptive details, speaking clearly at an understandable pace.

PATHS-Gr3, U1, L2 PATHS Review/PATHS Kid

(Complimenting)/Cause-effect reasoning; communication skills; hierarchical thinking; modeling logical, systematic planning skills; vocabulary development

To review all the PATHS ideas that students use and remember. To improve children's personal sense of responsibility. To illustrate the concept of using structure and a systematic plan to achieve a fair and positive goal/outcome. To teach self-respect and respect for others.

PATHS-Gr3, U1, L3 Cooperative Learning Skills/Attentional and listening skills; communication skills; cooperative learning To emphasize communication skills in small group structures. To appreciate the need for specific roles within a small group structure.

PATHS-Gr3, U1, L4 The Golden Rule/Attentional and listening skills; cause-effect reasoning; communication skills; cooperative learning; writing (optional)

To review why rules are important. To adapt the rules to fit your classroom environment.

PATHS-Gr3, U1, L5 Listening to Others/Attentional and listening skills; communication skills; cooperative learning; writing (optional) To emphasize communication skills in small group structures. To help children take the perspective of others.

PATHS-Gr3, U2, L6 Self-Control I: Control Signals

Poster/Memory retrieval; oral discussion; vocabulary development; writing (optional)

To introduce a process for self-control.

PATHS-Gr3, U2, L7 Self-Control II: Solving Problems in

Groups/Cooperative learning; oral discussion; problem solving; role-playing; self-monitoring

To continue practicing problem solving using the Control Signals Poster.

PATHS-Gr3, U2, L8 Self-Control III: Thinking Ahead/Attentional and listening skills; consequential thinking; oral discussion; problem solving; writing (optional)

To help children understand why self-control is important. To facilitate role-taking and perspective-taking skills from multiple points of view. To help children understand different motivations and intentions (why people do what they do). To informally introduce the idea of problem prevention. To help children learn to anticipate possible consequences.

PATHS-Gr3, U2, L9 Problem-Solving Meeting/Creative thinking; oral discussion; problem solving; role-playing and communication skills; social studies-character biography (optional)

To provide practice in problem solving in a group situation. To set up a format for solving problems in the classroom (problem-solving meetings).

PATHS-Gr3, U3, L10 Introduction to Feelings/Group discussion; vocabulary development; drama (optional); writing (optional) To reinforce the importance of emotions. To help children associate feelings and emotional expressions. To reinforce the idea that feelings can feel comfortable or uncomfortable. To reinforce the idea that we cannot feel, touch or smell our feelings.

PATHS-Gr3, U3, L11 Recognizing and Controlling Anger/Creative thinking; hierarchical thinking; oral discussion; writing (optional)

To develop awareness of bodily and facial cues that indicate the feeling of anger in oneself and others. To explore different ways to gain self-control.

PATHS-Gr3, U3, L12 Calm or Relaxed, Tense/Oral discussion; self-monitoring; writing (optional)

To relate abstract feeling concepts to personal experiences. To introduce additional methods for calming down.

PATHS-Gr3, U3, L13 Guilty/Attentional and listening skills; deciphering visual cues; oral discussion; reasoning; writing (optional)

To informally introduce the concept of responsibility. To further emphasize the importance of self-evaluation.

PATHS-Gr3, U3, L14 Jealous/Associational thinking; oral discussion; story comprehension; writing (optional)

To illustrate that solving problems can change one's feelings. To encourage children to actively think about ways to change their feelings.

PATHS-Gr3, U3, L16 My Own Feelings Story/Creative thinking; memory retrieval; writing

To practice using the Feelings Dictionary.

PATHS-Gr3, U3, L17 Feelings Intensity/Cause-effect reasoning; oral discussion

To reintroduce the idea that not everyone feels the same way at the same time. To reintroduce the idea that you can have more than one feeling at the same time.

PATHS-Gr3, U4, L21 Best Friends IV/Associational thinking; cause-effect reasoning; vocabulary development; art (optional); writing (optional)

To introduce that emotions and behaviors can generalize to other situations. To demonstrate the reciprocal interaction of feelings, thoughts and behaviors. To help children anticipate an outcome. To discuss the relationship between emotions and self-control. To informally introduce the idea of problem solving. To help children see the difference between being passive versus being active in solving problems.

PATHS-Gr3, U5, L23 Manners: Why Are They Important?/Cause-effect reasoning; hierarchical thinking; vocabulary development; writing (optional)

To encourage children to use good manners. To use hierarchical classification skills to understand how behaviors (manners) affect

feelings. To explain how using good manners is in one's own best interest.

PATHS-Gr3, U5, L26 We Are All Unique/Attentional and listening skills; creative thinking; oral discussion; writing; social studies-character biography (optional)

To emphasize that everyone is different and that this makes everyone special. To have children identify individual differences in their classmates and families.

PATHS-Gr3, U5, L27 Respecting Others/Attentional and listening skills; cause-effect reasoning; oral discussion; writing (optional) To emphasize that everyone is different and not all differences are obvious. To have children identify individual differences in abilities.

PATHS-Gr3, U6, L28 Problem Identification I/Creative thinking; oral discussion; problem solving

To discuss how we know when there is a problem. To introduce things to think about when we identify a problem.

PATHS-Gr3, U6, L30 Problem Identification III: Why Things Happen/Cause-effect reasoning; creative thinking; oral discussion; problem solving; cooperative group activity (optional); writing (optional)

To further discuss issues in problem identification. To encourage improved observational skills. To explore the causes of events.

PATHS-Gr3, U6, L31 Goals/Art; cause-effect reasoning; creative thinking; oral discussion; problem solving; writing (optional) To encourage projecting ahead and thinking about the future.

PATHS-Gr3, U6, L32 Setting Positive Goals/Cause-effect reasoning; oral discussion; problem solving; cooperative group activity (optional); social studies-character biography (optional) To encourage thinking about the future and projecting ahead.

PATHS-Gr3, U7, L35 Generating Solutions II/Cause-effect reasoning; cooperative group activity; creative thinking; oral discussion; problem solving

To provide further practice in generating solutions.

PATHS-Gr3, U7, L37 Coping with Difficult Problems/Cause-effect reasoning; creative thinking; oral discussion; problem solving; cooperative group activity (optional); writing (optional) To discuss problems that are out of one's control. To encourage alternative coping mechanisms that help relieve feelings of stress.

PATHS-Gr3, **U8**, **L38 Being Responsible**/Cause-effect reasoning; cooperative group activity; oral discussion; problem solving; vocabulary development; writing

To encourage careful decision making. To encourage responsible behavior. To explore the issue of taking responsibility for your own behavior.

PATHS-Gr3, U8, L40 Social Responsibility: Project to Improve Our School/Cause-effect reasoning; cooperative group activity; oral discussion; problem solving; vocabulary development To increase children's awareness of social problems and how they can be solved. To demonstrate to children how they can help others and create positive change.

PATHS-Gr3, U9, L41 Reactions and Review/Brainstorming; communication skills; oral discussion

To encourage children to share memories of PATHS lessons. To help children think about the concepts of transitions and endings. To practice skills in being interviewed and recorded.

PATHS-Gr3, U9, L42 Planning a PATHS Party/Art; attentional and listening skills; problem solving; vocabulary development; story comprehension (optional); writing (optional)

To practice applying problem-solving skills to a realistic, fun problem.

PATHS-Gr3, Optional Lessons, L1 Feelings Review: Language Arts Activities/To review one or more emotions learned thus far. For students to have creative fun with feelings and language.

PATHS-Gr3, Optional Lessons, L2 Feelings Review: Feeling Intensity I (Angry)/To discuss the concept of intensity of affect. To continue using hierarchical thinking for distinguishing feelings and behaviors. To introduce the concept of synonyms.

PATHS-Gr3, Optional Lessons, L3 Feelings Review: Feeling Intensity II (Afraid)/To further demonstrate the concept of intensity of affect.

PATHS-Gr3, Optional Lessons, L4 Feelings Review: Feeling Intensity III (Sad)/To further demonstrate the concept of intensity of affect.

PATHS-Gr3, Optional Lessons, L5 Feelings Review: Feelings and Your Brain/To provide an overview of the brain and how emotions and thinking work together. To help your students understand the importance of self-control for appropriate expression of emotions. To increase motivation for mastering self-control.

PATHS-Gr3, Optional Lessons, L6 Common Classroom Problems: Nothing to Do (Lonely, Bored)/To practice problem solving, brainstorming and planning ahead. To help students handle rejection. To encourage cooperative play.

PATHS-Gr3, Optional Lessons, L9 Common Classroom Problems: Doing Your Own Work/To focus on the problem of cheating by copying the work of others. To identify reasons for doing one's own work and not copying from others.

PATHS-Gr3, Optional Lessons, L10 Ideas for Post-Vacation Review: Post-Vacation Review I/To reorient your students to PATHS lessons and to being back in the classroom. To practice role-playing.

PATHS-Gr3, Optional Lessons, L11 Ideas for Post-Vacation Review: Post-Vacation Review II/To review the feelings covered in PATHS lessons. To review emotional literacy concepts previously taught. To reestablish classroom rapport and group cohesion.

PATHS-Gr3, Jump-Start Lessons, J-SL2 PATHS Kid for Today: Complimenting/Cause-effect reasoning; communication skills; hierarchical thinking; modeling logical, systematic planning skills; vocabulary development

To develop group cohesion and improve classroom environment. To increase the children's self-esteem. To improve the children's personal sense of responsibility. To illustrate the concept of using structure and a systematic plan to achieve a fair and positive goal/outcome. To teach self-respect and respect for others.

PATHS-Gr3, Jump-Start Lessons, J-SL3 Introduction to Feelings: Happy, Sad, Private/Brainstorming; memory retrieval; oral discussion; self-monitoring; writing (optional)

To introduce the lessons on emotions. To define emotions as things that happen on the inside, but can show on the outside. To introduce that there are many different feelings and that everyone has feelings.

PATHS-Gr3, Jump-Start Lessons, J-SL4 Fine, Excited,
Tired/Consequential thinking; creative thinking; memory retrieval;
oral discussion; role-playing (optional); writing (optional)
To review the idea that we can show people how we feel inside by
labeling our feelings on the outside. To review the idea that we can
guess how people feel from facial expressions, body postures,
tone of voice and other overt cues.

PATHS-Gr3, Jump-Start Lessons, J-SL5 Scared or Afraid,

	1	
		Safe/Brainstorming; comparative thinking; oral comprehension; self-monitoring; role-playing (optional); writing (optional)
		To discuss the idea that feelings can change. To explain that
		feelings frequently have opposites.
		PATHS-Gr3, Jump-Start Lessons, J-SL6 Mad or Angry
		I/Brainstorming; comparative thinking; hierarchical thinking; oral
		discussion; vocabulary development; art (optional); oral comprehension (optional); writing (optional)
		To discuss the differences between feelings and behaviors. To
		review the idea that all feelings are OK to have. To introduce the
		idea that behaviors can be OK or NOT OK. To help children
		discuss personal examples from their own lives.
		PATHS-Gr3, Jump-Start Lessons, J-SL7 Calm or Relaxed,
		Worried/Brainstorming; comparative thinking; hierarchical thinking;
		oral discussion; self-monitoring; vocabulary development; writing (optional)
		To relate feelings concepts to personal experiences. To introduce
		additional methods for calming down.
		PATHS-Gr3, Jump-Start Lessons, J-SL8 Shy,
		Lonely/Communication skills; problem solving; vocabulary
		development; oral comprehension (optional); role-playing
		(optional); writing (optional) To discuss uncomfortable emotions related to social situations. To
		present the problem-solving paradigm for resolving these
		uncomfortable emotions.
		PATHS-Gr3, Jump-Start Lessons, J-SL9 Surprised, Delighted,
		Disgusted/Attentional and listening skills; cause-effect reasoning;
		hierarchical thinking; memory retrieval; writing (optional)
		To help children evaluate feelings based on situational cues. To help children take another's perspective and consider
		consequences.
		PATHS-Gr3, Jump-Start Lessons, J-SL10 Accident, On
		Purpose/Analytic thinking; attentional and listening skills;
		communication skills; writing (optional)
		To discuss the role of intentionality in identifying problems and feelings.
		PATHS-Gr3, Jump-Start Lessons, J-SL11 Disappointed,
		Hopeful/Cause-effect thinking; oral discussion; problem solving;
		writing (optional)
		To introduce more complex emotions. To discuss the idea that we
SL.3.5	Croate angasing audic	can change the way we feel.
SL.3.5	Create engaging audio recordings of stories or	PATHS-Gr3, Jump-Start Lessons, J-SL3 Introduction to Feelings: Happy, Sad, Private/Brainstorming; memory retrieval;
	poems that demonstrate	oral discussion; self-monitoring; writing (optional)
	fluid reading at an	To introduce the lessons on emotions. To define emotions as
	understandable pace;	things that happen on the inside, but can show on the outside. To
	add visual displays when	introduce that there are many different feelings and that everyone
	appropriate to emphasize or enhance certain facts	has feelings.
	or details.	
SL.3.6	Speak in complete	PATHS-Gr3, Optional Lessons, L2 Feelings Review: Feeling
	sentences when	Intensity I (Angry)/To discuss the concept of intensity of affect. To
	appropriate to task and	continue using hierarchical thinking for distinguishing feelings and
	situation in order to provide requested detail	behaviors. To introduce the concept of synonyms. PATHS-Gr3, Optional Lessons, L3 Feelings Review: Feeling
	or clarification.	Intensity II (Afraid)/To further demonstrate the concept of intensity
		of affect.
		PATHS-Gr3, Optional Lessons, L4 Feelings Review: Feeling
		Intensity III (Sad)/To further demonstrate the concept of intensity
		of affect.

	PATHS-Gr3, Jump-Start Lessons, J-SL3 Introduction to
	Feelings: Happy, Sad, Private/Brainstorming; memory retrieval; oral discussion; self-monitoring; writing (optional) To introduce the lessons on emotions. To define emotions as things that happen on the inside, but can show on the outside. To introduce that there are many different feelings and that everyone has feelings. Language:
Con	ventions of Standard English
Demonstrate command of	PATHS-Gr3, Optional Lessons, L5 Feelings Review: Feelings
the conventions of standard English capitalization, punctuation, and spelling when writing. Use spelling patterns and generalizations (e.g., word families, position-based spellings, syllable patterns, ending rules, meaningful word parts) in writing words.	and Your Brain/To provide an overview of the brain and how emotions and thinking work together. To help your students understand the importance of self-control for appropriate expression of emotions. To increase motivation for mastering self-control.
writing words.	Languago
	Language: Knowledge of Language
	PATHS-Gr3, U1, L5 Listening to Others/Attentional and listening
language and its conventions when writing, speaking, reading, or listening. Choose words and phrases for effect.	skills; communication skills; cooperative learning; writing (optional) To emphasize communication skills in small group structures. To help children take the perspective of others. PATHS-Gr3, Optional Lessons, L1 Feelings Review: Language Arts Activities/To review one or more emotions learned thus far. For students to have creative fun with feelings and language. PATHS-Gr3, Optional Lessons, L2 Feelings Review: Feeling Intensity I (Angry)/To discuss the concept of intensity of affect. To continue using hierarchical thinking for distinguishing feelings and behaviors. To introduce the concept of synonyms. PATHS-Gr3, Optional Lessons, L6 Common Classroom Problems: Nothing to Do (Lonely, Bored)/To practice problem solving, brainstorming and planning ahead. To help students handle rejection. To encourage cooperative play. PATHS-Gr3, Jump-Start Lessons, J-SL3 Introduction to Feelings: Happy, Sad, Private/Brainstorming; memory retrieval; oral discussion; self-monitoring; writing (optional) To introduce the lessons on emotions. To define emotions as things that happen on the inside, but can show on the outside. To introduce that there are many different feelings and that everyone
Use knowledge of language and its conventions when writing, speaking, reading, or listening. Recognize and observe differences between the conventions of spoken and written	has feelings. PATHS-Gr3, Optional Lessons, L1 Feelings Review: Language Arts Activities/To review one or more emotions learned thus far. For students to have creative fun with feelings and language.
	Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing. Use spelling patterns and generalizations (e.g., word families, position-based spellings, syllable patterns, ending rules, meaningful word parts) in writing words. Use knowledge of language and its conventions when writing, speaking, reading, or listening. Choose words and phrases for effect. Use knowledge of language and its conventions when writing, speaking, reading, or listening. Recognize and observe differences between the conventions

	Language: Vocabulary Acquisition and Use				
L.3.4c	Determine or clarify the meaning of unknown and multiple-meaning word and phrases based on grade 3 reading and content, choosing flexibly from a range of strategies. Use a known root word as a clue to the meaning of an unknown word with the same root	PATHS-Gr3, Optional Lessons, L5 Feelings Review: Feelings and Your Brain/To provide an overview of the brain and how emotions and thinking work together. To help your students understand the importance of self-control for appropriate expression of emotions. To increase motivation for mastering self-control.			
L.3.4d	(e.g., addition, additional). Determine or clarify the meaning of unknown and multiple-meaning word and phrases based on grade 3 reading and content, choosing flexibly from a range of	PATHS-Gr3, U3, L15 Feelings Dictionary/Cause-effect reasoning; comparative thinking; hierarchical thinking; oral discussion; writing (optional) To facilitate and increase the use of emotion labels. To increase the understanding of emotion concepts. To provide a generalization technique for using emotion concepts throughout the classroom day during the entire school year.			
	strategies. Use glossaries or beginning dictionaries, both print and digital, to determine or clarify the precise meaning of key words and phrases.	PATHS-Gr3, Optional Lessons, L11 Ideas for Post-Vacation Review: Post-Vacation Review II/To review the feelings covered in PATHS lessons. To review emotional literacy concepts previously taught. To reestablish classroom rapport and group cohesion.			
L.3.5b	Demonstrate understanding of word relationships and nuances in word meanings. Identify real- life connections between words and their use (e.g., describe people who are friendly or helpful).	PATHS-Gr3, U1, L2 PATHS Review/PATHS Kid (Complimenting)/Cause-effect reasoning; communication skills; hierarchical thinking; modeling logical, systematic planning skills; vocabulary development To review all the PATHS ideas that students use and remember. To improve children's personal sense of responsibility. To illustrate the concept of using structure and a systematic plan to achieve a fair and positive goal/outcome. To teach self-respect and respect for others. PATHS-Gr3, U3, L10 Introduction to Feelings/Group discussion; vocabulary development; drama (optional); writing (optional) To reinforce the importance of emotions. To help children associate feelings and emotional expressions. To reinforce the			
		idea that feelings can feel comfortable or uncomfortable. To reinforce the idea that we cannot feel, touch or smell our feelings. PATHS-Gr3, U3, L11 Recognizing and Controlling Anger/Creative thinking; hierarchical thinking; oral discussion; writing (optional) To develop awareness of bodily and facial cues that indicate the feeling of anger in oneself and others. To explore different ways to gain self-control. PATHS-Gr3, U3, L12 Calm or Relaxed, Tense/Oral discussion; self-monitoring; writing (optional) To relate abstract feeling concepts to personal experiences. To introduce additional methods for calming down. PATHS-Gr3, U3, L13 Guilty/Attentional and listening skills; deciphering visual cues; oral discussion; reasoning; writing			
		(optional) To informally introduce the concept of responsibility. To further emphasize the importance of self-evaluation. PATHS-Gr3, U3, L14 Jealous/Associational thinking; oral discussion; story comprehension; writing (optional)			

To illustrate that solving problems can change one's feelings. To encourage children to actively think about ways to change their feelings.

PATHS-Gr3, U3, L15 Feelings Dictionary/Cause-effect reasoning; comparative thinking; hierarchical thinking; oral discussion; writing (optional)

To facilitate and increase the use of emotion labels. To increase the understanding of emotion concepts. To provide a generalization technique for using emotion concepts throughout the classroom day during the entire school year.

PATHS-Gr3, U3, L16 My Own Feelings Story/Creative thinking; memory retrieval; writing

To practice using the Feelings Dictionary.

PATHS-Gr3, U4, L18 Best Friends I/Associational thinking; cause-effect reasoning; communication skills; vocabulary development; writing

To introduce the ideas of cooperation, role-taking and problem solving. To introduce critical thinking.

PATHS-Gr3, U4, L19 Best Friends II/Associational thinking; cause-effect reasoning; vocabulary development

To informally introduce the important role of emotions as mediators of our thoughts and behaviors. To demonstrate that our thoughts can affect how we feel. To illustrate how one's behavior can affect the feelings of another. To introduce the idea that feelings change. To introduce the concept of individual differences.

PATHS-Gr3, U4, L20 Best Friends III/Associational thinking; cause-effect reasoning; vocabulary development; writing (optional) To encourage children to be attentive listeners. To help children internalize the importance of having rules and structure within a group. To help children evaluate the subtleties involved in following rules. To allow children to participate in the process of creating rules and structure.

PATHS-Gr3, U4, L21 Best Friends IV/Associational thinking; cause-effect reasoning; vocabulary development; art (optional); writing (optional)

To introduce that emotions and behaviors can generalize to other situations. To demonstrate the reciprocal interaction of feelings, thoughts and behaviors. To help children anticipate an outcome. To discuss the relationship between emotions and self-control. To informally introduce the idea of problem solving. To help children see the difference between being passive versus being active in solving problems.

PATHS-Gr3, U4, L22 Best Friends V: Resolution and Making Up/Associational thinking; cause-effect reasoning; vocabulary development; writing

To demonstrate how a plan can be put into action (implementing a plan). To demonstrate the ownership of a problem. To introduce thinking of how to achieve certain end results. To provide initial practice in generating alternative solutions.

PATHS-Gr3, U5, L23 Manners: Why Are They Important?/Cause-effect reasoning; hierarchical thinking; vocabulary development; writing (optional)

To encourage children to use good manners. To use hierarchical classification skills to understand how behaviors (manners) affect feelings. To explain how using good manners is in one's own best interest.

PATHS-Gr3, U5, L24 Playing by the Rules/Attentional and listening skills; cause-effect reasoning; role-playing and communication skills

To emphasize communication skills during peer interactions. To promote more effective conflict resolution. To help children take the

perspective of others.

PATHS-Gr3, U5, L25 Avoiding Gossip/Attentional and listening skills; cause-effect reasoning; communication skills; consequential thinking; writing (optional)

To encourage positive social interaction skills. To further develop perspective-taking skills.

PATHS-Gr3, U6, L28 Problem Identification I/Creative thinking; oral discussion; problem solving

To discuss how we know when there is a problem. To introduce things to think about when we identify a problem.

PATHS-Gr3, U6, L29 Problem Identification II; Confident, Confused/Cause-effect reasoning; creative thinking; oral discussion; problem solving

To discuss thinking skills and the role of schooling. To discuss issues in problem identification. To review reasons why problems can be confusing.

PATHS-Gr3, U6, L30 Problem Identification III: Why Things Happen/Cause-effect reasoning; creative thinking; oral discussion; problem solving; cooperative group activity (optional); writing (optional)

To further discuss issues in problem identification. To encourage improved observational skills. To explore the causes of events.

PATHS-Gr3, U6, L31 Goals/Art; cause-effect reasoning; creative thinking; oral discussion; problem solving; writing (optional) To encourage projecting ahead and thinking about the future.

PATHS-Gr3, U6, L32 Setting Positive Goals/Cause-effect reasoning; oral discussion; problem solving; cooperative group activity (optional); social studies-character biography (optional) To encourage thinking about the future and projecting ahead.

PATHS-Gr3, U7, L34 Generating Solutions I/Cause-effect reasoning; creative thinking; oral discussion; problem solving To introduce the process of generating alternative solutions. To encourage hierarchical classification of different types of solutions.

PATHS-Gr3, U7, L35 Generating Solutions II/Cause-effect reasoning; cooperative group activity; creative thinking; oral discussion; problem solving

To provide further practice in generating solutions.

PATHS-Gr3, U7, L36 Generating Solutions III: Thinking Takes Time/Cause-effect reasoning; creative thinking; oral discussion; problem solving; writing (optional)

To provide further practice in generating alternatives. To reinforce the idea of thoughtfulness.

PATHS-Gr3, U8, L38 Being Responsible/Cause-effect reasoning; cooperative group activity; oral discussion; problem solving; vocabulary development; writing

To encourage careful decision making. To encourage responsible behavior. To explore the issue of taking responsibility for your own behavior.

PATHS-Gr3, U8, L39 Creating Change: Biography of Malala Yousafzai/Cause-effect reasoning; oral discussion; social studies-character biography; vocabulary development; cooperative group activity (optional); writing (optional)

To provide a biographical example of a person who identifies an important problem and goes about creating change in a responsible manner.

PATHS-Gr3, U8, L40 Social Responsibility: Project to Improve Our School/Cause-effect reasoning; cooperative group activity; oral discussion; problem solving; vocabulary development To increase children's awareness of social problems and how they can be solved. To demonstrate to children how they can help

others and create positive change.

PATHS-Gr3, U9, L41 Reactions and Review/Brainstorming; communication skills; oral discussion

To encourage children to share memories of PATHS lessons. To help children think about the concepts of transitions and endings. To practice skills in being interviewed and recorded.

PATHS-Gr3, Optional Lessons, L1 Feelings Review: Language Arts Activities/To review one or more emotions learned thus far. For students to have creative fun with feelings and language.

PATHS-Gr3, Optional Lessons, L2 Feelings Review: Feeling Intensity I (Angry)/To discuss the concept of intensity of affect. To continue using hierarchical thinking for distinguishing feelings and behaviors. To introduce the concept of synonyms.

PATHS-Gr3, Optional Lessons, L3 Feelings Review: Feeling Intensity II (Afraid)/To further demonstrate the concept of intensity of affect.

PATHS-Gr3, Optional Lessons, L4 Feelings Review: Feeling Intensity III (Sad)/To further demonstrate the concept of intensity of affect.

PATHS-Gr3, Optional Lessons, L6 Common Classroom Problems: Nothing to Do (Lonely, Bored)/To practice problem solving, brainstorming and planning ahead. To help students handle rejection. To encourage cooperative play.

PATHS-Gr3, Optional Lessons, L7 Common Classroom Problems: Tattling I/To diminish the amount of tattling in your classroom. To distinguish between "tattling" and seeking help. To practice problem solving.

PATHS-Gr3, Optional Lessons, L8 Common Classroom Problems: Tattling II/To diminish the amount of tattling in your classroom. To help children understand the adverse effects of tattling. To practice problem solving.

PATHS-Gr3, Optional Lessons, L9 Common Classroom Problems: Doing Your Own Work/To focus on the problem of cheating by copying the work of others. To identify reasons for doing one's own work and not copying from others.

PATHS-Gr3, Optional Lessons, L11 Ideas for Post-Vacation Review: Post-Vacation Review II/To review the feelings covered in PATHS lessons. To review emotional literacy concepts previously taught. To reestablish classroom rapport and group cohesion.

PATHS-Gr3, Jump-Start Lessons, J-SL2 PATHS Kid for Today: Complimenting/Cause-effect reasoning; communication skills; hierarchical thinking; modeling logical, systematic planning skills; vocabulary development

To develop group cohesion and improve classroom environment. To increase the children's self-esteem. To improve the children's personal sense of responsibility. To illustrate the concept of using structure and a systematic plan to achieve a fair and positive goal/outcome. To teach self-respect and respect for others.

PATHS-Gr3, Jump-Start Lessons, J-SL3 Introduction to Feelings: Happy, Sad, Private/Brainstorming; memory retrieval; oral discussion; self-monitoring; writing (optional)

To introduce the lessons on emotions. To define emotions as things that happen on the inside, but can show on the outside. To introduce that there are many different feelings and that everyone has feelings.

PATHS-Gr3, Jump-Start Lessons, J-SL4 Fine, Excited, Tired/Consequential thinking; creative thinking; memory retrieval; oral discussion; role-playing (optional); writing (optional) To review the idea that we can show people how we feel inside by

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labeling our feelings on the outside. To review the idea that we can guess how people feel from facial expressions, body postures, tone of voice and other overt cues.

PATHS-Gr3. Jump-Start Lessons. J-SL5 Scared or Afraid.

PATHS-Gr3, Jump-Start Lessons, J-SL5 Scared or Afraid, Safe/Brainstorming; comparative thinking; oral comprehension; self-monitoring; role-playing (optional); writing (optional) To discuss the idea that feelings can change. To explain that feelings frequently have opposites.

PATHS-Gr3, Jump-Start Lessons, J-SL6 Mad or Angry I/Brainstorming; comparative thinking; hierarchical thinking; oral discussion; vocabulary development; art (optional); oral comprehension (optional); writing (optional)

To discuss the differences between feelings and behaviors. To review the idea that all feelings are OK to have. To introduce the idea that behaviors can be OK or NOT OK. To help children discuss personal examples from their own lives.

PATHS-Gr3, Jump-Start Lessons, J-SL7 Calm or Relaxed, Worried/Brainstorming; comparative thinking; hierarchical thinking; oral discussion; self-monitoring; vocabulary development; writing (optional)

To relate feelings concepts to personal experiences. To introduce additional methods for calming down.

PATHS-Gr3, Jump-Start Lessons, J-SL8 Shy,

Lonely/Communication skills; problem solving; vocabulary development; oral comprehension (optional); role-playing (optional); writing (optional)

To discuss uncomfortable emotions related to social situations. To present the problem-solving paradigm for resolving these uncomfortable emotions.

PATHS-Gr3, Jump-Start Lessons, J-SL9 Surprised, Delighted, Disgusted/Attentional and listening skills; cause-effect reasoning; hierarchical thinking; memory retrieval; writing (optional) To help children evaluate feelings based on situational cues. To help children take another's perspective and consider consequences.

PATHS-Gr3, Jump-Start Lessons, J-SL10 Accident, On Purpose/Analytic thinking; attentional and listening skills; communication skills; writing (optional)

To discuss the role of intentionality in identifying problems and feelings.

PATHS-Gr3, Jump-Start Lessons, J-SL11 Disappointed, Hopeful/Cause-effect thinking; oral discussion; problem solving; writing (optional)

To introduce more complex emotions. To discuss the idea that we can change the way we feel.

L.3.5c

Demonstrate
understanding of word
relationships and
nuances in word
meanings. Distinguish
shades of meaning
among related words that
describe states of mind or
degrees of certainty (e.g.,
knew, believed,
suspected, heard,
wondered).

PATHS-Gr3, U3, L10 Introduction to Feelings/Group discussion; vocabulary development; drama (optional); writing (optional) To reinforce the importance of emotions. To help children associate feelings and emotional expressions. To reinforce the idea that feelings can feel comfortable or uncomfortable. To reinforce the idea that we cannot feel, touch or smell our feelings.

PATHS-Gr3, U3, L11 Recognizing and Controlling Anger/Creative thinking; hierarchical thinking; oral discussion; writing (optional)

To develop awareness of bodily and facial cues that indicate the feeling of anger in oneself and others. To explore different ways to gain self-control.

PATHS-Gr3, U3, L12 Calm or Relaxed, Tense/Oral discussion; self-monitoring; writing (optional)

To relate abstract feeling concepts to personal experiences. To introduce additional methods for calming down.

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PATHS-Gr3, U3, L13 Guilty/Attentional and listening skills; deciphering visual cues; oral discussion; reasoning; writing (optional)

To informally introduce the concept of responsibility. To further emphasize the importance of self-evaluation.

PATHS-Gr3, U3, L14 Jealous/Associational thinking; oral discussion; story comprehension; writing (optional)

To illustrate that solving problems can change one's feelings. To encourage children to actively think about ways to change their feelings.

PATHS-Gr3, U3, L15 Feelings Dictionary/Cause-effect reasoning; comparative thinking; hierarchical thinking; oral discussion; writing (optional)

To facilitate and increase the use of emotion labels. To increase the understanding of emotion concepts. To provide a generalization technique for using emotion concepts throughout the classroom day during the entire school year.

PATHS-Gr3, U3, L16 My Own Feelings Story/Creative thinking; memory retrieval; writing

To practice using the Feelings Dictionary.

PATHS-Gr3, U3, L17 Feelings Intensity/Cause-effect reasoning; oral discussion

To reintroduce the idea that not everyone feels the same way at the same time. To reintroduce the idea that you can have more than one feeling at the same time.

PATHS-Gr3, U4, L19 Best Friends II/Associational thinking; cause-effect reasoning; vocabulary development

To informally introduce the important role of emotions as mediators of our thoughts and behaviors. To demonstrate that our thoughts can affect how we feel. To illustrate how one's behavior can affect the feelings of another. To introduce the idea that feelings change. To introduce the concept of individual differences.

PATHS-Gr3, U4, L20 Best Friends III/Associational thinking; cause-effect reasoning; vocabulary development; writing (optional) To encourage children to be attentive listeners. To help children internalize the importance of having rules and structure within a group. To help children evaluate the subtleties involved in following rules. To allow children to participate in the process of creating rules and structure.

PATHS-Gr3, U4, L21 Best Friends IV/Associational thinking; cause-effect reasoning; vocabulary development; art (optional); writing (optional)

To introduce that emotions and behaviors can generalize to other situations. To demonstrate the reciprocal interaction of feelings, thoughts and behaviors. To help children anticipate an outcome. To discuss the relationship between emotions and self-control. To informally introduce the idea of problem solving. To help children see the difference between being passive versus being active in solving problems.

PATHS-Gr3, U4, L22 Best Friends V: Resolution and Making Up/Associational thinking; cause-effect reasoning; vocabulary development; writing

To demonstrate how a plan can be put into action (implementing a plan). To demonstrate the ownership of a problem. To introduce thinking of how to achieve certain end results. To provide initial practice in generating alternative solutions.

PATHS-Gr3, U5, L23 Manners: Why Are They

Important?/Cause-effect reasoning; hierarchical thinking; vocabulary development; writing (optional)

To encourage children to use good manners. To use hierarchical classification skills to understand how behaviors (manners) affect

feelings. To explain how using good manners is in one's own best interest.

PATHS-Gr3, U5, L24 Playing by the Rules/Attentional and listening skills; cause-effect reasoning; role-playing and communication skills

To emphasize communication skills during peer interactions. To promote more effective conflict resolution. To help children take the perspective of others.

PATHS-Gr3, U5, L25 Avoiding Gossip/Attentional and listening skills; cause-effect reasoning; communication skills; consequential thinking; writing (optional)

To encourage positive social interaction skills. To further develop perspective-taking skills.

PATHS-Gr3, U6, L29 Problem Identification II; Confident, Confused/Cause-effect reasoning; creative thinking; oral discussion; problem solving

To discuss thinking skills and the role of schooling. To discuss issues in problem identification. To review reasons why problems can be confusing.

PATHS-Gr3, U8, L38 Being Responsible/Cause-effect reasoning; cooperative group activity; oral discussion; problem solving; vocabulary development; writing

To encourage careful decision making. To encourage responsible behavior. To explore the issue of taking responsibility for your own behavior.

PATHS-Gr3, U8, L39 Creating Change: Biography of Malala Yousafzai/Cause-effect reasoning; oral discussion; social studies-character biography; vocabulary development; cooperative group activity (optional); writing (optional)

To provide a biographical example of a person who identifies an important problem and goes about creating change in a responsible manner.

PATHS-Gr3, Optional Lessons, L1 Feelings Review: Language Arts Activities/To review one or more emotions learned thus far. For students to have creative fun with feelings and language.

PATHS-Gr3, Optional Lessons, L2 Feelings Review: Feeling Intensity I (Angry)/To discuss the concept of intensity of affect. To continue using hierarchical thinking for distinguishing feelings and behaviors. To introduce the concept of synonyms.

PATHS-Gr3, Optional Lessons, L3 Feelings Review: Feeling Intensity II (Afraid)/To further demonstrate the concept of intensity of affect.

PATHS-Gr3, Optional Lessons, L4 Feelings Review: Feeling Intensity III (Sad)/To further demonstrate the concept of intensity of affect.

PATHS-Gr3, Optional Lessons, L6 Common Classroom Problems: Nothing to Do (Lonely, Bored)/To practice problem solving, brainstorming and planning ahead. To help students handle rejection. To encourage cooperative play.

PATHS-Gr3, Optional Lessons, L9 Common Classroom Problems: Doing Your Own Work/To focus on the problem of cheating by copying the work of others. To identify reasons for doing one's own work and not copying from others.

PATHS-Gr3, Optional Lessons, L11 Ideas for Post-Vacation Review: Post-Vacation Review II/To review the feelings covered in PATHS lessons. To review emotional literacy concepts previously taught. To reestablish classroom rapport and group cohesion.

PATHS-Gr3, Jump-Start Lessons, J-SL2 PATHS Kid for Today: Complimenting/Cause-effect reasoning; communication skills;

hierarchical thinking; modeling logical, systematic planning skills; vocabulary development

To develop group cohesion and improve classroom environment. To increase the children's self-esteem. To improve the children's personal sense of responsibility. To illustrate the concept of using structure and a systematic plan to achieve a fair and positive goal/outcome. To teach self-respect and respect for others.

PATHS-Gr3, Jump-Start Lessons, J-SL3 Introduction to Feelings: Happy, Sad, Private/Brainstorming; memory retrieval; oral discussion; self-monitoring; writing (optional)

To introduce the lessons on emotions. To define emotions as things that happen on the inside, but can show on the outside. To introduce that there are many different feelings and that everyone has feelings.

PATHS-Gr3, Jump-Start Lessons, J-SL4 Fine, Excited, Tired/Consequential thinking; creative thinking; memory retrieval; oral discussion; role-playing (optional); writing (optional) To review the idea that we can show people how we feel inside by labeling our feelings on the outside. To review the idea that we can

labeling our feelings on the outside. To review the idea that we ca guess how people feel from facial expressions, body postures, tone of voice and other overt cues.

PATHS-Gr3, Jump-Start Lessons, J-SL5 Scared or Afraid, Safe/Brainstorming; comparative thinking; oral comprehension; self-monitoring; role-playing (optional); writing (optional) To discuss the idea that feelings can change. To explain that feelings frequently have opposites.

PATHS-Gr3, Jump-Start Lessons, J-SL6 Mad or Angry I/Brainstorming; comparative thinking; hierarchical thinking; oral discussion; vocabulary development; art (optional); oral comprehension (optional); writing (optional)

To discuss the differences between feelings and behaviors. To review the idea that all feelings are OK to have. To introduce the idea that behaviors can be OK or NOT OK. To help children discuss personal examples from their own lives.

PATHS-Gr3, Jump-Start Lessons, J-SL7 Calm or Relaxed, Worried/Brainstorming; comparative thinking; hierarchical thinking; oral discussion; self-monitoring; vocabulary development; writing (optional)

To relate feelings concepts to personal experiences. To introduce additional methods for calming down.

PATHS-Gr3, Jump-Start Lessons, J-SL8 Shy,

Lonely/Communication skills; problem solving; vocabulary development; oral comprehension (optional); role-playing (optional); writing (optional)

To discuss uncomfortable emotions related to social situations. To present the problem-solving paradigm for resolving these uncomfortable emotions.

PATHS-Gr3, Jump-Start Lessons, J-SL9 Surprised, Delighted, Disgusted/Attentional and listening skills; cause-effect reasoning; hierarchical thinking; memory retrieval; writing (optional) To help children evaluate feelings based on situational cues. To help children take another's perspective and consider consequences.

PATHS-Gr3, Jump-Start Lessons, J-SL10 Accident, On Purpose/Analytic thinking; attentional and listening skills; communication skills; writing (optional)

To discuss the role of intentionality in identifying problems and feelings.

PATHS-Gr3, Jump-Start Lessons, J-SL11 Disappointed, Hopeful/Cause-effect thinking; oral discussion; problem solving; writing (optional)

To introduce more complex emotions. To discuss the idea that we can change the way we feel. PATHS-Gr3, U1, L5 Listening to Others/Attentional and listening L.3.6 Acquire and use accurately gradeskills; communication skills; cooperative learning; writing (optional) appropriate To emphasize communication skills in small group structures. To conversational, general help children take the perspective of others. academic, and domain-PATHS-Gr3, U2, L6 Self-Control I: Control Signals specific words and Poster/Memory retrieval; oral discussion; vocabulary development; phrases, including those writing (optional) that signal spatial and To introduce a process for self-control. temporal relationships PATHS-Gr3, U2, L8 Self-Control III: Thinking Ahead/Attentional (e.g., After dinner that and listening skills; consequential thinking; oral discussion; night we went looking for problem solving; writing (optional) them). To help children understand why self-control is important. To facilitate role-taking and perspective-taking skills from multiple points of view. To help children understand different motivations and intentions (why people do what they do). To informally introduce the idea of problem prevention. To help children learn to anticipate possible consequences. PATHS-Gr3, U3, L10 Introduction to Feelings/Group discussion; vocabulary development; drama (optional); writing (optional) To reinforce the importance of emotions. To help children associate feelings and emotional expressions. To reinforce the idea that feelings can feel comfortable or uncomfortable. To reinforce the idea that we cannot feel, touch or smell our feelings. PATHS-Gr3, U3, L11 Recognizing and Controlling Anger/Creative thinking; hierarchical thinking; oral discussion; writing (optional) To develop awareness of bodily and facial cues that indicate the feeling of anger in oneself and others. To explore different ways to gain self-control. PATHS-Gr3, U3, L12 Calm or Relaxed, Tense/Oral discussion; self-monitoring; writing (optional) To relate abstract feeling concepts to personal experiences. To introduce additional methods for calming down. PATHS-Gr3, U3, L13 Guilty/Attentional and listening skills: deciphering visual cues; oral discussion; reasoning; writing (optional) To informally introduce the concept of responsibility. To further emphasize the importance of self-evaluation. PATHS-Gr3, U3, L14 Jealous/Associational thinking; oral discussion; story comprehension; writing (optional) To illustrate that solving problems can change one's feelings. To encourage children to actively think about ways to change their feelings. PATHS-Gr3, U3, L15 Feelings Dictionary/Cause-effect reasoning; comparative thinking; hierarchical thinking; oral discussion; writing (optional) To facilitate and increase the use of emotion labels. To increase the understanding of emotion concepts. To provide a generalization technique for using emotion concepts throughout the classroom day during the entire school year. PATHS-Gr3, U3, L16 My Own Feelings Story/Creative thinking; memory retrieval: writing To practice using the Feelings Dictionary. PATHS-Gr3. U4. L18 Best Friends I/Associational thinking: cause-effect reasoning: communication skills: vocabulary development: writing

To introduce the ideas of cooperation, role-taking and problem

solving. To introduce critical thinking.

PATHS-Gr3, U4, L19 Best Friends II/Associational thinking; cause-effect reasoning; vocabulary development

To informally introduce the important role of emotions as mediators of our thoughts and behaviors. To demonstrate that our thoughts can affect how we feel. To illustrate how one's behavior can affect the feelings of another. To introduce the idea that feelings change. To introduce the concept of individual differences.

PATHS-Gr3, U4, L20 Best Friends III/Associational thinking; cause-effect reasoning; vocabulary development; writing (optional) To encourage children to be attentive listeners. To help children internalize the importance of having rules and structure within a group. To help children evaluate the subtleties involved in following rules. To allow children to participate in the process of creating rules and structure.

PATHS-Gr3, U4, L21 Best Friends IV/Associational thinking; cause-effect reasoning; vocabulary development; art (optional); writing (optional)

To introduce that emotions and behaviors can generalize to other situations. To demonstrate the reciprocal interaction of feelings, thoughts and behaviors. To help children anticipate an outcome. To discuss the relationship between emotions and self-control. To informally introduce the idea of problem solving. To help children see the difference between being passive versus being active in solving problems.

PATHS-Gr3, U4, L22 Best Friends V: Resolution and Making Up/Associational thinking; cause-effect reasoning; vocabulary development; writing

To demonstrate how a plan can be put into action (implementing a plan). To demonstrate the ownership of a problem. To introduce thinking of how to achieve certain end results. To provide initial practice in generating alternative solutions.

PATHS-Gr3, U5, L23 Manners: Why Are They Important?/Cause-effect reasoning; hierarchical thinking;

vocabulary development; writing (optional)

To encourage children to use good manners. To use hierarchical classification skills to understand how behaviors (manners) affect feelings. To explain how using good manners is in one's own best interest.

PATHS-Gr3, U5, L24 Playing by the Rules/Attentional and listening skills; cause-effect reasoning; role-playing and communication skills

To emphasize communication skills during peer interactions. To promote more effective conflict resolution. To help children take the perspective of others.

PATHS-Gr3, U5, L25 Avoiding Gossip/Attentional and listening skills; cause-effect reasoning; communication skills; consequential thinking; writing (optional)

To encourage positive social interaction skills. To further develop perspective-taking skills.

PATHS-Gr3, U6, L28 Problem Identification I/Creative thinking; oral discussion; problem solving

To discuss how we know when there is a problem. To introduce things to think about when we identify a problem.

PATHS-Gr3, U6, L29 Problem Identification II; Confident, Confused/Cause-effect reasoning; creative thinking; oral discussion; problem solving

To discuss thinking skills and the role of schooling. To discuss issues in problem identification. To review reasons why problems can be confusing.

PATHS-Gr3, U6, L30 Problem Identification III: Why Things Happen/Cause-effect reasoning; creative thinking; oral discussion;

problem solving; cooperative group activity (optional); writing (optional)

To further discuss issues in problem identification. To encourage improved observational skills. To explore the causes of events.

PATHS-Gr3, U6, L31 Goals/Art; cause-effect reasoning; creative thinking; oral discussion; problem solving; writing (optional) To encourage projecting ahead and thinking about the future.

PATHS-Gr3, U6, L32 Setting Positive Goals/Cause-effect reasoning; oral discussion; problem solving; cooperative group activity (optional); social studies-character biography (optional) To encourage thinking about the future and projecting ahead.

PATHS-Gr3, U7, L34 Generating Solutions I/Cause-effect reasoning; creative thinking; oral discussion; problem solving To introduce the process of generating alternative solutions. To encourage hierarchical classification of different types of solutions.

PATHS-Gr3, U7, L35 Generating Solutions II/Cause-effect reasoning; cooperative group activity; creative thinking; oral discussion; problem solving

To provide further practice in generating solutions.

PATHS-Gr3, U7, L36 Generating Solutions III: Thinking Takes Time/Cause-effect reasoning; creative thinking; oral discussion; problem solving; writing (optional)

To provide further practice in generating alternatives. To reinforce the idea of thoughtfulness.

PATHS-Gr3, U8, L38 Being Responsible/Cause-effect reasoning; cooperative group activity; oral discussion; problem solving; vocabulary development; writing

To encourage careful decision making. To encourage responsible behavior. To explore the issue of taking responsibility for your own behavior.

PATHS-Gr3, U8, L39 Creating Change: Biography of Malala Yousafzai/Cause-effect reasoning; oral discussion; social studies-character biography; vocabulary development; cooperative group activity (optional); writing (optional)

To provide a biographical example of a person who identifies an important problem and goes about creating change in a responsible manner.

PATHS-Gr3, U8, L40 Social Responsibility: Project to Improve Our School/Cause-effect reasoning; cooperative group activity; oral discussion; problem solving; vocabulary development To increase children's awareness of social problems and how they can be solved. To demonstrate to children how they can help others and create positive change.

PATHS-Gr3, U9, L41 Reactions and Review/Brainstorming; communication skills; oral discussion

To encourage children to share memories of PATHS lessons. To help children think about the concepts of transitions and endings. To practice skills in being interviewed and recorded.

PATHS-Gr3, U9, L42 Planning a PATHS Party/Art; attentional and listening skills; problem solving; vocabulary development; story comprehension (optional); writing (optional)

To practice applying problem-solving skills to a realistic, fun problem.

PATHS-Gr3, Optional Lessons, L1 Feelings Review: Language Arts Activities/To review one or more emotions learned thus far. For students to have creative fun with feelings and language.

PATHS-Gr3, Optional Lessons, L2 Feelings Review: Feeling Intensity I (Angry)/To discuss the concept of intensity of affect. To continue using hierarchical thinking for distinguishing feelings and behaviors. To introduce the concept of synonyms.

PATHS-Gr3, Optional Lessons, L3 Feelings Review: Feeling Intensity II (Afraid)/To further demonstrate the concept of intensity of affect.

PATHS-Gr3, Optional Lessons, L4 Feelings Review: Feeling Intensity III (Sad)/To further demonstrate the concept of intensity of affect.

PATHS-Gr3, Optional Lessons, L5 Feelings Review: Feelings and Your Brain/To provide an overview of the brain and how emotions and thinking work together. To help your students understand the importance of self-control for appropriate expression of emotions. To increase motivation for mastering self-control

PATHS-Gr3, Optional Lessons, L6 Common Classroom Problems: Nothing to Do (Lonely, Bored)/To practice problem solving, brainstorming and planning ahead. To help students handle rejection. To encourage cooperative play.

PATHS-Gr3, Optional Lessons, L7 Common Classroom Problems: Tattling I/To diminish the amount of tattling in your classroom. To distinguish between "tattling" and seeking help. To practice problem solving.

PATHS-Gr3, Optional Lessons, L8 Common Classroom Problems: Tattling II/To diminish the amount of tattling in your classroom. To help children understand the adverse effects of tattling. To practice problem solving.

PATHS-Gr3, Optional Lessons, L9 Common Classroom Problems: Doing Your Own Work/To focus on the problem of cheating by copying the work of others. To identify reasons for doing one's own work and not copying from others.

PATHS-Gr3, Optional Lessons, L11 Ideas for Post-Vacation Review: Post-Vacation Review II/To review the feelings covered in PATHS lessons. To review emotional literacy concepts previously taught. To reestablish classroom rapport and group cohesion.

PATHS-Gr3, Jump-Start Lessons, J-SL2 PATHS Kid for Today: Complimenting/Cause-effect reasoning; communication skills; hierarchical thinking; modeling logical, systematic planning skills; vocabulary development

To develop group cohesion and improve classroom environment. To increase the children's self-esteem. To improve the children's personal sense of responsibility. To illustrate the concept of using structure and a systematic plan to achieve a fair and positive goal/outcome. To teach self-respect and respect for others.

PATHS-Gr3, Jump-Start Lessons, J-SL3 Introduction to Feelings: Happy, Sad, Private/Brainstorming; memory retrieval; oral discussion; self-monitoring; writing (optional)

To introduce the lessons on emotions. To define emotions as things that happen on the inside, but can show on the outside. To introduce that there are many different feelings and that everyone has feelings.

PATHS-Gr3, Jump-Start Lessons, J-SL4 Fine, Excited,

tone of voice and other overt cues.

Tired/Consequential thinking; creative thinking; memory retrieval; oral discussion; role-playing (optional); writing (optional) To review the idea that we can show people how we feel inside by labeling our feelings on the outside. To review the idea that we can quess how people feel from facial expressions, body postures,

PATHS-Gr3, Jump-Start Lessons, J-SL5 Scared or Afraid, Safe/Brainstorming; comparative thinking; oral comprehension; self-monitoring; role-playing (optional); writing (optional) To discuss the idea that feelings can change. To explain that

feelings frequently have opposites.

PATHS-Gr3, Jump-Start Lessons, J-SL6 Mad or Angry I/Brainstorming; comparative thinking; hierarchical thinking; oral

discussion; vocabulary development; art (optional); oral comprehension (optional); writing (optional)

To discuss the differences between feelings and behaviors. To review the idea that all feelings are OK to have. To introduce the idea that behaviors can be OK or NOT OK. To help children discuss personal examples from their own lives.

PATHS-Gr3, Jump-Start Lessons, J-SL7 Calm or Relaxed, Worried/Brainstorming; comparative thinking; hierarchical thinking; oral discussion; self-monitoring; vocabulary development; writing (optional)

To relate feelings concepts to personal experiences. To introduce additional methods for calming down.

PATHS-Gr3, Jump-Start Lessons, J-SL8 Shy,

Lonely/Communication skills; problem solving; vocabulary development; oral comprehension (optional); role-playing (optional); writing (optional)

To discuss uncomfortable emotions related to social situations. To present the problem-solving paradigm for resolving these uncomfortable emotions.

PATHS-Gr3, Jump-Start Lessons, J-SL9 Surprised, Delighted, Disgusted/Attentional and listening skills; cause-effect reasoning; hierarchical thinking; memory retrieval; writing (optional)

To help children evaluate feelings based on situational cues. To

help children evaluate feelings based on situational cues. I help children take another's perspective and consider consequences.

PATHS-Gr3, Jump-Start Lessons, J-SL10 Accident, On Purpose/Analytic thinking; attentional and listening skills; communication skills; writing (optional)

To discuss the role of intentionality in identifying problems and feelings.

PATHS-Gr3, Jump-Start Lessons, J-SL11 Disappointed, Hopeful/Cause-effect thinking; oral discussion; problem solving; writing (optional)

To introduce more complex emotions. To discuss the idea that we can change the way we feel.